

**FREE
TRAINING**

Substance Use And Mental Health Challenges For Military-Connected Individuals & Families

Presentation by: Kirsten Johnson, MPH & Captain Troy Davidson

Kirsten Johnson, MN ASAP ADCO, has been with the Army National Guard Substance Abuse Prevention team for over 4 years. Prior to that, she was an Army Medic for 10 years while the GI Bill paid for her to get her Master's in Public Health, so this role combines her drive to care for soldiers with her love for training and data tracking. She is always looking for avenues to educate others on military culture and substance use specific to our population, and it very happy to be here!

Captain Davidson, Manager of the Minnesota National Guard's Resilience, Risk Reduction, and Suicide Prevention Program (R3SP). In addition, CPT Davidson oversees the Prevention Team, LADCs, Drug Testing Coordinator and initiatives to include: risk reduction, prevention, assessment, brief intervention, referral and access to substance abuse and mental health treatment for the approximately 11,000 members of the Minnesota National Guard.

Date: Thursday, September 27, 2018 Time: 1:00pm – 3:00pm

**Location: Buffalo American Legion
304 10th Avenue South
Buffalo, MN 55313**

After attending the training, participants will:

- Gain a better understanding of the unique challenges faced by military connected members of the community seeking care for substance use disorders (SUDs) such as stigma within the ranks, cultural humility in the provision of treatment, and the limits of insurance coverage (TRICARE);
- Acquire knowledge about the specific challenges faced by organizations, agencies, and civilian treatment providers servicing these populations, and how to improve outreach and the quality of care provided to these members of the community;
- Understand the impact of mental health challenges and substance use disorders on military-connected members of the community, the effects of deployment on both service-members and their families, as well as the evolving nature of military service in a post 9/11 world.

Please join us for this training! This training is intended for those living with mental health issues, providers, family members, and community members.

RSVP by emailing CAMHI@co.benton.mn.us as seating is limited.

A Certificate of Attendance will be provided for CEUs through the Minnesota Board of Social Work

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