

2016 NAMI Minnesota State Conference

Stories of Hope – Voices for Change



Saturday, November 5, 2016

8:00 AM to 4:30 PM

St. Paul RiverCentre

199 West Kellogg Boulevard

Saint Paul, MN 55102

Keynotes:

- **Jennifer Ayers-Moore**, advocate for artistically gifted people living with a mental illness, and sister of Nathaniel Anthony Ayers, the subject of the movie “The Soloist”
- **Imran S. Khawaja, MD**, a well-known psychiatrist and expert on the relationship between sleep disorders and mental illnesses

Breakouts:

- **15 breakout sessions** for teens/young adults, parents of children, adults with mental illnesses, and family members and professionals
- **Topics** will include truancy and school refusal, housing and supports, keys to college success, understanding guardianship, understanding dysregulation, new issues in criminal justice, healing, trauma transformed through art, helping your child through trauma, mental health policy, and behavioral health homes

Cost:

\$60 for members, \$100 for non-members and \$35 for students. Lunch is included and some scholarships are available. Call the NAMI office at 651-645-2948 to apply.

Register online at www.namihelps.org; CEUs available



NAMI Minnesota (National Alliance on Mental Illness) is a non-profit organization dedicated to improving the lives of children and adults with mental illnesses and their families. NAMI Minnesota offers education, support and advocacy.