CommUNITY Adult Mental Health Initiative

Advisory Committee December 6, 2018

Voting Members Present: 13 Quorum Required: _

| Representative | "X" = | Stakeholder | Alternate | "X" = |
|--|---------|--------------------------------------|--------------------------------|---------|
| | Present | | | Present |
| Shoberg, Sandi | X | Benton County | Koscielniak, Peggy | X |
| Hagfors, Marsha | | Benton County Community Advocate | (Vacant) | |
| Kelly, James – Vice Chair | X | СВНН | Gribas, Steve | |
| Anderson, Dale | X | CSP – Stearns/Benton | Sheehan, Meg | |
| (Vacant) | | CSP – Sherburne/Wright | (Vacant) | |
| Hinz, Tracy | | MHC – Sherburne/Wright | (Vacant) | |
| Lee, Dr. Richard | | MHC – Stearns/Benton | Rocheleau Dorholt, Jennifer | X |
| Wilkus, Maureen | X | Sherburne County | (Vacant) | |
| Aaron, Denice | | Sherburne County Community | (Vacant) | |
| Bershok, Joel | | St. Cloud Hospital | Blonigen-Heinen, Patty | X |
| Ellis, Julie | X | Stearns County | (Vacant) | |
| Long, Lori | | Stearns County Community Advocate | Brown, Polly | X |
| Pine, Mary Jo | X | VA Medical Center | Hovland, Voni | |
| Eich, Krissy – Chair | | Vocational Sherburne/Wright | (Vacant) | |
| Danda, Julie | X | Vocational Stearns/Benton | Gaedy, Maureen | |
| Grand, Jill | | VRS – Sherburne/Wright | Krukenberg, Hillary | |
| Wittrock, Skip | X | VRS – Stearns/Benton | Othwaite, Jessica | |
| Erkens, Diane | X | Wright County | Miller, Michelle | |
| Knop-LaPlant, Sheila | - 11 | Wright County Community Advocate | (Vacant) | |

| | | Ex- officio members |
|----------------|---|------------------------|
| Oberg, Bethany | X | Initiative Coordinator |
| Smith, Gloria | X | DHS |

| | Other attendees |
|------------------------|------------------|
| DeMarais-Finke, Jackie | Buffalo Hospital |

| | | Other attendees |
|--------------------|---|---------------------------------|
| Keeville, Samantha | | Solutions Behavioral Healthcare |
| O'Connor, Kristi | | Imagine Network |
| Flack, Leon | X | UCare |
| Simoneau, Leah | X | Solutions Behavioral Healthcare |
| Schmitz, Jamie | | St. Cloud VA |
| Bills, Alyshia | | CMMHC NW IRTS |
| Scharber, Laura | | Wright County |
| Kenning, Kim | | VOA |
| Dawson, Christine | X | CentraCare Monticello |
| Kirchner, Katy | X | CentraCare |
| Qunell, Heather | X | CentraCare |
| Bauer, Mary | X | Central MN Council on Aging |
| Elliott, Blake | X | Bridges MN |
| Kissinger, Paige | X | Bridges MN |
| Holm, Kimberly | X | СММНС |

Call to order:

James Kelly called the meeting to order at 1:01 p.m. The mission statement was read and introductions were made.

Current Agenda:

Motion made by Skip Wittrock to approve the agenda and seconded by Diane Erkens. The agenda was approved.

Minutes – October 4, 2018:

Motion made by Diane Erkens to approve the meeting minutes from the October 4th meeting, Maureen Wilkus seconded motion, motion carried.

Bridges MN: Blake Elliott & Paige Kissinger

Blake Elliott gave a brief description on what Bridges covers. He explained that they focus on trying to support people who really want to live on their own, but really can't. They also focus on individuals who have not been very successful in the community. They take the time to focus and work with individuals to help develop services that they need.

They also have an office in St. Paul and support people in the seven county metro area. Bridges is entirely waiver based right now. They are based out of St. Cloud.

Population Help Leadership Team: Katy Kirchner

Katy Kirchner from CentraCare gave an update on what they are doing in the Stearns and Benton County Jail. Katy's providers work both in the jail and in the clinic. This is a program that is really booming and taking off. They are seeing a lot of positive outcomes from the work that they are doing. They also do a lot of work with the community on the health needs assessments. This is with Benton, Stearns, and Sherburne County. CentraCare is funding this program. Katy shared that this is CentraCare's corporate investment into the community. Katy sees a lot more collaboration going on since they have come on board. They have had 100% compliance with the clients in cooperation with getting releases signed.

Financial Report: Bethany

Bethany summarized the financial report. We are at 83% spent out for the year. Diane Erkens made a motion to approve the financial report. Mary Jo Pine seconded the motion, motion carried.

DHS/Legislative Updates: Gloria Smith

DHS will be eliminating two positions. They also have a community specialist person that will be hired. They are not certain on what the job duties of this individuals will be.

On the data reporting, they are missing a couple of providers, Catholic Charities is one of them. Gloria would like inquiries sent directly to her, and she will be sure that issues get taken care of.

Stearns/Sherburne Consumer Advocate: Julie Ellis & Maureen Wilkus

Julie gave updates that Lori Long and Polly Brown are consumer advocate representatives. Julie made a motion to nominate Lori Long as the Consumer Advocate, seconded by Diane Erkens. Motion carried.

CAMHI Updates: Bethany

The board has approved some different shifting of some dollars. The board allowed different members to shift unspent dollars. At the beginning of this year, the board approved money to be put aside for recruitment for adult foster care. The add is now put together and will run for an entire year. These ads will be running in surrounding area theaters.

A PDF copy of the 2019 meeting schedule will be sent out shortly. Bethany did do a calendar invite as well.

2019 Advisory Vice Chair Nominations/Voting

James Kelly will now be moved to the Chair position of this Advisory Committee and we will need to nominate a Vice Chair for the Advisory Committee. Bethany asked for any nominations for the Vice Chair for the Advisory Committee. This position fills in if the Chair is not present at the meeting. This is for six meetings a year. Mary Jo Pine was nominated by Polly Brown. James Kelly asked for a motion to appoint Mary Jo Pine as the Vice Chair. Motion made by Diane Erkens, seconded by Patty Blonigen-Heinen. Mary Jo Pine is the new Vice Chair for 2019.

2019/2020 Joint Powers Board Rep Nominations/Voting

Bethany is looking for nominations for the Joint Powers Board Representative. These positions run for a two year term. This term would start January 1st. The group approved to have Lori Long be the Consumer Representative with no other nominations or interests. Motion made by James Kelly to have Tracy Hinz be the At Large Representative. Krissy Eich will be the Provider Representative.

CommUNITY Mental Health Initiative Committee and Grant Updates:

- a. **Housing Coordination** –. Dale Anderson shared updates.
- b. **Vocational Grant** Julia Danda did not have a report this month.
- c. **Vocational Peer Specialist** Bethany summarized for Krissy Eich. There should be more updates at the February meeting from Krissy Eich.
- d. **Anti-Stigma Workgroup** Bethany summarized that throughout the year and going forward they identify outreach events. They had 16 events that they attended and handed out resources for people. This does not include the county fairs, Imagine Network events, or lobbies of the four counties. There were 15 training events also in 2018 where there were resources available for people.

- e. **Training Workgroup** Bethany shared that there will no longer be a formal meeting for training topics, instead, at the Advisory Committee meeting, we will be looking for ideas. These can also be emailed to Bethany. Trainings will be an ongoing agenda item in the exofficio meetings. They recently had a training with 184 attendees at. This was a very large training that they held. They heard a lot of good feedback after this training.
- f. **Peer Socialization** Bethany shared numbers that were given to her by the Imagination Network. The idea of test running a more rural Stearns County area like Melrose is in the making. They are looking at locations or venues for this. For the December events, they are doing more dinner type events. Bethany reminded everyone that there is a new Facebook page for this event.

Community Based Mental Health Services: *Updates*

a. **IRTS:** Northway – Jennifer Rocheleau Dorholt introduced Kimberly Holm who is the Director for CMMHC IRTS. Jennifer also reported updates.

b. ACT

- i. St. Cloud Jennifer Rocheleau Dorholt reported updates.
- ii. ACT Elk River Jennifer Rocheleau Dorholt reported updates.
- c. **Crisis Response Team**" Jennifer Rocheleau Dorholt reported updates.
- d. **Crisis Bed Program:** Jennifer Rocheleau Dorholt reported updates. This is overall doing very well and have been at capacity. The numbers for the past year have really been off the charts.
- e. Inpatient:
 - i. St. Cloud: Patty Blonigen-Heinen gave updates.
 - ii. Buffalo Hospital: No representative here.
 - iii. Monticello Hospital: Christine Dawson gave updates.
- f. V.A.: Mary Jo Pine gave various updates from the VA. They have been finding people being admitted to a mental health bed right away. RTP has been generally running at full capacity. They are working very diligently in doing follow-up when patients are getting discharged.
- g. **CBHH:** James Kelly reported updates. They are continuing to struggle with finding providers.
- h. **V.R.S:** Skip had not updates.
- i. **Website:** Bethany gave updates on the website. The website is getting used. There are around 1,300 hits a day. There have not been any major or recent updates to the website.

Open Forum:

NA.

Adjourn

Motion made by Diane Erkens to adjourn the meeting, seconded by Patty Blonigen-Heinen, Meeting adjourned at 3:02 p.m.

Next meeting is February 7, 2019 from 1:00 to 3:00 p.m. at the Wright County Law Enforcement Center – Community Room.