

# What if the largest public health discovery of our time is about the smallest of us?

It's about you and me  
**CHANGING**  
the future of  
**PUBLIC HEALTH**

**DISCOVERY**



## Understanding ACEs: Building Self-Healing Communities

The Adverse Childhood Experiences (ACE) Study findings represent a paradigm shift in human understanding of the origins of physical, social, mental, and societal health and well-being. We now know that leading causes of disease and disability, learning and productivity problems, and early death have their roots in the cumulative neurodevelopmental impacts of Adverse Childhood Experiences (ACEs).

The Understanding ACEs: Building Self-Healing Communities presentation provides information about the ACE study, along with neurobiology that explains why ACEs impact people's lives, and what we can all do to dramatically improve health and resilience for this and future generations.

**Join us for the next Understanding ACEs: Building Self-Healing Communities presentation! Details below.**

**Date and Time:** October 9, 2017 from 9:00am – 11:00am or 1:00pm – 3:00pm

**Location:** Monticello Community Center, Mississippi Room  
505 Walnut St #4, Monticello, MN 55362

**Sponsored By:** Central Minnesota Mental Health Center

Attendees are encouraged to register at [cmmhc.org](http://cmmhc.org) using the "Conference Registration" link to guarantee your spot. Same day registration will be available. Please arrive 30 mins prior to the start of the session for same day registration. Cost of attendance is \$25.00, for non-CMMHC employees, see our website for payment information.

**We hope to see you at this event!**

If you have any questions, please contact Steven Loos, Psy.D, LP at [sloos@cmmhc.com](mailto:sloos@cmmhc.com) or 763-295-4001



This presentation is brought to you by ACE Interface, LLC and Minnesota Communities Caring for Children