

**WELLNESS IN THE WOODS AND SAMHSA ARE PROUD TO PRESENT**

**LUNCH AND LEARN**  
**Creating and Sustaining a  
Virtual Team**

Presented by:  
Jode Freyholtz-London  
Chief Executive Officer, Wellness in the Woods

**DECEMBER 19 @ 12PM**

**JOIN VIA ZOOM ID 913 0889 4496**  
**No Registration Required!**

Join our Chief Executive Officer, Jode Freyholtz-London as she shares her knowledge and experience around creating and sustaining virtual teams.

- Learn about our team's geographic and experiential diversity
- Review the Key Concepts of Wellness Recovery Action Planning and how they affect a team's performance
- Explore important considerations for virtual teams

Virtual teams have become the new norm, come learn what helps Wellness in the Woods sustain a successful virtual team with an impressive employee retention rate!

