

# SUICIDE PREVENTION AWARENESS MONTH FREE COMMUNITY EVENT

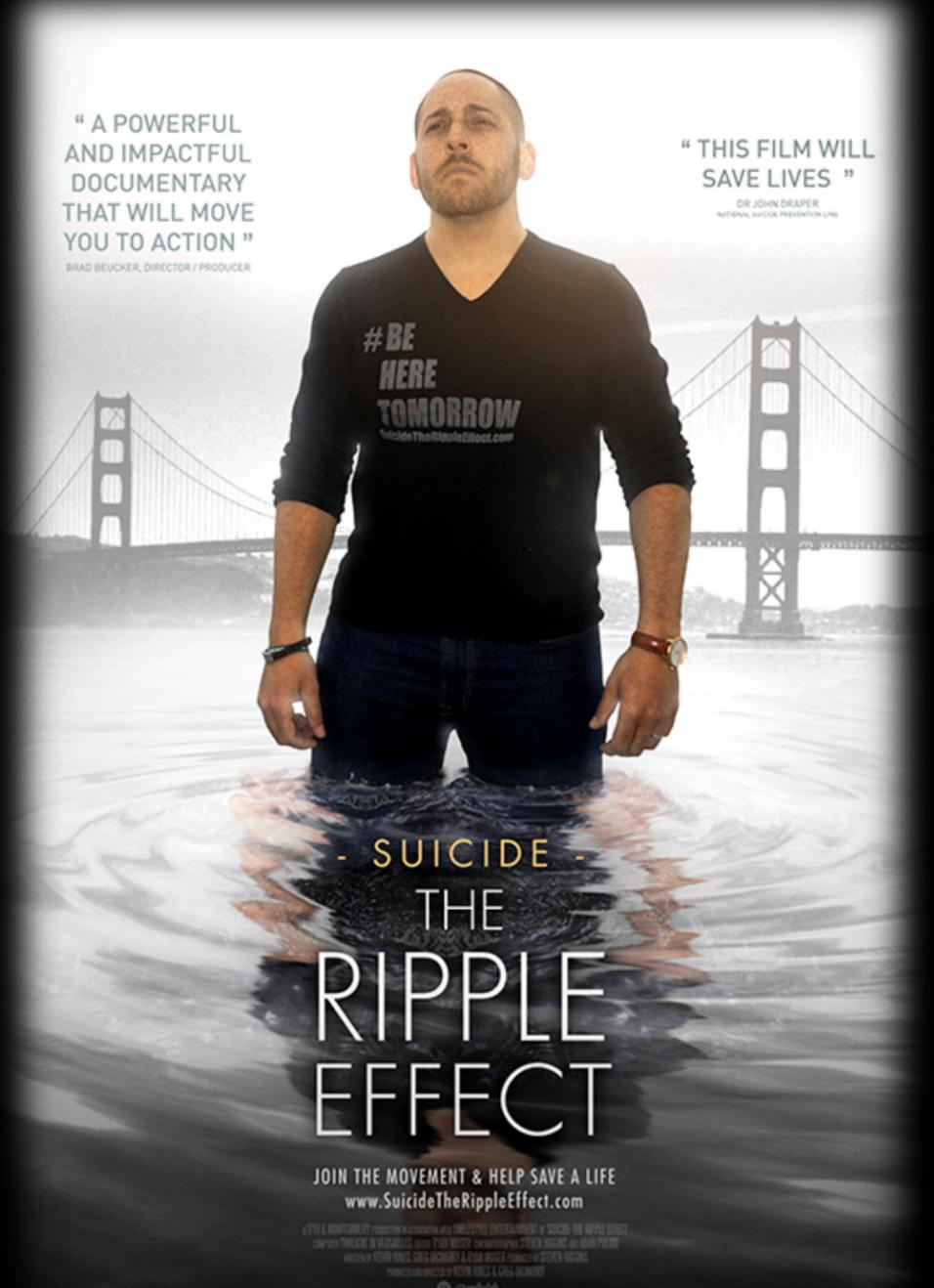
## SUICIDE THE RIPPLE EFFECT

### A Film and a Movement to Help Prevent Suicides

The film chronicles the story of Kevin Hines, who at age 19 attempted to take his life by jumping from the Golden Gate Bridge. Since then Kevin has been on a mission to use his story to help others find recovery and stay alive, and has become the world's most prominent suicide prevention speaker and advocate. The film also features some of the world's leading suicide prevention experts and shines light on people who are using personal experiences with suicide to help others find the hope they need to #BeHereTomorrow.



**WINNER  
BEST STORY**



# MONDAY, SEPTEMBER 24

## St. Cloud Regional Library, Mississippi Room

4:30-5:45PM: Free QPR Training, Mary Jo Pine (Bremer Room)

6:00-6:15PM: Welcome & Opening Remarks, Chris Shaw

6:15-7:45PM: Screening of "Suicide: The Ripple Effect"

7:45-8:45PM: Panel Discussion - Mental Health Stigma and Suicide

Join in a discussion on how mental health issues affect the community, what individuals can do to fight the stigma surrounding this national epidemic and support those facing mental health challenges. Panelists will include:

- David Bentrud, Waite Park Police Chief
- Bethany Oberg, CAMHI Coordinator
- Dr. Rick Lee, Executive Director - Central MN Mental Health Center
- Stan Alleyne, Communications Director - Vitals Aware Services
- Jode Freyholtz-London, Executive Director - Wellness in the Woods
- Moderator: Chris Shaw, CPS, CHF - MN Mental Health Legislative Network

This is a FREE EVENT, but due to limited seating, registration is required. Tickets available at:  
[suicide-the-ripple-effect-st-cloud.eventbrite.com](http://suicide-the-ripple-effect-st-cloud.eventbrite.com)

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