

FREE TRAINING

safeTALK: A Suicide Prevention Workshop

Presented by: Kay King & Marilyn Dornfeld, M.Ed.

Kay is a Community Educator & Older Adults Program Director for National Alliance on Mental Illness (NAMI) and Marilyn is the Director of Adult Programming for NAMI

Date: Tuesday, March 1, 2022 Time: 10:30am- 2:00pm

Location: Sherburne County Government Center ~ Maple Room A & B*
13880 Business Center Dr., Elk River, MN 55330

*Maple Room A & B Directions: Enter the Government Center through Door A. Go to the left, you can take the 1st or the 2nd hallway to the right. This will take you to the Atrium. Take the hallway under the clock (the old HHS door) and the Maple Room is the first room on the left.

***Although the venue space will allow for social distancing, we ask that all attendees wear a mask during this training regardless of vaccination status.**

Listed on the national best practice registry, safeTALK allows time for both practice and discussion. safeTALK is based on research that shows people experiencing thoughts of suicide often send out subtle invitations to help them stay safe.

Participants will learn:

- How to support someone's desire for safety by recognizing the warning signs of suicide,
- To identify people who are at risk,
- How to apply the TALK steps (Tell, Ask, Listen, and KeepSafe) to connect a person to suicide first aid resources.

A skilled, supportive trainer will guide participants through the course, and a community resource will be on hand to support your safety and comfort.

This training is intended for those living with mental health issues, providers, family members, and community members who work in or are residents of Benton, Sherburne, Stearns, or Wright County.

Registration is required for this training as seating is limited. Please use the following link: [SafeTALK -> Elk River 3/1/22 Registration, Tue, Mar 1, 2022 at 10:30 AM | Eventbrite](#)

A Certificate of Attendance will be provided for CEUs through the MN Board of Social Work

Training is brought to you by:



Adult Mental Health Initiative
Benton, Sherburne, Stearns, Wright Counties



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