

CommUNITY Adult Mental Health Initiative
Advisory Committee
 February 1, 2018

Voting Members Present: 15
 Quorum Required: 8

Representative	“X” = Present	Stakeholder	Alternate	“X” = Present
Shoberg, Sandi	X	Benton County	Koscielniak, Peggy	
Hagfors, Marsha	X	Benton County Community Advocate	(Vacant)	
Kelly, James	X	CBHH	Kragenbring, Mark	
Anderson, Dale	X	CSP – Stearns/Benton	Sheehan, Meg	
(Vacant)		CSP – Sherburne/Wright	(Vacant)	
Hinz, Tracy	X	MHC – Sherburne/Wright	(Vacant)	
Lee, Dr. Richard		MHC – Stearns/Benton	Rocheleau Dorholt, Jennifer	X
Wilkus, Maureen	X	Sherburne County	(Vacant)	
Fluey, Kathryn- Chair		Sherburne County Community	(Vacant)	
Bershok, Joel	X	St. Cloud Hospital	Walker, Chris	
Ellis, Julie		Stearns County	Harren, Candace	X
Long, Lori		Stearns County Community Advocate	Brown, Polly	
Pine, Mary Jo	X	VA Medical Center	Hovland, Voni	
Eich, Krissy- Vice Chair	X	Vocational Sherburne/Wright	(Vacant)	
Danda, Julie	X	Vocational Stearns/Benton	Gaeddy, Maureen	
Grand, Jill	X	VRS – Sherburne/Wright	Krukenberg, Hillary	
Wittrock, Skip	X	VRS – Stearns/Benton	Othwaite, Jessica	
Erkens, Diane	X	Wright County	Miller, Michelle	
Knop-LaPlant, Sheila		Wright County Community Advocate	(Vacant)	

Ex- officio members		
Oberg, Bethany	X	Initiative Coordinator
Olson, Gloria		DHS

Other attendees		
Tregaskis, William		Buffalo Hospital
Starkka, Kathy		Buffalo Hospital

		Other attendees
Carter, Amy		Rise, Inc.
Steinhofer, Nicole		Rise, Inc.
Pellaton, Brandon		Monticello Hospital
Keeville, Samantha	X	Solutions Behavioral Healthcare
Twingstrom, Andrea		Monticello Hospital
Vanskly, Shannon		Resource
Chris Shaw	X	Imagine Network
Bershok, Lisa	X	VA Medical Center
Milbrandt, Tailor	X	Tri-Cap
Bauer, Mary	X	Central MN Council on Aging
Blonigen-Heinen, Patricia	X	CentraCare

Call to order:

Krissy Eich, called the meeting to order at 1:00 p.m. The mission statement was read and introductions were made.

Current Agenda:

Motion made by Diane Erkens to approve the agenda and seconded by Jill Grand. The agenda was approved.

Minutes – December 7, 2017:

Motion made by Tracy Hinz to approve the meeting minutes from the December 7th meeting, Sandi Shoberg seconded motion, motion carried.

Financial Report: Peggy

Bethany handed out a copy of the financial report. Bethany reminded everyone we are in our second year on the grant. 76% was spent out from what was set aside for the year. Julie Danda made a motion to approve the financial report. Diane Erkens seconded the motion, motion carried.

Tri-Cap Transportation Program: Tailor Milbrandt

Tailor is the Vehicle Programs manager at Tri-Cap. Tailor is currently in the development stage of developing a different transportation program for Tri-Cap. Tailor explained what this program will be doing. This program will be taking donated cars, fixing them if they need to be fixed, and selling them to clients. This is an income based program. She is wanting this program to work for a long time through Tri-Cap and give people different transportation options other than public transportation. Tailor explained how difficult it is to obtain vehicles and is asking for any help with resources that we might have.

DHS Innovations Grant: Bethany/Ex-Officios

Bethany is in hopes that we do receive the grant but there are no updates yet. We do not know if we are approved yet. DHS said we should have an answer sometime in February.

Adult Foster Care Workgroup: Diane Erken

This is a workgroup to acquire more adult foster care beds in the four county area. They have some funding's and are working on some advertising to get additional providers in the area. This is another

approach to help with housing for people.

CAMHI Furniture: Bethany Oberg

CAMHI is looking at getting rid of some office furniture that they have been storing. They need to clear up space in their office. They are wanting to give it to a client that would like it or someone from this group. It is a first come, first serve basis for these items.

CommUNITY Mental Health Initiative Committee and Grant Updates:

- a. Housing Coordination – Dale Anderson summarized the Housing Coordination report for December. (See handout for details.)
- b. Vocational Grant – Krissy explained this report will go over the entire 2017 year. (See handout for details).
- c. Vocational Peer Specialist – Krissy shared that they are waiting to hire two new staff as Peer Specialists.
- d. Anti-Stigma Workgroup – Bethany summarized upcoming events. They are continuing to reach out to people and will continue to try to spread the word about mental health.
- e. Training Workgroup – Bethany summarized upcoming training topics. There are currently two trainings scheduled.
- f. Peer Socialization – Imagine Network – Chris Shaw explained how pleasantly surprised they were with the turn out. They are having large numbers of people attend these events. They have had anywhere from 44-107 people at one time attend these events. They are very happy with the attendance and turnouts they have been having.

Community Based Mental Health Services: Updates

- a. IRTS – Tracy reported 7 beds were occupied in December. Tracy did not have January numbers. (See handout for details.)
- b. ACT – Tracy reported updates. (See handout for details) ACT in Elk River is serving individuals now. They are up and running. The team is moving along nicely.
- c. Crisis Response Team – Jennifer Rocheleau Dorholt said December was the highest numbers of people they have ever served.
- d. Crisis Bed Program: Had a 70% occupancy rate. The numbers were a little lower in October, but are coming back now.
- e. Inpatient:
 - i. St. Cloud: Joel Bershok explained that due to the influenza, he does not have numbers to share based on the hospital stays.
 - ii. Buffalo Hospital: No updates
 - iii. Monticello Hospital: No updates.
- f. V.A.: Mary Jo Pines introduced Lisa Bershok. Lisa will be training with Mary Jo for the next few months and will be attending the next few meetings. The VA is adding some portable buildings so more patients can be seen. Mary Jo said there always seems to be staff moving and staff openings. Mary Jo had numerous hand outs and flyers that she shared.
- g. CBHH: James summarized that all of the CBHH's have an average of 16 beds occupied. All of the CBHHs across the state are running full senses.
- h. V.R.S: Skip explained some trends that they are having in St. Cloud is the school caseloads are increasing. The employment is holding steady and the job outlook in the St. Cloud area is looking positive.
- i. Website: Bethany gave updates on the website. The newest version of the Mental Health Guidelines is on the website. It is able to be viewed or printed from the website. There is a spot on the website where a PDF could be uploaded directly to the website. They are averaging around 1,000 visits a day to the website.

Open Forum:

Marsha Hagfors explained that there is a current opening for a peer mentor at Independent Life Styles.

Mary Jo Pines said that the Eagles Healing Nest opened a new site in Anoka. She said this should be open in February sometime.

Chris Shaw explained how Wellness in The Woods is looking for letters of recommendations for the RAP program.

Adjourn

Motion made by Tracy Hinz to adjourn the meeting, seconded by Diane Erkens. Meeting adjourned at 2:03 p.m.

Next meeting is April 5, 2018 at 1:00 p.m. at the Wright County Law Enforcement Center – Community Room.