



# PARENTS AS PARTNERS

## **8-session psychotherapy group helping parents and caregivers to work together.**

Your relationship with your child's other parent, whether you are married, separated or divorced, significantly impacts your child's emotional health.

Parents as Partners is an 8-session psychotherapy group that focuses on building parenting partnerships and will help you find common ground with which to effectively parent your children.

## **Through Parents as Partners, you will:**

1. Learn about relationships
2. Strengthen the relationship with your child's other parent or caregiver
3. Decrease the impact on your children of any parental or caregiver conflict or stress
4. Learn to problem-solve and strategize as a parenting team
5. Address generational concerns (e.g., in-laws)



4140 Thielman Lane, Suite 303, St. Cloud  
[www.TheVillageFamily.org](http://www.TheVillageFamily.org)  
1-320-253-5930