

**FREE TRAINING**

# **MAAEZ: Making Alcoholics Anonymous Easier**

**By: Charles Brooks, Ph.D., LCAC**

**Date:** Thursday, February 9, 2017 **Time:** 1:00pm- 3:00pm

**Location:** Stearns County Service Center, Room 121 C/D/E  
3301 Co Rd 138, Waite Park, MN 56387

The MAAEZ program was developed in 2002 by members of the Alcohol Research Group with funding from the National Institute on Alcohol Abuse and Alcoholism (NIAAA). Based on research which shows the effectiveness of TSF (Twelve Step Facilitation), MAAEZ helps facilitate successful transition into the recovering way of life. Research shows that clients completing the MAAEZ Program have evidenced 10% higher abstinence rates (over usual treatment) at the 12-month follow-up mark.

**Please join us for this FREE training to learn more about the MAAEZ Program and how it can help those who struggle with chemical dependency/abuse.**

This training is intended for those living with mental health issues, providers, family members, and community members.

RSVP to [CAMHI@co.benton.mn.us](mailto:CAMHI@co.benton.mn.us) is appreciated as seating is limited.

*A Certificate of Attendance will be provided for CEUs*

Training is presented by:



**Adult Mental Health Initiative**

*Benton, Sherburne, Stearns, Wright Counties*

Please visit us at [www.mnmentalhealth.org](http://www.mnmentalhealth.org) to sign up for future trainings and announcements.