

**FREE TRAINING**

# **QPR: Suicide Prevention Training**

**Presented By: Kara Bennett**

NAMI Suicide Prevention Program Coordinator

**Date:** Tuesday, July 25, 2017 **Time:** 2:00pm – 3:00pm

**Location:** Monticello Community Center- Bridge Room  
505 Walnut Street, Monticello, MN 55362

## **Participants Will Learn:**

- Question Persuade Refer (QRP) Gatekeeper Training
- Acquire skills for identifying the warning signs of suicide and responding appropriately and quickly
- Identify crisis resources in the area and learn how and when to access them
- Achieve a greater understanding of means restriction and its relationship to completed suicide
- Learn various options for restricting access to firearms and other lethal means

RSVP to [CAMHI@co.benton.mn.us](mailto:CAMHI@co.benton.mn.us) is appreciated as seating is limited.

*A Certificate of Attendance will be provided for CEUs*

Please join us for this training! This training is intended for those living with mental health issues, providers, family members, and community members.

Training is brought to you by:



**Adult Mental Health Initiative**  
*Benton, Sherburne, Stearns, Wright Counties*

Please visit us at [www.mnmentalhealth.org](http://www.mnmentalhealth.org) to sign up for future trainings and announcements.