

**FREE TRAINING**

# **Suicide Prevention Training: Question, Persuade, Refer (QPR)**

**Presented By: Ashley Nieland**

**Regional Suicide Prevention Coordinator, Central MN Mental Health Center**

**One training, two different chances to attend! Hope you can join us for one of them!**

**1<sup>st</sup> Session**

**Date:** Wednesday, June 19, 2019

**Time:** 2:00pm-3:30pm

**Location:**

Monticello Community Center ~ Bridge Room  
505 Walnut Street, Monticello, MN 55362

**2<sup>nd</sup> Session**

**Date:** Wednesday, June 26, 2019

**Time:** 2:00pm-3:30pm

**Location:**

St. Cloud Library ~ Bremer Room  
1300 W St. Germain St, St. Cloud, MN 56301

**Participants Will Learn:**

- Question Persuade Refer (QPR) Gatekeeper Training.
- Acquire skills for identifying the warning signs of suicide and responding appropriately and quickly.
- Identify crisis resources in the area and learn how and when to access them.

Seating is limited, please RSVP by emailing [CAMHI@co.benton.mn.us](mailto:CAMHI@co.benton.mn.us).

*A Certificate of Attendance will be provided for CEUs through the MN Board of Social Work*

Please join us for this training! This training is intended for those living with mental health issues, providers, family members, and community members.

Training is brought to you by:



**Adult Mental Health Initiative**  
*Benton, Sherburne, Stearns, Wright Counties*

Please visit us at [www.mnmentalhealth.org](http://www.mnmentalhealth.org) to sign up for future trainings and announcements.