Adult Mental Health Initiative

CommUNITY Project 320-253-4136 Fax: 320-253-4179
Midtown Square 3333 W Division Street Suite 217 St. Cloud, MN 56301

Crisis

Crisis Nursery
- Benton & Stearns County 320-654-1090
- Sherburne County 800-433-5239, 763-241-2650
- Wright County 800-965-1430, 763-271-1680

Four County Crisis Response Team 800-635-8008, 320-253-5555

National Suicide Prevention Hotline 800-SUICIDE (784-2433)

SAVE Suicide Hotline 888-511-SAVE (7283)

Suicide Prevention National Hotline 800-273-TALK (8255)
Press “1” for Veterans

County Agencies

Benton County
- Human Services www.co.benton.mn.us
  800-530-6254, 320-968-5087
  531 Dewey Street Box 740 Foley, MN 56329
- Sheriff’s Office 320-968-7201
  581 Highway 23 Box 159 Foley, MN 56329

Sherburne County
- Human Services www.co.sherburne.mn.us
  800-433-5239, 763-241-2600
- Sheriff’s Office 763-241-2500
  13880 Business Center Drive Elk River, MN 55330

Stearns County
- Human Services www.co.stearns.mn.us
  800-450-3663, 320-656-6000
- Sheriff’s Office 320-259-3700
  705 Courthouse Square St. Cloud, MN 56303

Wright County
- Human Services www.co.wright.mn.us
  800-362-3667, 763-682-7400
  1004 Commercial Drive Buffalo, MN 55313
- Sheriff’s Office 763-682-1162
  3800 Braddock Avenue NE Buffalo, MN 55313
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<td>-----------------------------</td>
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<td><strong>St. Cloud Hospital</strong></td>
<td>320-251-2700</td>
</tr>
<tr>
<td>Behavioral Access Nurse</td>
<td>320-255-5774 Fax: 320-656-7106</td>
</tr>
<tr>
<td>1406 6th Avenue N St. Cloud, MN 56303</td>
<td><a href="http://www.centracare.com">www.centracare.com</a></td>
</tr>
</tbody>
</table>

**Community Behavioral Health Hospital**

*Accessed through Central Pre-Admissions 866-966-2337 Fax: 763-712-4119

**Annandale**

651-259-3850 Fax: 320-274-7018

400 Annandale Boulevard Annandale, MN 55302
Mental Health Treatment

Assertive Community Treatment (ACT)

**Great River ACT – St. Cloud**
320-253-4120 Fax: 320-253-4179
3333 W Division Street Suite 217 St. Cloud, MN 56301

**Great River ACT – Monticello**
763-271-5340 Fax: 763-271-5350
407 Washington Street Monticello, MN 55362

Chemical Dependency/Addiction

**Al-Anon**
800-344-2666
www.al-anon.org

**Alano Club**
www.onlinealano.org
www.alanoclubs.org

**Alcoholics Anonymous (AA)**
www.aa.org

**Central Minnesota Mental Health Center**
763-682-4400 Fax: 763-682-1353
308 12th Avenue S Buffalo, MN 55313
www.cmmhc.org

**Central Minnesota Mental Health Center**
763-295-4001 Fax: 763-295-5086
407 Washington Street Monticello, MN 55362
www.cmmhc.org

**Chemical Dependency Assessment** (for public health insurance)

- **Benton**
  320-968-5087 Fax: 320-968-5330
- **Sherburne**
  763-241-2600 Fax: 763-241-2698
- **Stearns**
  320-656-6225 Fax: 320-656-6447
- **Wright**
  763-682-7400 Fax: 763-682-7701

**Detoxification**
1321 13th Street N St. Cloud, MN 56303
320-252-6654 Fax: 320-529-1975

**Drug Abuse Hotline**
800-276-6818
www.acenterforrecovery.com

**Gamblers Anonymous**
888-GA-HELPS (888-424-3577)
www.gamblersanonymous.org

**Narcotics Anonymous (NA)**
877-767-7676
www.naminnesota.org
**New Beginnings at Waverly**
109 Northshore Drive Waverly, MN 55390
www.newbeginningsatwaverly.com

**Recovery Plus** (mental illness/chemical dependency)
713 Anderson Avenue St. Cloud, MN 56303
www.centracare.com

---

**Counseling & Psychiatric Services**

**Catholic Charities – Caritas Mental Health Clinic**
911 18th Street N St. Cloud, MN 56303
www.ccstcloud.org

**Center for Psychological Services**
600 25th Avenue S Suite 109 St. Cloud, MN 56301
www.scpsychologica1services.com

**Central Minnesota Mental Health Center**
308 12th Avenue S Buffalo, MN 55313
www.cmmhc.org

**Central Minnesota Mental Health Center**
763-682-4400 Fax: 763-682-1353

**Central Minnesota Mental Health Center**
253 8th Street NW Suite A Elk River, MN 55330
www.cmmhc.org

**Central Minnesota Mental Health Center**
407 Washington Street Monticello, MN 55362
www.cmmhc.org

**Central Minnesota Mental Health Center**
1321 N 13th Street St. Cloud, MN 56303
www.cmmhc.org

**Core Professional Services**
110 14th Avenue Sartell, MN 55377

**Dept of Veterans Affairs–St. Cloud Medical Center**
4801 Veterans Drive St. Cloud, MN 56301
www.va.gov

**Fairview Counseling Center**
290 Main Street Suite 140 Elk River, MN 55330
www.fairview.org
Fairview Northland Medical Center
911 Northland Drive Princeton, MN 55371
www.fairview.org
763-389-1313

Fairview Counseling Center
25945 Gateway Drive Zimmerman, MN 55398
www.fairview.org
763-398-6326 Fax: 763-389-6455

Family Counseling Center
102 Marty Drive Buffalo, MN 55313
763-682-5420 Fax: 763-682-5803

Family Prospective Resources, Inc.
101 Jefferson Boulevard Big Lake, MN 55309
www.familypros.com
763-367-6080 Fax: 763-263-7897

Hardy & Stephens Counseling
11070 183rd Circle NW – C Elk River, MN 55330
www.hardystephens.com
763-633-5111 Fax: 763-633-5112

Health Partners Clinic – Behavioral Health
1245 15th Street N St. Cloud, MN 56303
www.hpcmc.com
320-253-6952 Fax: 320-203-2255

Lutheran Social Services
22 Wilson Avenue NE Suite 110 St. Cloud, MN 56302
www.lssmn.org
320-251-7700 Fax: 320-251-8898

MarketPlace Counseling
110 2nd Street S Suite 303 & 304 Waite Park, MN 56387
www.marketplacecounseling.com
320-253-4080 Fax: 320-253-4088

Nystrom & Associates, LTD
9075 Quaday Avenue NE Otsego, MN 55330
www.nystromcounseling.com
763-746-9492 Fax: 763-746-3685

Pathways Psychological Services, P.A.
19230 Evans Street NW Suite 202A Elk River, MN 55330
www.pathwayspsych.com
763-241-8157 Fax: 763-241-7670

Processus Counseling and Consulting Services
110 2nd Street S Suite 301 Waite Park, MN 56387
www.processus-counseling.com
320-252-2976 Fax: 320-656-1570

Psychotherapeutic Resources
325 33rd Avenue N Suite 103 St. Cloud, MN 56303
www.yourcaringresource.com
320-253-3715 Fax: 320-252-2567
St. Cloud Hospital – Behavioral Health Clinic
320-229-4977 Fax: 320-229-5109
1900 CentraCare Circle Suite 2475 St. Cloud, MN 56303
www.centracare.com

Solutions Behavioral Healthcare Professional’s
320-351-4871 Fax: 320-351-4871
508 Main Street Sauk Centre, MN 56378
www.solutionsinpractice.org

The Center for Family Counseling
320-253-3540 Fax: 320-253-1475
2025 Stearns Way Suite 111 St. Cloud, MN 56303
www.cfcinc.biz

The Village Family Service Center
320-253-5930 Fax: 320-258-4632
3950 3rd Street N St. Cloud, MN 56303
www.thevillagefamily.org

Day Treatment

Central Minnesota Mental Health Center
763-682-4400 Fax: 763-682-1353
308 12th Avenue S Buffalo, MN 55313
www.cmmhc.org

Central Minnesota Mental Health Center
320-252-5010 Fax: 320-252-0908
1321 N 13th Street St. Cloud, MN 56303
www.cmmhc.org

Intensive Residential Treatment (IRT)

Annandale
320-274-4060 Fax: 320-274-4069
380 Annandale Boulevard Annandale, MN 55302

Fresh Start (Female only)
218-724-2945 Fax: 218-724-0699
1610 E First Street Duluth, MN 55812

Northway
320-252-8648 Fax: 320-529-4909
1509 24th Avenue N Street St. Cloud, MN 56303
### Community Services & Supports

***Contact your local counseling agency or your case manager for support groups in your area***

**Adult Mental Health Case Management**

<table>
<thead>
<tr>
<th>County</th>
<th>Website</th>
<th>Phone Numbers</th>
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<tr>
<td>Benton County</td>
<td><a href="http://www.co.benton.mn.us">www.co.benton.mn.us</a></td>
<td>800-530-6254, 320-968-5087</td>
</tr>
<tr>
<td>Sherburne County</td>
<td><a href="http://www.co.sherburne.mn.us">www.co.sherburne.mn.us</a></td>
<td>800-433-5239, 763-241-2600</td>
</tr>
<tr>
<td>Stearns County</td>
<td><a href="http://www.co.stearns.mn.us">www.co.stearns.mn.us</a></td>
<td>800-450-3663, 320-656-6000</td>
</tr>
<tr>
<td>Wright County</td>
<td><a href="http://www.co.wright.mn.us">www.co.wright.mn.us</a></td>
<td>800-362-3667, 763-682-7400</td>
</tr>
</tbody>
</table>

*If enrolled in a Minnesota Health Plan, you may be referred to another provider*

**Catholic Charities – Peer Mentoring Program**

- 157 Roosevelt Road Suite 300 St. Cloud, MN 56301
- www.ccstcloud.org
- 320-240-3324 Fax: 320-240-3339

**Disability Linkage Line**

- 866-333-2466

**Independent Lifestyles – Peer Mentoring Program**

- 519 2nd Street N St. Cloud, MN 56303
- www.independentlifestyles.org
- 320-529-9000 Fax: 320-529-0747

**Men’s Support Line**

- 612-379-6367

**Mental Health Consumer Survivor Network**

- 3400 1st Street N Suite 201 St. Cloud, MN 56303
- www.mnncsn.org
- 877-210-2932, 320-654-9641

**National Alliance on Mental Illness – St. Cloud**

- Box 771 St. Cloud, MN 56302
- www.namihelps.org
- 888-NAMI-Helps, 320-654-1259

**Senior Linkage Line**

- 800-333-2433

**United Way First Call for Help**

- 211

---

**Adult Rehabilitative Mental Health Services (ARMHS)**

**Catholic Charities**

- Hope Community Support Program
- 157 Roosevelt Road Suite 300 St. Cloud, MN 56301
- www.ccstcloud.org
- 320-240-3324 Fax: 320-240-3339

**Central Minnesota Mental Health Center**

- 308 12th Avenue S Buffalo, MN 55313
- www.cmmhmc.org
- 763-682-4400 Fax: 763-682-1353
Central Minnesota Mental Health Center
1321 N 13th Street St. Cloud, MN 56303
www.cmmhc.org
320-252-5010 Fax: 320-252-0908

Family Support Services Inc.
1900 Silver Lake Road Suite 115 New Brighton, MN 55112
www.nystromcounseling.com
651-628-4993 Fax: 651-379-1772

Goodwill/Easter Seals
50 S 2nd Avenue Waite Park, MN 56387
www.goodwilleasterseals.org
320-654-9527 Fax: 320-654-9542

Prairie Community Services
801 Nevada Avenue Morris, MN 56267
www.sfhs.org
320-589-3077 Fax: 320-589-4955

REM Central Lakes
2700 First Street N Suite 103 St. Cloud, MN 56303
www.remminnesotacom
320-259-6022 Fax: 320-259-6076

Rise – Central Minnesota Works
19050 Industrial Boulevard Suite 3 Elk River, MN 55330
www.rise.org
763-441-5888 Fax: 763-441-1532

Rise – Central Minnesota Works
3400 1st Street N Suite 303 St. Cloud, MN 56303
www.rise.org
320-656-5608 Fax: 320-656-5617

Community Support Program (CSP)

Central Minnesota Mental Health Center
308 12th Avenue S Buffalo, MN 55313
www.cmmhc.org
763-682-4400 Fax: 763-682-1353

Catholic Charities
Hope Community Support Program
157 Roosevelt Road Suite 300 St. Cloud, MN 56301
www.ccsstcloud.org
320-240-3324 Fax: 320-240-3339

Intensive Community Rehabilitative Services (ICRS)

Intensive Community Rehabilitative Services
3333 W Division Street Suite 219 St. Cloud, MN 56301
320-257-4230 Fax: 320-257-2201
Independent Living Skills (ILS)

Independent Lifestyles 763-263-9000
35 Lake Street S Suite 300 Big Lake, MN 55309
www.independentlifestyles.org

Independent Lifestyles 320-529-9000 Fax: 320-529-0747
519 2nd Street N St. Cloud, MN 56303
www.independentlifestyles.org

Faith in Action www.mnfia.org
Benton 320-258-8673
Sherburne 763-263-4277
Stearns 320-258-8673
Rural Stearns 320-256-4625
Wright 763-234-3586

Recover Health 320-259-7045 Fax: 320-259-7044
110 2nd Street S Suite 138 Waite Park, MN 56387
www.recoverhealth.org

REM Central Lakes 320-259-6022 Fax: 320-259-6076
2700 First Street N Suite 103 St. Cloud, MN 56303
www.remmnnesota.com

Personal Care Attendant (PCA)

***Contact your insurance or county Public Health Department to access services***

Accurate Home Care 763-633-3800
Arise Home Health Care 320-230-6348
Avalon 763-753-8658
Barnabas Home Care 800-434-7225
Country Manner Health Care 320-253-3343
DMT Homehealth Services 763-856-3051
Mains’l 763-494-4553 x 808
Meridian Services/Orion 320-255-5151
New Horizons 320-255-1882
North Country Home Care 763-856-9955
Recover Health 320-259-7045
Veteran's Services

Minnesota Department of Veterans Affairs  www.mdva.state.mn.us

Veterans Linkage Line  888-LINKVET (546-5838)

Veterans Services

Benton County  (320) 968-5044 Fax: 320-968-5239
Box 740 Foley, MN 56329

Sherburne County  763-241-2740 Fax: 763-241-2979
13880 Business Center Drive Elk River, MN 55330

Stearns County  320-656-6176 Fax: 320-656-6257
116 10th Avenue N St. Cloud, MN 56303

Wright County  763-682-7326 Fax: 763-682-5320
10 2nd Street NW Buffalo, MN 55313
Financial

Energy Assistance

**Salvation Army** (Sherburne & Wright)  
1004 Commercial Drive Buffalo, MN 55313  
[www.thesalarmy.org](http://www.thesalarmy.org)  
763-682-8941 Fax: 763-682-7701

**Salvation Army** (Benton, Sherburne & Stearns)  
400 Highway 10 S St. Cloud, MN 56304  
[www.thesalarmy.org](http://www.thesalarmy.org)  
320-252-4552 Fax: 320-252-1424

**Tri-CAP** (Benton, Sherburne & Stearns)  
Box 683 Waite Park, MN 56387  
[www.tricap.org](http://www.tricap.org)  
888-765-5597, 320-251-1612 Fax: 320-654-9473

Medication & Prescriptions

**Minnesota RxConnect**  
800-333-2433  
[www.minnesotarxconnect.com](http://www.minnesotarxconnect.com)

**Partnership for Prescription Assistance**  
888-477-2669  
[www.pparx.org](http://www.pparx.org)

**Pharmaceutical Patient Assistance Programs**  
[www.rxassist.org](http://www.rxassist.org)

**Rx Outreach**  
[www.rxoutreach.com](http://www.rxoutreach.com)

**The Heart of the Pharmaceutical Industry**  
[www.rxhope.com](http://www.rxhope.com)

**Together Rx Access**  
[www.togetherrxaccess.com](http://www.togetherrxaccess.com)

Other Information & Financial Resources

**The Children’s Defense Fund – MN**  
**Bridge to Benefits**  
555 Park Street Suite 410 St. Paul, MN 55103  
[www.bridgetobenefits.org](http://www.bridgetobenefits.org)  
651-227-6121 Fax: 651-227-2553

**Catholic Charities**  
157 Roosevelt Road Suite 100 St. Cloud, MN 56301  
Fax: 320-229-4562  
[www.ccstcloud.org](http://www.ccstcloud.org)  
800-830-8254, 320-229-4560

**Lutheran Social Services**  
22 Wilson Avenue NE Suite 110 St. Cloud, MN 56304  
[www.lssmn.org](http://www.lssmn.org)  
320-251-7700 Fax: 320-251-8898
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<th>Organization</th>
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<tr>
<td>Minnesota Work Incentive Connection</td>
<td>800-976-6728, 651-632-5113</td>
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<td>Public Utilities Commission</td>
<td><a href="http://www.puc.state.mn.us/PUC/index.html">www.puc.state.mn.us/PUC/index.html</a></td>
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<td>Energy assistance &amp; phone line discounts</td>
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<tr>
<td>Salvation Army</td>
<td><a href="http://www.thesalarmy.org/serv/heatshare.htm">www.thesalarmy.org/serv/heatshare.htm</a></td>
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<tr>
<td>Heat &amp; housing assistance</td>
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<tr>
<td>Salvation Army (Sherburne &amp; Wright)</td>
<td>763-682-8941 Fax: 763-682-7701</td>
</tr>
<tr>
<td>1004 Commercial Drive Buffalo, MN 55313</td>
<td></td>
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<tr>
<td><a href="http://www.thesalarmy.org">www.thesalarmy.org</a></td>
<td></td>
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<tr>
<td>Salvation Army (Benton, Sherburne &amp; Stearns)</td>
<td>320-252-4552 Fax: 320-252-1424</td>
</tr>
<tr>
<td>400 Highway 10 S St. Cloud, MN 56304</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.thesalarmy.org">www.thesalarmy.org</a></td>
<td></td>
</tr>
<tr>
<td>The Village Family Service Center</td>
<td>320-258-4633 Fax: 320-258-4632</td>
</tr>
<tr>
<td>3950 3rd Street N St. Cloud, MN 56303</td>
<td></td>
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<tr>
<td><a href="http://www.thevillagefamily.org">www.thevillagefamily.org</a></td>
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**Social Security**

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<tr>
<th>Organization</th>
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<tbody>
<tr>
<td>Disability Specialists</td>
<td>800-642-6393</td>
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<tr>
<td>Outreach Services</td>
<td>800-544-9925</td>
</tr>
<tr>
<td>Social Security Administration</td>
<td>320-253-4490 Fax: 320-252-7870</td>
</tr>
<tr>
<td>3800 8th Street N Suite 100 St. Cloud, MN 56303</td>
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<tr>
<td><a href="http://www.ssa.gov">www.ssa.gov</a></td>
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Social Security Outreach Access Recovery (SOAR) [www.prainc.com/SOAR](http://www.prainc.com/SOAR)
Housing

Adult Foster care  (contact your county social service agency)

Catholic Charities – Housing Management  800-830-8254, 320-229-4576
157 Roosevelt Road Suite 200 St. Cloud, MN 56301 Fax: 320-253-4764
www.ccstcloud.org

Central Minnesota Habitat for Humanity  320-656-8890 Fax: 320-656-8841
777Lincoln Avenue NE St. Cloud, MN 56304
www.cmhfh.org

Central Minnesota Housing Partnership  888-203-9301, 320-259-0393
810 W St. Germain Street St. Cloud, MN 56301 Fax: 320-259-9590
www.cmhp.net

Dept of Veterans Affairs–St. Cloud Medical Center  320-252-1670
4801 Veterans Drive St. Cloud, MN 56301
www.va.gov

Housing & Redevelopment Authority (HRA)  320-252-0880 Fax: 320-252-0889
1225 W St. Germain Street St. Cloud, MN 56301
(Serves Benton, Sherburne, Wright & St. Cloud city limits)
www.stcloudhra.com

Housing & Redevelopment Authority (HRA)  320-685-7771 Fax: 320-685-7580
401 W Wind Court Cold Spring, MN 56320
(Serves rural Stearns County)
www.co.stearns.mn.us/902.htm

Rise – Central Minnesota Works  763-441-5888 Fax: 763-441-1532
19050 Industrial Boulevard Suite 3 Elk River, MN 55330
www.rise.org

Rise – Central Minnesota Works  320-656-5608 Fax: 320-656-5617
3400 First Street N Suite 303 St. Cloud, MN 56303
www.rise.org

Rivercrest – Chronic Inebriate Housing  320-217-7970 Fax: 320-217-7971
1315 Lincoln Avenue SE St. Cloud, MN 56304
www.centercityhousing.org

Salvation Army (Sherburne & Wright)  763-682-8941 Fax: 763-682-7701
1004 Commercial Drive Buffalo, MN 55313
www.thesalarmacy.org
www.housinglink.org. This website holds a wealth of information on housing issues, including updated info on Section 8 waiting lists; apartment rental listings; and links to federal housing resources. Some of the information is metro-county specific, but there are some resources for greater Minnesota as well.

www.hocmn.org. This is the website for the MN Homeownership Center, and it provides good information on foreclosure prevention and home buying resources.

www.hud.gov/apps/section8/index.cfm. This is the page on the HUD website where you can search for affordable housing by state and county. It's not perfect or complete, but it can be a good place to start.

Housing Resource Toolbox Web site. The Housing Resources ToolBox is your first stop for information on: housing and service options, affordable housing programs, searchable databases for locating housing, and information to help you stay in your own home.

**Board and Lodge**

**Brott's**
305 2nd Avenue S Sauk Rapids, MN 56379 320-654-8452
129 Wilson Avenue SE St. Cloud, MN 56304 320-252-8726
920 3rd Street N Waite Park, MN 56387 320-259-0586

**Cumming's Care Center**
216 3rd Avenue S Sauk Rapids, MN 56379 320-251-3447

**Dream Center of St. Cloud** (single men)
529 16th Avenue N St. Cloud, MN 56303 320-656-1550 Fax: 320-253-9735
www.dreamcenterstcloud.org

**Homestyle Living**
1312 First Street N St. Cloud, MN 56303 320-654-0650 Fax: 320-654-0650
Lange's
13892 37th Street Clear Lake, MN 55319
763-662-2836

Murphy's Boarding Home
1101 3rd Street N St. Cloud, MN 56303
320-251-6567

Place of Hope Ministries
511 N 9th Avenue St. Cloud, MN 56303
320-203-7881 Fax: 320-203-7882
www.placeofhopeministries.org

Sunset Ridge of Annandale Inc. (men only)
4986 County Road 6 NW Box 705 Annandale, MN 55302
320-274-8060

St. Elizabeth's
306 15th Avenue N St. Cloud, MN 56303
320-252-8350

Washington Place
820 8th Avenue S St. Cloud, MN 56301
320-203-1707

Emergency Shelters

Anna Marie's Alliance
Box 367 St. Cloud, MN 56302
800-950-2203, 320-253-6900
Fax: 320-253-5563
www.annamarie.org

Place of Hope Ministries
511 N 9th Avenue St. Cloud, MN 56303
320-203-7881 Fax: 320-203-7882
www.placeofhopeministries.org

Salvation Army
400 Highway 10 S St. Cloud, MN 56304
320-252-2229 Fax: 320-252-1424
www.thesalarmy.org

Salvation Army (Sherburne & Wright)
1004 Commercial Drive Buffalo, MN 55313
763-682-8941 Fax: 763-682-7701
www.thesalarmy.org
### Transitional Housing

**Catholic Charities – DOMUS Transitional Housing**  
320-259-9270 Fax: 320-259-4967  
17 19 ½ Avenue S St. Cloud, MN 56301  
www.ccstcloud.org

**Dept of Veterans Affairs–St. Cloud Medical Center**  
320-252-1670  
4801 Veterans Drive St. Cloud, MN 56301  
www.va.gov

**Jill Eckhoff Transitional House**  
800-950-2203, 320-259-1173  
Box 367 St. Cloud, MN 56302  
www.annamaries.org

**Salvation Army – Central Minnesota Program**  
320-252-4552 ext 427  
400 Highway 10 S St. Cloud, MN 56304  
www.thesarlarmy.com

### Vocational/Employment

**Central Minnesota Jobs & Training Services**  
800-284-7425, 763-271-3700  
406 7th Street E Box 720 Monticello, MN 55362  
www.cmjts.org

**Complete Career Services Inc.**  
800-450-9408, 320-255-0685  
325 33rd Avenue N Suite 108 St. Cloud, MN 56303  
Fax: 320-656-1564

**Dept of Veterans Affairs–St. Cloud Medical Center**  
320-252-1670  
4801 Veterans Drive St. Cloud, MN 56301  
www.va.gov

**Functional Industries, Inc.**  
763-682-4336 Fax: 763-682-9692  
1801 Highway 25 N Box 336 Buffalo, MN 55313  
www.functionalindustries.org

**Goodwill/Easter Seals**  
320-654-9527 Fax: 320-654-9542  
50 S 2nd Avenue Waite Park, MN 56387  
www.goodwilleasterseals.org

**Goodwill/Easter Seals**  
763-274-1823 Fax: 763-274-1825  
19463 Evans Street NW Elk River, MN 55330  
www.goodwilleasterseals.org

**Opportunity Services**  
320-203-7750 Fax: 320-203-7751  
110 6th Avenue S Suite 205 St. Cloud, MN 56301  
www.oppserv.org
Rise – Central Minnesota Works 763-441-5888 Fax: 763-441-1532
19050 Industrial Boulevard Suite 3 Elk River, MN 55330
www.rise.org

Rise – Central Minnesota Works 320-656-5608 Fax: 320-656-5617
3400 1st Street N Suite 303 St. Cloud, MN 56303
www.rise.org

Vocational Rehabilitation Services 763-295-5894, 800-450-5894
406 E 7th Street Box 720 Monticello, MN 55362 Fax: 763-295-6096
www.positivelymn.com

Vocational Rehabilitation Services 320-308-2224 Fax: 320-308-5335
1542 Northway Drive Door 2 St. Cloud, MN 56303
www.positivelymn.com

Wacosa 320-251-0087 Fax: 320-259-4679
320 Sundial Drive Box 757 Waite Park, MN 56387
www.wacosa.org

WorkForce Center 763-271-3700 Fax: 763-271-3701
406 E 7th Street Box 720 Monticello, MN 55362
www.mnwfc.org

WorkForce Center 320-308-5320 Fax: 320-308-5173
1542 Northway Drive Door 2 St. Cloud, MN 56303
www.mnwfc.org
*** For Medical appointments contact your insurance company and schedule a free ride. ***

**AC Transportation Clinic Cab**
304 Brighton Avenue S Buffalo, MN 55313
800-962-3705 Fax: 763-235-2220

**Care Transportation** (Ride Net, Care Cab, Yellow Cab)
2600 7th Street N St. Cloud, MN 56303
Fax: 320-251-7930
www.caretransportation.com

**Cities Edge Transportation LLC**
8182 Caldar Avenue SE Delano, MN 55328
Fax: 800-418-4211

**Faith in Action**
www.mnfia.org
Benton 320-258-8673
Sherburne 763-263-4277
Stearns 320-258-8673
Rural Stearns (Cold Spring area) 320-256-4625
Wright 763-234-3586

**Foley Area C.A.R.E.**
251 4th Avenue N Box 205 Foley, MN 56329
Fax: 320-968-7702
www.foleyareacare.org

**Health Access Line**
(Stearns County for consumers with MA)
320-656-6137

**Medica Provide a Ride** (Medica only)
401 Carlson Parkway Minnetonka, MN 55305
Fax: 800-601-1805
www.medica.com

**Metro Bus Dial A Ride**
665 Franklin Avenue NE St. Cloud, MN 56304
Fax: 320-252-1010
www.ridemetrobus.com

**Minnesota Non Emergency Transportation (MNET)**
866-467-1724
(Sherburne County for consumers with MA)

**River Rider** (Sherburne & Wright)
Box 395 Big Lake, MN 55309
800-821-9719, 763-263-0101

**Schumacher Transportation**
8898 175th Avenue NE Oak Park, MN 56357
Fax: 320-968-7882
866-968-9939, 320-968-9939
<table>
<thead>
<tr>
<th>Service</th>
<th>Address</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td><strong>St. Cloud Metro Transit Center</strong></td>
<td>665 Franklin Avenue NE St. Cloud, MN 56304</td>
<td>320-251-RIDE (7433)</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.ridemetrobus.com">www.ridemetrobus.com</a></td>
<td></td>
</tr>
<tr>
<td><strong>Transportation Resource Center</strong></td>
<td>Benton, Sherburne, and Stearns Counties</td>
<td>320-257-4456 or 877-717-1515</td>
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<td></td>
<td><a href="http://www.tricap.org/trc">www.tricap.org/trc</a></td>
<td></td>
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<tr>
<td><strong>Tri-CAP Transit Connection</strong></td>
<td>1200 23rd Avenue S Waite Park, MN 56387</td>
<td>320-202-7824 Fax: 320-529-4841</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.tricap.org">www.tricap.org</a></td>
<td></td>
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<tr>
<td><strong>Volunteer Driver</strong></td>
<td>Benton, Sherburne, and Stearns Counties</td>
<td>320-257-4456 or 877-717-1515</td>
</tr>
<tr>
<td></td>
<td>Wright County (60+ medical only)</td>
<td>763-682-7487</td>
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</tbody>
</table>
Additional Resources

Abuse/Assault

Anna Marie’s Alliance  
Box 367 St. Cloud, MN 56302  
800-950-2203, 320-253-6900
www.annamaries.org
Fax: 320-253-5563

Central MN Sexual Assault Center  
15 Riverside Drive NE St. Cloud, MN 56304  
800-237-5090, 320-251-4357
www.mcbw.org/help
Domestic violence programs for women available around the state.

Day One Services  
866-223-1111
www.dayoneservices.org/index.htm
Information on domestic violence programs around the state.

Advocacy & Legal Aid

Disability Advocates:  
Outreach Services  
612-332-6773
St. Cloud Housing Coalition  
320-299-7684
Roseville Salvation Army  
651-746-3400

Human Rights Office  
400 Second Street S St. Cloud, MN 56301  
320-650-3133
www.ci.stcloud.mn.us

Legal Services  
830 W St. Germain Street Suite 300 St. Cloud, MN 56301 Fax: 320-253-5794  
800-622-7773, 320-253-0121

MN Disability Law Center  
430 1st Avenue N Suite 300 Minneapolis, MN 55401  
800-292-4150, 612-332-1441
www.mndlc.org
Fax 612-334-5755

State Ombudsman – Mental Health & Developmental Disability  
www.ombudmhdd.state.mn.us  
651-757-1800
Dental

St. Cloud Technical College Dental Clinic
1540 Northway Drive St. Cloud, MN 56303
320-308-5919 Fax: 320-308-5055

The Smile Center
195 Jefferson Boulevard Big Lake, MN 55309
763-263-2222 Fax: 763-263-5822

Interpreters/Cultural Competence

A-Z Friendly Languages
763-566-4312 Fax: 763-503-3977

All in One Translation Agency, LLC
952-435-0799 Fax: 952-435-0696

Arch Language Network
651-789-7897 Fax: 651-789-7898

Betmar Languages, Inc.
763-572-9711 Fax: 763-571-3467

Bridge World Language Center, Inc.
320-259-9239

Garden and Associates
952-920-6160 Fax: 952-922-8150

Kim Tong Translation Services
612-724-5962 Fax: 612-724-4006

Language Line
800-752-0696 option 2

Nutrition

University of Minnesota Extension Services
Benton County 800-964-4929, 320-968-5077
Sherburne County 800-433-5236, 763-241-2720
Stearns County 800-450-6171, 320-255-6169
Wright County 800-362-3667, 763-682-7394
<table>
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<tr>
<th>Websites</th>
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</tr>
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<tbody>
<tr>
<td>Brain Injury Association of Minnesota</td>
<td><a href="http://www.braininjurymn.org">www.braininjurymn.org</a></td>
</tr>
<tr>
<td>Department of Human Services</td>
<td><a href="http://www.dhs.state.mn.us">www.dhs.state.mn.us</a></td>
</tr>
<tr>
<td>Disability</td>
<td><a href="http://www.disability.gov">www.disability.gov</a></td>
</tr>
<tr>
<td>Find the light online support group</td>
<td><a href="http://www.findthelight.net">www.findthelight.net</a></td>
</tr>
<tr>
<td>Housing Link</td>
<td><a href="http://www.housinglink.org">www.housinglink.org</a></td>
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<tr>
<td>Mental Health America</td>
<td><a href="http://www.mentalhealthamerica.net">www.mentalhealthamerica.net</a></td>
</tr>
<tr>
<td>Mental Health Association of Minnesota</td>
<td><a href="http://www.mentalhealthmn.org">www.mentalhealthmn.org</a></td>
</tr>
<tr>
<td>Minnesota Help Info</td>
<td><a href="http://www.minnesotahelp.info">www.minnesotahelp.info</a></td>
</tr>
<tr>
<td>National Alliance on Mental Illness</td>
<td><a href="http://www.namihelps.org">www.namihelps.org</a></td>
</tr>
<tr>
<td>National Mental Health Information Center</td>
<td><a href="http://www.mentalhealth.samhsa.gov">www.mentalhealth.samhsa.gov</a></td>
</tr>
<tr>
<td>Office of the Ombudsman for Mental Health and Developmental Disabilities</td>
<td><a href="http://www.ombudmhdd.state.mn.us">www.ombudmhdd.state.mn.us</a></td>
</tr>
<tr>
<td>Social Security Online</td>
<td><a href="http://www.ssa.gov">www.ssa.gov</a></td>
</tr>
<tr>
<td>Suicide Awareness Voices of Education</td>
<td><a href="http://www.save.org">www.save.org</a></td>
</tr>
<tr>
<td>Ticket to Work</td>
<td><a href="http://www.yourtickettowork.com">www.yourtickettowork.com</a></td>
</tr>
<tr>
<td>Work Incentives Connection</td>
<td><a href="http://www.mnworkincentives.com">www.mnworkincentives.com</a></td>
</tr>
</tbody>
</table>
**Advanced Psychiatric Directive:** A written tool used to make mental health care decisions when an individual is unable to do so because of incapacity.

**Adult Foster Care:** Licensed, sheltered living arrangement for up to four functionally impaired adults in a family-like environment. Adult foster care is available to persons age 18 years or older. Adult foster homes provide food, lodging, protection, supervision and household services. They may also provide living skills assistance or training, medication assistance and assistance safeguarding cash resources.

**Adult Rehabilitative Mental Health Services (ARMHS):** also known as the “MA Rehab Option” and Adult Mental Health Crisis Response Services are Medical Assistance (MA) State Plan Mental Health Services.

**Assertive Community Treatment (ACT):** An intensive, non-residential rehabilitative mental health service that is an identified evidence-based practice. ACT services are provided by multidisciplinary staff using a team approach, and directed to adults with a serious mental illness who require intensive services.

**Assessment:** Process of identifying: a) a person's strengths, preferences, functional skills and need for support and services; b) the extent to which natural supports are able to meet the person's need for support and services; and c) the extent to which human services agencies and providers are able to provide or develop needed support or services.

**Case Manager:** An individual who organizes and coordinates services and supports for adults with mental health concerns.

**Case Management Services:** Includes a functional assessment, individual community support plan, referral and assistance in getting needed mental health and other services, coordination of services and monitoring of the delivery of services.

**Community Alternatives for Disabled Individuals (CADI) Waiver:** Home and community based services necessary as an alternative to institutionalization that promote the optimal health, independence, safety and integration of a person who would otherwise require the level of care provided in a nursing facility.

**Community Support Plan:** Person-centered plan that reflects a person’s needs and preferences.

**Community Support Program (CSP):** Services designed to help adults with serious and persistent mental illness to function and remain in the community. These services may include; medication monitoring, assistance in independent living skills, crisis, psychological rehabilitation, and help in applying for government benefits.

**Counselor/Therapist:** A professional who helps with personal, social, or psychological problems.
Crisis Services: Provides specific short-term care and intervention strategies to a person due to the need for relief and support. This includes addressing both medical and behavioral needs.

Day Treatment: A short-term structured program consisting of group psychotherapy and other intensive therapeutic services provided by a multidisciplinary team. Day treatment services are provided to stabilize a recipient’s mental health status while developing and improving his/her independent living and socialization skills. The goal of day treatment is to reduce or relieve the effects of mental illness and provide training to enable the recipient to live in the community.

Diagnosis (Dx): The identification of a disease or problem from signs and symptoms.

Disability: Inability to engage in substantial gainful activity by reason of any medically determined physical or mental impairment that can be expected to last for a continuous period of not less than 12 months.

Evidence-Based Practices: Interventions which have consistent scientific evidence showing that they improve client outcomes.

Federal Poverty Guidelines (FPG): Index of poverty in the United States that is updated annually; the measure forms the basis of eligibility for a number of programs.

Fee-For-Service (FFS): Payment to a provider for the provision of services on a service-by-service basis.

General Assistance Medical Care (GAMC) A state-funded program that covers low income individuals who qualify for MA but are not categorically eligible for MA benefits (that is, they are not elderly, not disabled, not parents of minor children, not under age 21).

Group Residential Housing (GRH): A state-funded income supplement program that pays for room-and-board costs for low-income adults who have been placed in a licensed or registered setting with which a county human service agency has negotiated a monthly rate.

Health Maintenance Organization (HMO): Organization that provides an agreed-upon set of basic and supplemental health maintenance and treatment services to an enrolled group of persons in a particular geographic area.

Independent Living Skills (ILS): Services that develop and maintain the community living skills and community integration of a person. ILS is provided in the home of a person or in the community.

Intensive Residential Treatment (IRT): A short-term (90 day max), service provided in a 24 hour, 7 day a week residential setting to individuals who are in need of a more restrictive setting and are at risk of significant functional deterioration. Services are designed to develop and enhance psychiatric stability, personal and emotional adjustment, self-sufficiency, and skills to live in a more independent setting.

Jarvis: Law concerning non-compliant use of psychotropic medications.
Local Advisory Council (LAC) on Mental Health: The Mental Health Act of 1987 and the Children's Mental Health Act of 1989 require counties to establish local mental health advisory councils. The Act gives LAC's a broad role in the review, evaluation and planning of local mental health systems and reporting to the county board. Minnesota Statute 245.466.

Medical Assistance (MA)
Minnesota's basic Medicaid program.

Mental Health: Refers to how a person thinks feels and acts when faced with life's situations. It is how people look at themselves, their lives and the other people in their lives; evaluate the challenges and the problems; and explore choices. This includes handling stress, relating to other people and making decisions. Mental health is impacted by genetics, brain chemistry, trauma and environment.

Mental Health Practitioner: Person who provides services in the treatment of mental illness, under the supervision of a mental health professional.

Mental Health Professional: Licensed Psychologist, Licensed Psychological Practitioner, Licensed Independent Clinical Social Worker, Clinical Nurse Specialist Mental Health, Licensed Marriage and Family Therapist or Psychiatrist providing clinical services in the treatment of mental illness. These licensed professionals are able to complete diagnostic assessments to determine appropriate diagnoses and treatment plans.

Mental Illness: Organic disorder of the brain or a clinically significant disorder of thought, mood, perception, orientation, memory or behavior.

Mentally Ill and Chemically Dependent (MI/CD): A “dual diagnosis” of at least one form of mental illness and at least one substance use disorder.

MinnesotaCare
A program that provides access to health coverage for lower income persons. MinnesotaCare, which charges enrollment premiums based on household income, is operationally distinct from Minnesota's Medicaid program.

Ombudsman: Independent governmental official who receives complaints against government (and government-regulated) agencies and/or its officials from aggrieved persons, who investigates, and who if the complaints are justified, makes recommendations to remedy the complaints.

Personal Care Assistant (PCA): Assistance and support to eligible persons with disabilities and special health care needs, who live independently in the community. Services are provided by a qualified PCA and may be provided in the person's own home or in the community.

Protection and Advocacy (P & A): Federally funded organizations located in every state that protect the rights of persons with developmental disabilities. In Minnesota, the Disability Law Center is the designated Protection and Advocacy agency.

Psychiatrist: A Physician who specializes in psychiatry and is certified in treating mental disorders.
Psychologist: A Mental Health professional with special training to listen to people with problems and help them to resolve their problems.

Self-Determination: Person, or his or her authorized representative, makes his/her own decisions, plans his/her own future, determines how money is spent for his/her supports and takes responsibility for the decision he/she makes.

Serious and Persistent Mental Illness (SPMI): Person age 18 years or older who has a mental illness diagnosis and meets one of the following conditions:

- has undergone two or more episodes of inpatient care for mental illness within the preceding 24 months;
- has experienced a continuous psychiatric hospitalization or residential treatment exceeding six months duration within the preceding 12 months;
- has been treated by a crisis team two or more times within the preceding 24 months;
- has a diagnosis of schizophrenia, bipolar disorder, major depression or borderline personality disorder, evidences a significant impairment in functioning, and has a written opinion from a mental health professional stating he/she is likely to have future episodes requiring inpatient or residential treatment, unless community support program services are provided;
- has, in the last three years, been committed by a court as a mentally ill person under Minnesota statutes, or the adult's commitment as a mentally ill person has stayed or continued;
- was eligible under one of the above criteria but the specified time period has expired or the person was eligible as a child with severe emotional disturbance and the person has a written opinion from a mental health professional, in the last three years, stating that he/she is reasonably likely to have future episodes.

Sliding Fee Scale: Payment to a provider based on a percentage of income.

Spenddown: Amount of money that a person enrolled in a Minnesota Health Care Program (MHCP) is responsible to pay before they are eligible for Medical Assistance (MA).

State Medical Review Team (SMRT): Division of the Department of Human Services who makes blind and disability determinations using criteria from the Social Security Administration. SMRT determines disability status for: individuals whose application for SSI or RSDI is pending and individuals who are disabled but are not eligible for SSI or RSDI.

Subsidy: A pre-determined amount of funding given to a private company to decrease expenses

Traumatic Brain Injury (TBI) Waiver: Home and community - based services necessary as an alternative to institutionalization that promote the optimal health, independence, safety and integration of an eligible person and who would otherwise require the level of care provided in a specialized nursing facility or neurobehavioral hospital.
Notes:
*Contact the CommUNITY Project with any updated information at 320-253-4136*