



# TELEHEALTH BEHAVIORAL SUPPORTS

*Treatment And supports for individuals in waived services.*

## HOW DO WE USE TELEHEALTH TO IMPLEMENT BEHAVIORAL SUPPORTS?

- Telehealth allows us to provide behavioral supports in home or community settings for individuals who may not otherwise have access to services.
- Behavioral supports are services that can be provided for individuals and families who have a certain level of behavioral needs.
- Behavioral supports can assist in developing an individualized treatment plan for individuals diagnosed with developmental disabilities, ASD, and related conditions.
- Treatment recommendations are based on evidence-based practices, and consideration of the values, culture, and preferences of the person and family.
- Behavioral supports can be beneficial for developmental impairments and behaviors including:
  - Challenging or aggressive Behavior
  - Self Help Needs
  - Safety Concerns
  - Social Communication
  - Restrictive, Repetitive Behaviors/Interests
  - Behavioral/Sensory Regulation

## WHO WE SERVE

Solutions Behavioral Healthcare Professionals serves individuals of all ages who are on a CADI, DD, or TBI waiver. Telehealth services are meant to provide support for individuals in rural areas where behavioral supports may be limited.

We are dedicated in providing evidence-based interventions to support the needs of each individual and their family. Services will be provided by or under the supervision of a Board Certified Behavior Analyst. Services will be provided under the supervision of a Licensed Clinical Psychologist.

## SERVICES OFFERED

- **Functional Behavior Assessment:** A thorough assessment that works to identify function of problem behaviors.
- **Telehealth:** Behavioral supports can be provided 1:1 or group instructional setting to support individuals, families, and other professionals.  
  
Requirements: Computer with internet, video recording device with microphone (i.e. cell or camera), and a team member willing to assist with recording.
- **Individualized Behavior Plans:** Thorough and specific treatment planning that utilizes evidence-based practices which are individualized to meet the consumers' needs.
- **Family/Caregiver Training:** Direct training to families or caregivers to address the individualized needs in the home or community
- **Consultation:** Providing behavioral consultation for children, adolescents, and adults in home-based, school-based or center-based settings.
- **Crisis Planning:** Development of specific crisis plans to support teams in managing problems behaviors.

These services are offered in various settings to best address the needs of each individual.

Services are provided by a continuum of trained staff, including, Board Certified Behavior Analysts, Behavioral Specialists, and Mental Health Professionals

If you have questions regarding how to access telehealth behavioral supports please contact:

**Charles Burd, MS, BCBA**  
Phone: 218-791-9530



## SERVICE LOCATIONS

- MOORHEAD, MN  
891 Belsly Boulevard, 56560  
(218) 287-4338 | Fax: (218) 287-5928
- DETROIT LAKES, MN  
1104 West River Road, 56501  
(218) 844-6853 | Fax: (218) 844-6854
- FERGUS FALLS, MN  
1806 Fir Ave. E., Suite 200, 56537  
(218) 998-2992
- ALEXANDRIA, MN  
512 30th Ave. E., Suite 100, 56308  
(320) 762-5411 | Fax: (320) 762-0829
- WAITE PARK, MN  
423 Great Oak Dr., 56387  
(320) 281-5305
- FARGO, ND  
1126 Westrac Drive, 58103  
(701) 412-2973 | Fax: (701) 237-4407

## SOLUTIONS BEHAVIORAL HEALTHCARE PROFESSIONALS FOCUSES ON IMPLEMENTING THE BEST PRACTICES BY:

- Utilizing evidence based practices
- Individualizing programming to fit the needs of each individual and family.
- Providing high-quality, on-going training for all staff
- Continued collection and analysis of data
- Investing in family and caregiver involvement in each individuals treatment
- Team-based approach
- Collaborating with other professionals to increase effectiveness and consistency of programming
- Strive in generalizing skills across multiple settings for long lasting outcomes



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*Leaders* IN PRACTICE,

PRIVILEGED IN MISSION



NOTHING *in life* IS TO BE FEARED, IT IS ONLY TO BE *understood*.

NOW IS THE TIME TO UNDERSTAND MORE, SO THAT WE MAY *fear less*.

*Marie Curie*