

CommUNITY Adult Mental Health Initiative
Advisory Committee
 February 3, 2021

Voting Members Present: 13
 Quorum Required: 10

Representative	“X” = Present	Stakeholder	Alternate	“X” = Present
Knowles, Nikki		Benton County	Koscielniak, Peggy	X
(Vacant)		Benton County Community Advocate	N/A	
(Vacant)		Benton County Community Advocate	N/A	
Kelly, James		CBHH	Lange, Mary	X
Krupa, Jaime	X	CSP – Stearns/Benton	Sheehan, Meg	
(Vacant)		CSP – Sherburne/Wright	(Vacant)	
Hinz, Tracy		MHC – Sherburne/Wright	Bills, Alyshia	
(Vacant)		MHC – Stearns/Benton	Link, Shannon	
Johannes, Victoria	X	Sherburne County	(Vacant)	
Popfer, Stephany	X	Sherburne County Community Advocate	N/A	
(Vacant)		Sherburne County Community Advocate	N/A	
Bershok, Joel		St. Cloud Hospital	(Vacant)	
Young, Leslie – Chair	X	Stearns County	Salsness-Tvedten, Jennifer	
Long, Lori	X	Stearns County Community Advocate	N/A	
Brown, Polly	X	Stearns County Community Advocate	N/A	
Pine, Mary Jo	X	VA Medical Center	Hovland, Voni	
Eich, Krissy – Vice Chair	X	Vocational Sherburne/Wright	Tornell, Jo	
Danda, Julie	X	Vocational Stearns/Benton	Gaeddy, Maureen	
Thorpe, Lori		VRS – Sherburne/Wright	Krukenberg, Hillary	
Chirhart, Andrea	X	VRS – Stearns/Benton	Outhwaite, Jessica	
Erkens, Diane	X	Wright County	Pooler, Jill	
(Vacant)		Wright County Community Advocate	N/A	

(Vacant)		Wright County Community Advocate	N/A	
----------	--	----------------------------------	-----	--

		Ex- officio members
Oberg, Bethany	X	Initiative Coordinator
(Vacant)		DHS

		Other attendees
Bruns, Mary Jeanne		Wellness in the Woods
Kinke, Jackie	X	Buffalo Hospital
Jiang, Jennifer	X	BCBS
Callahan, Eddie	X	Options for Employment
Pena, Molly		Refractions IRTS
Frye, Angela		Refractions IRTS
Magaard, Derek		Sherburne County HH
Flack, Leon	X	UCare
Novak, Jen	X	REM (The Mentor Network)
Keeville, Samantha		Solutions
Anderson, Ashley	X	Northway IRTS
Rocheleau Dorholt, Jennifer	X	SCSU
Provo, Kelsey		Solutions
Lange, Mary	X	
Giddens, Jennifer	X	Housing Link/Beyond Background
Bennet, Keith	X	Wright County
Kallon, Lana	X	Peaceful Mind Mental Health
Loehlein, Stephanie	X	
Richburg, Katie	X	New Port Academy

Call to order:

Leslie Young called the meeting to order at 1:02 p.m. The mission statement was read and introductions were made.

Current Agenda:

Lori made a motion to approve the agenda; Diane seconded. All in favor, motion carried.

Minutes – December 2021:

Krissy made a motion to approve the meeting minutes from December 2021; Lori seconded. All in favor, motion carried.

Lori pointed out inconsistencies in the minutes regarding the Stakeholder name of Consumer Advocate / Community Advocate. Lori thought the language had been changed to Community Advocate but it is listed both ways. Bethany will review previous minutes, if she is unable to locate a

record of the change it will need to be brought before the Board to approve the formal change. The bylaws will also need to be updated.

Highlighting Area Providers/Services

- a. New Port Academy works with teens and young adults (12-24) with an integrated treatment approach. They offer a full continuum of care including self-care through exercise, mindfulness, and nutrition. They have attachment-based family therapy to help repair disrupted parent/child relationships. Opportunities are ongoing for teens and young adults to connect with peers and their community, including alumni events. Academic and life skill trainings are ongoing throughout an individual's stay. The Academy stays connected with individuals post treatment through alumni support groups, parental support groups, and sibling support groups. Once they are fully staffed they will have 30 beds for girls and 30 beds for boys in the St. Cloud location. The Buffalo location will have 6 beds for young adult men and the Monticello location will have 6 beds for young adult women.

You can contact Katie at 320-372-2336 or katie.richburg@newportacademy.com. The website is www.newporthealthcare.com

- b. Stearns County Consumer Advocate: Polly Brown – how can we recruit more community advocates? Polly, Lori, and Steph would be willing to speak to community advocate candidates and share their experience what it is like. Bethany will send a flyer to everyone to share with people they think might be a good advocate.

Financial Report: Peggy

Peggy summarized the financial report.

Victoria made a motion to approve the financial report; Diane seconded. All in favor, motion carried.

CAMHI Advisory Board Vice-Chair nominations and voting:

Krissy Eich nominated herself.

Diane made a motion to have Krissy serve as Vice-Chair; Victoria seconded. All in favor, motion carried.

CAMHI Request Forms: Bethany

Bethany will send out revised fillable PDF forms, current forms must be used or you will be asked to resubmit.

CommUNITY Mental Health Initiative Committee and Grant Updates:

- a. *Housing Coalition*: Jaime shared updates
- b. *Vocational Grant*: Krissy shared the combined report
- c. *Anti-Stigma Workgroup*: Bethany shared that they have not had many public outreach opportunities due to the pandemic. They will be attending the Buffalo Strong Day event February 9.
- d. *Training Workgroup*: Bethany shared upcoming trainings; they can also be found here: [Calendar :: Minnesota Mental Health \(mnmentalhealth.org\)](#).
- e. *Peer Socialization – VPSN*: Bethany shared the events flyer

Community Based Mental Health Services:

- a. *IRTS:*
 - i. Northway – Ashley Anderson said they have had staffing shortages and due to that their wait list is quite long. November and December numbers were shared.
 - ii. Refractions – Bethany shared the updated numbers that Angela sent. They are open for visitations on Sundays but are not doing many community outings due to the pandemic
- b. *ACT:* Ashley said they have many open positions and shared their November and December numbers.
- c. *Crisis Response Team:* Ashley said they hired a new co-responder and shared the November and December numbers.
- d. *Crisis Bed Program:*
- e. *Inpatient:*
 - i. St. Cloud Hospital: no one in attendance
 - ii. Buffalo Hospital: Jackie shared they are seeing a lot more adolescents and they have been having extended stays due to lack of beds. They too have a lot of staff shortages.
 - iii. Monticello Hospital: no one in attendance
- f. *V.A.:* Mary Jo said the outpatient clinic is fully staffed. The remodel of the outpatient building is scheduled to be finished in March. Mental Health Occupational Therapy is also full and they are referring Vets to V-REC. Residential Rehabilitation Program has had some staff illness and shortages and are unable to run at capacity. Adult Day Healthcare is still closed and will not open until the local Covid numbers decrease. There are staffing challenges across all the VA facilities.
- g. *CBHH:* Mary Lange shared updates. They currently have 8 patients; they have 16 beds but due to staffing shortages and illnesses they have not been able to be at capacity.
- h. *V.R.S.:*
- i. *Website:* Bethany has been posting local information in the News section. The Housing Guide is available as a PDF on the website, will not be printed this year.

Open Forum:

Lana Kallon is a clinical student at Peaceful Mind Mental Health who is interning and will share a flyer via email.

Jennifer Jiang, BCBS share they will have a virtual NEARS Science Training: [Understanding NEAR Science and Historical Trauma - Free Spring Workshops - FamilyWise : FamilyWise \(familywiseservices.org\)](#)

Next Meeting:

April 7, 2022, from 1:00 to 3:00. Meetings will be held virtually at least through May

Adjourn

Lori made a motion to adjourn the meeting, Diane seconded. Meeting adjourned at 2:43 p.m.