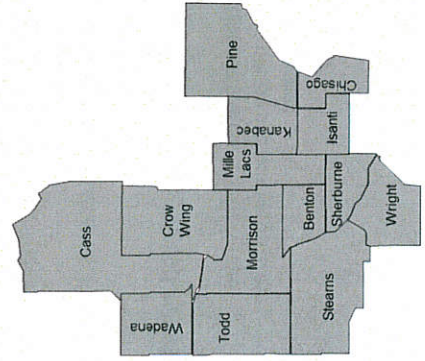


Central MN Council on Aging

The Central MN Council on Aging, Inc. (CMCOA) has been designated by the Minnesota Board on Aging (MBA), the State Unit on Aging to administer Older Americans Act funds in the Central Minnesota Planning and Service Area (PSA) comprising the counties of Benton, Cass, Chisago, Crow Wing, Isanti, Kanabec, Mille Lacs, Morrison, Pine, Sherburne, Stearns, Todd, Wadena and Wright. In partnership with public and private organizations, the CMCOA helps seniors age successfully by building community capacity, advocating for aging issues, maximizing service effectiveness and linking people with information.



Mission Statement:

Central Minnesota Council on Aging is committed to maintaining the highest level of independence of older people by developing and coordinating community care, reducing isolation, and improving access to services.

Contact:

For assistance in possible program development prior to RFP release, please contact CMCOA Contract

Management staff:

Amanda Schindele

Amanda.schindele@cmcoa.org

320-253-9349 or

Sue Amundson

susan.amundson@cmcoa.org

320-253-9349

For complete information, please see the competitive request for proposal which will be posted to CMCOA website (www.cmcoa.org) in late spring 2019.

Central MN Council on Aging

250 Riverside Avenue North
Suite 300
Sartell, MN 56377

Phone: 320-253-9349
Fax: 320-253-9576
Website: www.cmcoa.org

Central MN Council on Aging

Title III Older American's Act Information



Supporting our aging community

Funding Opportunity:

In late spring 2019, Central Minnesota Council on Aging (CMCOA) will issue a competitive procurement (Request for Proposal) process for 2020 funding in the following Older Americans Act Title III service categories:

Title III-B Supportive Services:

- Approximately \$500,000 is available
- 15% match (non-federal cash or in-kind) will be required on the amount of federal Title III B funds included in the award to the successful proposer.

Title III-D Preventive Health (Programs must meet AOA's highest tier of evidence):

- Approximately \$55,000 is available
- 0% match is required

Title III C Nutrition Program Services:

- C1 Congregate Meals—Approximately \$1.1 million of combined Funding is available
- C2 Home Delivered Meals—Approximately \$1 Million of combined Funding is available
- 15% match (non-federal cash or in-kind) will be required on the amount of federal Title III C1 and C2 funds included in the award to the successful proposer.

Title III-E National Family Caregiver Support Program Services

- Approximately \$450,000 of funding is available.
- 25% match (non-federal cash or in-kind) will be required on the amount of Federal Title III E funds included in the award to the successful proposer.

Who is eligible to receive Title III services:

- People who are age 60 and older are eligible to receive OAA services.
- For Title III E—Adult informal caregivers providing care to individuals 60 years of age and older or older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction

Application options:

- Complete Request For Proposals available for those applying for \$5,001+
- Additional Simplified Mini-Grants may also be made available for requests between \$1,500—\$5,000 for those applying for Title III D and/or E

Title III B Supportive Services

The following is not a complete list of possible services and is informational only.

Title III-B Supportive Services:

Examples of possible services are:

- Legal Assistance
- Legal Education
- Chore
- Homemaker
- Transportation
- Assisted Transportation
- Support Planning
- Health Assessment/Screening

Title III D Preventive Health

Title III-D Preventive Health (Programs must meet AOA's highest tier of evidence) – Examples of possible services are:

- Chronic Disease Self-Management
- A Matter of Balance
- Diabetic Self-Management
- Chronic Pain Self-Management
- SAIL
- Aging Mastery
- PEARLS
- Stepping-On

Examples of evidence based programming can be found at:

<https://www.ncoa.org/resources/ebpchart/>

Title III C Senior Nutrition Services

- Title III C 1 Congregate
- Title III C 2 Home Delivered Meals
- Title III Self Directed Nutrition

Title III E National Family Caregiver

The following is not a complete list of possible services and is informational only.

Caregiver Counseling

- Coaching/Consulting
- Group Caregiver Training and Education.

Respite Care

- In-Home Respite
- Out-of-Home Non-Facility Respite
- Facility-Based Respite
- Self-Directed Respite

For assistance in possible program

development prior to RFP release, please contact CMCOA Contract Management staff:

Amanda Schindele

(Amanda.schindele@cmcoa.org) 320-253-9349 or

Sue Amundson

(susan.amundson@cmcoa.org) 320-253-9349

For information on currently funded contracts, please see our website at www.cmcoa.org.