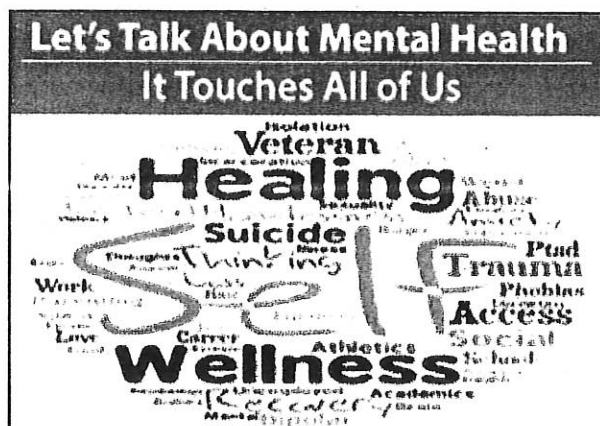


# Mental Health Recovery is Possible!



**First Wednesday of every month  
5 – 6 p.m.  
Good Earth Co-Op  
2010 Veterans Drive, St. Cloud, MN**

**Stop looking in, and join in! Hear stories of hope and inspiration from fellow Veterans as they share their stories of mental health recovery, and learn how VA mental health services can make a positive difference in your life!**

**All Veterans and family members are welcome! No referral or registration required—come as you are.**

**Questions? Contact Leigh Van De Walker, MSW, LICSW at 320-252-1670, ext. 6503 or [leigh.vandewalker@va.gov](mailto:leigh.vandewalker@va.gov)**

Contact the St. Cloud VA Health Care System

(320) 252-1670 | 800-247-1739

[www.stcloud.va.gov](http://www.stcloud.va.gov) | [www.facebook.com/stcloudvahcs](https://www.facebook.com/stcloudvahcs)

**VA**



**U.S. Department  
of Veterans Affairs**  
Veterans Health  
Administration  
St. Cloud VA  
Health Care System