

FREE TRAINING

Suicide Prevention: Lethal Means Safety

Presented by: Lisa Bershok, MSW, LICSW

Suicide Prevention Program Manager, CentraCare

One training, two different chances to attend! Hope you can join us for one of them!

1st Session

Date: Wednesday, October 2, 2019

Time: 11:00am-12:30pm

Location: Great River Regional Library
Mississippi Room

1300 W St Germain St., St. Cloud, MN 56301

2nd Session

Date: Tuesday, October 8, 2019

Time: 11:00am-12:30pm

Location: Sherburne County Government Center
Maple Room A & B*

13880 Business Center Dr., Elk River, MN 55330

*Maple Room A & B Directions: Enter the Government Center through Door A. Go to the left, you can take the 1st or the 2nd hallway to the right. This will take you to the Atrium. Take the hallway under the clock (the old HHS door) and the Maple Room is the first room on the left.

Training Goals & Objectives:

- Facilitating lethal means safety is an essential component of effective suicide prevention, and the creation of safety plans which identify and decrease access to lethal means has been found to reduce the risk of suicide.
- Learn how to have recovery-oriented conversations regarding lethal means and safety.
- Learn how to define the difference between acute and chronic suicidal risk, and how to create safety plan mechanisms for firearms and medications.

Please join us! This training is intended for those living with mental health issues, providers, family members, and community members who work in OR are residents of Benton, Sherburne, Stearns or Wright County.

Seating is limited, so please RSVP by emailing CAMHI@co.benton.mn.us

A Certificate of Attendance will be provided for CEUs through the MN Board of Social Work

Training is brought to you by:



Adult Mental Health Initiative

Benton, Sherburne, Stearns, Wright Counties

Please visit us at www.mnmentalhealth.org to sign up for future trainings and announcements.