

You're Invited to Attend a Day of Mental Health Training with

~~~~~ Michael Farnsworth, M.D. ~~~~~

Dr. Farnsworth is a Board Certified General Adult and Forensic Psychiatrist. He graduated from the University of Vermont, College of Medicine; Internship at Hennepin County Medical Center in Minneapolis, MN, and the University of MN Department of Psychiatry Residency Program. Dr. Farnsworth completed fellowships in Consultation-Liaison psychiatry and Forensic Psychiatry at St. Paul Ramsey (now Regions) Hospital and the MN Security Hospital (MSH). For 17 years Dr. Farnsworth worked in State Operated Services and served as a Senior Forensic Psychiatrist, Clinical Director and Medical Director of the MN Security Hospital and St. Peter Regional Treatment Center and as the State Forensic Medical Director. In addition to his general clinic practice, Dr. Farnsworth provides both criminal and civil forensic consultation throughout the upper mid-west.

Date: Thursday, May 9, 2019

Location: Holiday Inn St. Cloud

Cost: \$25 per person* (includes lunch!)

75 37th Ave S, St Cloud, MN 56301

8:30 to 10:00 a.m. ~ Introduction & Session #1 – Suicide

10:00 to 10:15 a.m. ~ Break

10:15 to 12:15 p.m. ~ Session #2 – Personality Development & Disorders

12:15 to 1:15 p.m. ~ Lunch (included)

1:15 to 3:00 p.m. ~ Session #3– Fear & Anxiety

3:00 to 3:15 p.m. ~ Q & A

*Due to registration requirements, purchases of tickets are limited to one ticket per transaction and please be sure to register the ticket in the attendee's name.

Attendees must register online at link below by Tuesday, April 30th:

<https://www.eventbrite.com/o/community-adult-mental-health-initiative-17945472089>

Session #1: Suicide

- Identify prevalence of suicide by age, gender, race and difference observed internationally.
- Identify risk and mitigating factors influencing attempted and completed suicides.
- Understand the limitations of suicide predictions.
- Learn risk management strategies and resources to reduce suicide attempts and completion.

Session #2: Personality Development & Disorders

- Review theories about normal personality development.
- Identify factors which influence development of personality pathology.
- Review nature and characteristics of the DSM 5 clusters of personality disorders.

Session #3: Fear & Anxiety

- Review the complex brain biochemistry and neurocircuitry of normal fear, arousal, anxiety and evolutionary biology.
- Understand why DSM 5 unbundled anxiety disorders from Trauma and stressor related disorders and from Obsessive Compulsive and related disorders.
- Review epidemiology and characteristics of anxiety and trauma related disorders.
- Review therapeutic and medication management of these diverse clinical disorders.

This event is brought to you by:

A Certificate of Attendance will be provided for 5.5 Hours of CEUs through the MN Board of Social Work



Adult Mental Health Initiative

Benton, Sherburne, Stearns, Wright Counties