

EVERY 3RD THURSDAY 5-6:30PM

How do I support someone who has experienced sexual violence?

A concerned person is someone who knows a friend, family member, child, parent, co-worker, etc. who has experienced sexual violence. The goal of this group is to help educate you, as a concerned person, about ways to support someone who is a survivor of sexual violence. In addition, this group will provide information on expected survivor reactions and feelings, how to take care of yourself as a secondary survivor, and on the effects of trauma.

