

**FREE TRAINING**

# **Mental Health & The LGBTQ+\* Community**

## **Presentation by: Nate Cannon**

Nate holds a BA in Sociology of Law, Criminology and Deviance from the University of Minnesota, a Paralegal certificate, and Master of Fine Arts in Creative Writing from Hamline University. He is an award winning, nationally recognized public speaker, trainer, and author. A fierce advocate for transgender rights, mental health awareness, and neurological health issues, he is 15 years sober and has completed 15 marathons since 2009 despite the onset of acquired dystonia, a painful and challenging neurological disorder. He speaks regularly to educators, law enforcement, health care providers, and the public regarding his experiences being transgender and in recovery, living with both mental illness and a physical disability resulting from a suicide attempt.

**One training, two different chances to attend! Hope you can join us for one of them!**

### **1<sup>st</sup> Session**

**Date:** Tuesday, September 10, 2019

**Time:** 9:00am-12:00pm

**Location:** Monticello Community Center  
Mississippi Room

505 Walnut Street, Monticello, MN 55362

### **2<sup>nd</sup> Session**

**Date:** Tuesday, September 17, 2019

**Time:** 1:00pm-4:00pm

**Location:** Stearns County Service Center  
Room 121 B/C/D

3301 Co Rd 138, Waite Park, MN 56387

**During each training session, Nate will cover two topics: *Thriving with Layered Identity: Mental Health and Suicide in the LGBTQ community* and *Serving the Transgender Community: Policy and Crisis Intervention Strategies***

Attendees Will:

- Learn about the experience traversing the intricacies of gender transition.
- Learn about complexities of transition for individuals who live with a mental illness and layered identity.
- Learn about policy analysis, review, and implementation when working with the transgender or non-binary community.

Please join us! This training is intended for those living with mental health issues, providers, family members, and community members who work in or are residents of Benton, Sherburne, Stearns or Wright County.

Seating is limited, so please RSVP by emailing [CAMHI@co.benton.mn.us](mailto:CAMHI@co.benton.mn.us)

*A Certificate of Attendance will be provided for CEUs through the MN Board of Social Work*

Training is presented by:



**Adult Mental Health Initiative**  
*Benton, Sherburne, Stearns, Wright Counties*

Please visit us at [www.mnmentalhealth.org](http://www.mnmentalhealth.org) to sign up for future trainings and announcements.

\*LGBTQQAAP: Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex, Asexual, Ally, Pansexual