

# Health Integration Expo

Central MN Mental Health Center and CentraCare Clinic Midtown

July 18th, 2017    9:00am-3:00pm  
Midtown Square Tuscan Ballroom    St. Cloud, MN

Bike, Smart Scale,  
Fitbit, Gas Cards,  
Gift Cards for local  
businesses,  
Door Prize drawings and  
more!  
(must be present to win)  
Bags and promotional  
items available to all!

NAMI  
Midtown Fitness  
RISE Inc.  
Hope CSP  
Sobriety First  
Shy/SAIL  
Nystrom & Associates  
Functional Industries  
and many, many more!

Health Screenings:  
Blood Pressure  
CO2  
Height Weight  
BMI  
ACES (mental  
health)  
Fun interactive  
learning, games and  
more!

Together, Creating a Healthier Life.