



SOLUTIONS
BEHAVIORAL HEALTHCARE PROFESSIONALS

Leaders
IN PRACTICE
PRIVILEGED IN MISSION

During this global crisis, it's normal to feel scared, nervous, sad and stressed. Your health and well being are our highest priority. Get the help you need so you can continue providing for others.

WE'RE ALL IN THIS TOGETHER

Services include but not limited to:

- ❖ Compassion fatigue
- ❖ Building staff wellness
- ❖ Risk and protective factors for emergency workers

For your convenience:

- ❖ Mental healthcare virtually anywhere and any time
- ❖ Flexible hours to fit your schedule
- ❖ Secure video appointments
- ❖ TeleHealth, office and telephone appointments

ESSENTIAL EMPLOYEES:
HEALTHCARE
ELECTRICIANS
FOOD SERVICES
COUNTY WORKERS
MINISTRY
PUBLIC SAFETY
GOVERNMENT
ETC.

MOORHEAD, MN
(218) 287-4338

DETROIT LAKES, MN
(218) 844-6853

FERGUS FALLS, MN
(218) 998-2992

ALEXANDRIA, MN
(320) 762-5411

SAINT CLOUD, MN
(320) 281-5305

FARGO, ND
(701) 412-2973



"The purpose of life is to contribute in some way to making things better."

~ ROBERT F. KENNEDY

Solutions