

CommUNITY Adult Mental Health Initiative
Advisory Committee
 August 3, 2017

Voting Members Present: 19
 Quorum Required: 8

Representative	“X” = Present	Stakeholder	Alternate	“X” = Present
		CSP – Sherburne/Wright		
Kelly, James	X	CBHH	Kragenbring, Mark	
Wilkus, Maureen	X	Sherburne County		
Danda, Julie	X	Vocational Stearns/Benton	Gaedy, Maureen	
Erkens, Diane	X	Wright County	Miller, Michelle	
Fluey, Kathryn	X	Sherburne County Comm. Adv.-V. Chair	Morrison, Brenda	
Grand, Jill	X	VRS – Sherburne/Wright	Krukenberg, Hillary	X
Hagfors, Marsha	X	Benton County	Moench, Laurale	
Hanks, Sue	X	CSP – Stearns/Benton	Sheehan, Meg	
Hinz, Tracy	X	MHC – Sherburne/Wright - Chair	(Vacant)	
Johnson, Rick		Benton County Community Advocate		
Knop-LaPlant, Sheila		Wright County Community Advocate		
Dr. Richard Lee		MHC – Stearns/Benton	LaGow, Catherine	
Long, Lori	X	Stearns County Community Advocate	Brown, Polly	X
Mikes, Emilie		Community Based Services	Ringstad, Ken	
Eich, Krissy	X	Vocational Sherburne/Wright	Smith, Henry	
Pine, Mary Jo		VA Medical Center	Hovland, Voni	X
Ellis, Julie	X	Stearns County	Harren, Candace	
Shoberg, Sandi		Benton County	Koscielniak, Peggy	X
Bershok, Joel	X	St. Cloud Hospital	Walker, Chris	
Wittrock, Skip	X	VRS – Stearns/Benton	Othwaite, Jessica	

Ex- officio members		
Bernstein, Faye		DHS
Oberg, Bethany	X	Initiative Coordinator

Other attendees		
Preusser, Samantha		Central MN Sexual Assault Center
Rocheleau Dorholt, Jennifer	X	CMMHC
Starkka, Kathy		Buffalo Hospital
Tregaskis, William		Buffalo Hospital
Shamp, Melinda		Wellness in the Woods
Jaeger, Amanda		Wellness in the Woods

Ruhoff, Nicole		Benton County
Meyer, Angel	X	Solutions Behavioral Healthcare
Carter, Amy		Rise, Inc.
Alf, Thomas		New IRT Update
Pellaton, Brandon		Monticello Hospital
Keeville, Samantha	X	Solutions Behavioral Healthcare
Geonner, Kylie	X	Central MN Counsel on Aging
Twingstrom, Andrea	X	Monticello Hospital
Scout, Jill	X	
Vanskly, Shannon	X	Resource
Peterson, Monica	X	DHS

Call to order:

Kathryn Fluey, called the meeting to order at 1:03 p.m. The mission statement was read and introductions were made.

Current Agenda:

Agenda was approved. There was no motion made. Bethany Oberg added Student Loan Information as an agenda item.

Minutes – June 1, 2017:

Motion made by Lori Long to approve the June 1st meeting minutes and the motion was seconded by Skip Wittrock. Motion carried.

First Episode Psychosis: Monica Peterson (DHS)

First Episode Psychosis has people of all ages. They mainly focus on the early intervention. This is why the age group they do focus on is the 15-40 year olds. They do exclude bipolar and other effective disorders as well as autism. There are a lot of curriculum and building blocks in this program. It is a very curriculum based program. Having a substance abuse is not an excluder. The program will work with people for about two years at a time.

The team members consist of four primary staff. The client can choose which program they are interested in. They also choose the staff they meet with and their scheduling. They are located at HCMC and the U of M. They received some additional funding this state fiscal year and they are extending their program in rural MN. Their definition of rural is anything outside the seven county metro area. The caseload is typically about 30 clients. This might be slightly adjusted in a rural area. They are willing to adjust the caseload amount if needed.

The model itself really focuses on the client and family's quality of life. Research has shown how this helps improve individual's lives and mental health in general.

Update/Announcement: Sue Hanks

Sue wanted to let people know that she took a new position and this will be her last meeting with the Advisory Committee. We will need to find a new person to join the Joint Powers Board. Sue will be leaving Hope and working for another program with Catholic Charities. Sue will be the Emergency Services Director with Catholic Charities.

At Large Joint Powers Board Member: Bethany

Bethany passed around slips to vote for the Joint Powers Board member position. Polly Brown nominated Kathryn Fluey. Diane Erkens nominated Julie Danda. Sue Hanks nominated Tracy Hinz. At the October Advisory meeting, the new member will be announced. Tracy Hinz and Julie Danda were the top two candidates with the highest number of votes. Julie and Tracy will be presented to the Joint Powers Board to decide who will be the new Joint Powers Board member.

Financial Report: Peggy

They are at 58% for the year. This is the average for the year. Lori Long made a motion to approve the financial report. Diane Erkens seconded motion, motion carried.

RFP Update: Bethany

At the Joint Powers Board meeting after this meeting, there will be decisions made on the different services. The providers will find out shortly thereafter and there will be an update at the October meeting.

Student Loan Information: Bethany

They are looking for more information that anyone may have. There is a shortage of individuals going into the mental health field. They are looking for ways to help students pay for college as they go to school in the mental health field.

CommUNITY Mental Health Initiative Committee and Grant: Updates

- a. Housing Coordination – Currently the Bridges are at a total of 30 with 2 pending, and 2 new referrals. The Community Project has a total of 13. The waiting list is 518 people and this continues to grow. People with vouchers is 315, individuals without vouchers was 240. The 1-1 people with vouchers was 48 and without was 25, with a housing intake for June and July of 14. The new funding cycle for June and July is 13 vouchers. See handout.
- b. Vocational Grant – Combined report of Functional Industries and Goodwills. In the second quarter (April to June) there was a new start in Benton County, Sherburne, Stearns and two new starts for Wright. Last quarter there was one new job placement. There were 8 people successfully closed this month. The average hours worked per week last quarter was 21 hours. And the average pay rate was \$10.33.
- c. Anti-Stigma Workgroup – They have attended a few expose that went very, very well. They are continuing to do a monthly article published on the website. They are working together to gather that information.
- d. Training Workgroup – With June, it was great. They had a Let Go and Get Over it training that turned out good. Their trainings have been filling up and they have had good responses. They are continuing trying to schedule one training a month and lately they have had multiple a month and are still having a good turnout. They make announcements, put the trainings on the website, and email out flyers.
- e. Peer Mentoring – For the mentee’s there is a total of 17 and peer mentors 15. They have a total of 22 on the mentee’s waiting list and 6 on the mentor’s waiting list.

Community Based Mental Health Services: Updates

- a. IRTS – Northway: As of June they had 7 beds occupied. Client County of responsibilities is 6 from Stearns, 2 from Benton, 1 from Wright, 3 from Sherburne, and one from Becker County. No clients were served during the month of June without insurance. For July there are 3 beds available.

- b. ACT: The St. Cloud ACT team for June served 74 clients, 51 from Stearns, 16 from Benton, 3 from Sherburne, and one from Ramsey. 11 were non MA for the month of June which resulted in 73 contacts billed to the community project. They had a total 653 billable contacts for June. The Monticello team had 83 clients in June, 5 from Stearns, 2 Benton, 57 from Wright, 18 from Sherburne and 1 from Hennepin. They are moving along with the third ACT team in the Becker/Big Lake area along Highway 10.
- c. Crisis Response Team: Beds for June had a 75% occupancy rate. The breakdown from that is 77 clients from Stearns, 12 from Benton, 12 from Wright, 1 from Sherburne, and 10 clients were billed to the community project. Mobile crisis had 110 total calls for June.
- d. Crisis Bed Program: See above.
- e. Inpatient:
 - i. St. Cloud Hospital: In July there were 65 admissions to the Adult Mental Health unit. 70 discharges and 567 patient days. They are working on the Behavioral Health Services. They will be conducting a study in the near future.
 - ii. Buffalo Hospital: No updates.
 - iii. Monticello Hospital: No updates.
- f. V.A.: The residential treatment program is on its last stages of construction. They will soon be at over a 160 bed unit. They will be adding residential beds. They continue to have the PTSD treatment bed.
- g. CBHH: They have been very busy. In the first part of June they ran an average daily senses of 16. During the month of June they ran a daily sense of about 15. The senses is not letting up at all. They were at 13 today and they say that was because they were down a monitor. They are trying to increase the amount of hours that they provide active treatment. They are doing this by extending the hours that the staff is on site.
- h. V.R.S: They have added two counselors to their team and they are almost at full staff. They need to hire a rehab tech type position. They feel staff wise they have a better position coming into the next fiscal year.
- i. Website: As of August 2, 2016 they were at 1,184,330 visits to the site. As of this morning they were at 1,627,576. That is an increase of 423,246 visits in one year. Which brings it out to about 1,214 visits a day.

Open Forum:

Nothing at this time.

Adjourn

Motion made by Kathryn Fluey to adjourn the meeting, seconded by Sue Hanks. Meeting adjourned at 2:11 p.m.

Next meeting is October 5, 2017 at 1:00 p.m. at Benton County Board Room.