

CommUNITY Adult Mental Health Initiative  
Advisory Committee  
 June 3, 2021

Voting Members Present: 13  
 Quorum Required: 10

<b>Representative</b>	<b>“X” = Present</b>	<b>Stakeholder</b>	<b>Alternate</b>	<b>“X” = Present</b>
Shoberg, Sandi		Benton County	Koscielniak, Peggy	
(Vacant)		Benton County Community Advocate	(Vacant)	
Kelly, James	X	CBHH	Gribas, Steve	
Krupa, Jaime – <b>Chair</b>	X	CSP – Stearns/Benton	Sheehan, Meg	
(Vacant)		CSP – Sherburne/Wright	(Vacant)	
Hinz, Tracy	X	MHC – Sherburne/Wright	Bills, Alyshia	X
Lee, Dr. Richard	X	MHC – Stearns/Benton	(Vacant)	
Johannes, Victoria	X	Sherburne County	(Vacant)	
Aaron, Denice	X	Sherburne County Community	(Vacant)	
Bershok, Joel	X	St. Cloud Hospital	(Vacant)	
Young, Leslie – <b>Vice Chair</b>	X	Stearns County	Salsness-Tvedten, Jennifer	
Long, Lori	X	Stearns County Community Advocate	Brown, Polly	X
Pine, Mary Jo		VA Medical Center	Hovland, Vonni	
Eich, Krissy	X	Vocational Sherburne/Wright	Tornell, Jo	
Danda, Julie	X	Vocational Stearns/Benton	Gaedy, Maureen	
Thorpe, Lori	X	VRS – Sherburne/Wright	Krukenberg, Hillary	
Chirhart, Andrea		VRS – Stearns/Benton	Outhwaite, Jessica	
Erkens, Diane	X	Wright County	Pooler, Jill	
Wurm, Rodney		Wright County Community Advocate	(Vacant)	

<b>Ex- officio members</b>		
Oberg, Bethany	X	Initiative Coordinator
(Vacant)		DHS

<b>Other attendees</b>		
Byker, Ben	X	Central MN Council on Aging

		<b>Other attendees</b>
Conant, Amy	X	Wellness in the Woods
Freyholtz, Jode		Wellness in the Woods
Bruns, Mary Jeanne	X	Wellness in the Woods
Reichard, Rebecca		CMMHC- Elk River
Kinke, Jackie		Buffalo Hospital
Rosival, Ashley	X	BCBS
Eigenheer, Sara	X	Options for Employment LLC
Frye, Angela		Refractions IRTS
Magaard, Derek		Sherburne County HH
Flack, Leon	X	UCare
Speakman-Gomez, Sue		HousingLink/Beyond Backgrounds
Giddens, Jennifer	X	HousingLink/Beyond Backgrounds
Page, Jennifer		Independent Living Services of Central MN
Hawke, Haylee	X	Canvas Health
Johnson, Lance		Residential Care
Novak, Jen	X	REM (The Mentor Network)
Keeville, Samantha		Solutions
Backes, Cheri	X	
Lillestol, Jessica	X	Fast-Tracker
Vukelich, Linda	X	Fast-Tracker
Meulemans, Samantha	X	Fast-Tracker
Jackson, Ted	X	Northstar IRT
Legatt, Tracanne	X	Volunteers of America

**Call to order:**

Jaime Krupa called the meeting to order at 1:01 p.m. The mission statement was read and introductions were made.

**Current Agenda:**

Tracy made a motion to approve the agenda; Krissy seconded. All in favor, motion carried.

**Minutes – April 1, 2021:**

Diane made a motion to approve the meeting minutes from April 2021; Tracy seconded. All in favor, motion carried.

**Highlighting Area Providers/Services**

- a. Central MN Mental Health Center – Certified Community Behavioral Health Clinic (CCBHC):  
Dr. Rick Lee.
  - a. The concept of a CCBHC is a model of care with Trauma Informed Care, Health Integration, and Care Coordination at its core.
  - b. Minnesota has 6 CCBHC federal demonstration project sites, 3 SAMHSA grant recipient sites and multiple mental health centers (including CMMHC) working towards certification in 2021-2022.
  - c. They are required to offer mental health, substance use disorder (SUD), and primary

- care screening services
- d. Evidence-based, trauma-informed, recover-oriented, person and family centered care
- e. Early outcomes have seen decreased hospitalizations, decreased suicide attempts, decreased deaths by suicide, decreased cost to system, 68% reduction in wait time for Mental Health and Substance Use Disorder services
- f. Provides one treatment plan with all providers working towards one set of overall health goals for each client
- g. Everyone is eligible regardless of insurance. Sliding fee scale for all clients in all CCBHC programs
- h. CMMHC is hoping to go live September 7, 2021
- b. Fast-Tracker – Jessica Lillestol, Fast-Tracker Support Specialist-MN Lead \* Samantha Meulemans, Sr. Fast-Tracker Support Specialist-SUD Lead \* Linda Vukelich, Fast-Tracker Executive Director
  - a. Open-source searchable database designed to be maintained and accessible by mental health and substance use disorder community
  - b. Real time appointment availability
  - c. Available to the general public as well has providers
- c. Northstar Intensive Residential Treatment Services (IRTS) – Ted Jackson, Director of Outreach; Renata Bosek, Director of IRTS
  - a. Extended stay treatment facility (up to one year)
  - b. Four locations in the metro
  - c. One out-state location in Fergus Falls
  - d. Have mobile assessment capabilities
  - e. In final states for being approved for withdrawal management program
- d. Serenity Mental Health Services, Jacqui Ruzicka
  - a. Outpatient therapy
  - b. ARMHS services

**Financial Report:** *Peggy*

Bethany summarized the financial report.

Diane made a motion to approve the financial report; Lori seconded. All in favor, motion carried.

**CommUNITY Mental Health Initiative Committee and Grant Updates:**

- a. *Housing Coalition:* Jaime gave an update
- b. *Vocational Grant:* Krissy indicated they process their reports quarterly and will provide numbers at the next meeting
- c. *Anti-Stigma Workgroup:* Bethany said they are looking forward to being able to attend resource fairs and events in the coming months. In the meantime, they are posting articles on the website.
- d. *Training Workgroup:* Bethany provided an update to upcoming trainings being offered. Looking at bringing back in person training in the fall.
- e. *Peer Socialization – VPSN –* Amy provided updates on the data of the virtual peer support network. Discussing having in-person Imagine Network activities again
- f. *Jail Program:* Bethany provided numbers from the first quarter of 2021.

- g. *HousingLink/Beyond Backgrounds*: Jennifer provided an update of the number of people who have been housed. <https://central-mn.paperform.co/>

**Community Based Mental Health Services:**

- a. *IRTS*:
- i. Northway – Alyshia updated their number of people served. They have been able to increase community integration for their clients
  - ii. Refractions – Bethany updated the number of people they have served. They are increasing their staffing.
  - iii. ResCare – No one in attendance
- b. *ACT*: Tracy provided an update. They are looking to increase the number of face to face interactions. Currently have 3 open positions
- c. *Crisis Response Team*: Tracy provided an update on mobile and residential care. They have hired a new Director who will start in July. Continuing to see an increase in child mobile calls, family needs are mounting.
- d. *Crisis Bed Program*:
- e. *Inpatient*:
- i. St. Cloud Hospital: Joel shared that adult mental health has remained full. ER has continued to see a large number of people. There currently are not any beds available in Minnesota. EmPATH is scheduled to be open August 2<sup>nd</sup> and they are hiring multiple positions
  - ii. Buffalo Hospital: No one in attendance
  - iii. Monticello Hospital: No one in attendance
- f. *V.A.*: Mary Jo provided an update on person's served for their various units. Mental Health outpatient construction on the second floor is set to be completed in January 2022. Masks are required in all open areas. There is a VA Standdown building that offers clothing, haircuts, computer access, and other services. There will be an Expo on October 28<sup>th</sup> at the Civic Center.
- g. *CBHH*: Jim shared updates on numbers. They are now open for visitors by appointment.
- h. *V.R.S.*: Lori said they are seeing a lot of referrals from high schools. They are continuing to work virtually.
- i. *Website*: Posting article in the news section and posting trainings in the calendar. Trainings are open to the general public as well as social workers and public health workers.

**Open Forum:**

Bethany announced we will be moving back to in-person meetings in the fall starting with the October meeting.

Polly shared that the VA Standdown location also has personal hygiene products and will also be offering AA meetings

**Next Meeting:**

August 5, 2021 from 1:00 to 3:00 via Zoom.

**Adjourn**

Denice made a motion to adjourn the meeting, Diane seconded. Meeting adjourned at 2:35 p.m.