Did you or your parents experience abuse, neglect or family trouble as a child?

Did those experiences change your adult life?

Do you want to talk about it?

Do you live in **Stearns County** and is 18 years of age or older?

If so, please read on...

We want to help people in Minnesota understand how trouble during childhood can affect their happiness as adults and how it can affect their children. Our goal is to reduce childhood trauma, create ways for people to get help, and give the next generation a better shot at a happier life.

We're looking for people who can help us learn more by describing their own experiences. We hope you'll join us in a listening session where we'll ask you to tell us more about childhood trouble and its long-term effects.

If you would like to participate in a conversation about this topic, please tear off one of the slips at the bottom of this poster and call the phone number listed.

People who are selected to participate will receive:

- A \$25 gift card for target
- A meal during the meeting
- A chance to tell your story and have your story be heard in a way they can make a difference to others

This project is sponsored by CentraCare with assistance from TPT | ECHO





Space is limited. Please call/email Kaolee Vang today at kvang@tpt.org or 651-229-1436.

| Listening Session Kaolee - 651-229-1436 kvang@tpt.org |
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