

CommUNITY Adult Mental Health Initiative

Advisory Committee

June 1, 2017

Voting Members Present: 21

Quorum Required: 7

Representative	“X” = Present	Stakeholder	Alternate	“X” = Present
		CSP – Sherburne/Wright		
Kelly, James		CBHH	Kragenbring, Mark	
Wilkus, Maureen	X	Sherburne County		
Danda, Julie	X	Vocational Stearns/Benton	Gaedy, Maureen	
Erkens, Diane		Wright County	Miller, Michelle	
Fluey, Kathryn	X	Sherburne County Comm. Adv.-V. Chair	Morrison, Brenda	
Grand, Jill	X	VRS – Sherburne/Wright	Krukenberg, Hillary	
Hagfors, Marsha		Benton County	Moench, Laurale	
Hanks, Sue	X	CSP – Stearns/Benton	Sheehan, Meg	
Hinz, Tracy		MHC – Sherburne/Wright - Chair	(Vacant)	
Johnson, Rick		Benton County Community Advocate		
Knop-LaPlant, Sheila		Wright County Community Advocate		
Dr. Richard Lee	X	MHC – Stearns/Benton	LaGow, Catherine	
Long, Lori		Stearns County Community Advocate	Brown, Polly	X
Mikes, Emilie		Community Based Services	Ringstad, Ken	
Eich, Krissy	X	Vocational Sherburne/Wright	Smith, Henry	
Pine, Mary Jo	X	VA Medical Center	Hovland, Voni	
Ellis, Julie		Stearns County	Harren, Candace	X
Shoberg, Sandi	X	Benton County	Koscielniak, Peggy	X
Bershok, Joel	X	St. Cloud Hospital	Walker, Chris	
Wittrock, Skip	X	VRS – Stearns/Benton	Othwaite, Jessica	

Ex- officio members		
Bernstein, Faye		DHS
Oberg, Bethany	X	Initiative Coordinator

Other attendees		
Preusser, Samantha		Central MN Sexual Assault Center
Rocheleau Dorholt, Jennifer	X	CMMHC
Starkka, Kathy		Buffalo Hospital
Tregaskis, William		Buffalo Hospital
Shamp, Melinda		Wellness in the Woods
Jaeger, Amanda	X	Wellness in the Woods

Ruhoff, Nicole		Benton County
Meyer, Angel		Solutions Behavioral Healthcare
Carter, Amy		Rise, Inc.
Gribas, Steve		Volunteers of America
Morris-Greiman, Christine		Accurate Home Care
Alf, Thomas		New IRT Update
Pellaton, Brandon		Monticello Hospital
Biggins, Holly		Peer Support Specialist Training
Wieman, Molly		TXT4Life
Keeville, Samantha		Solutions Behavioral Healthcare
Rhoads, Chad		
Parteh, Lisa	X	Functional
Kiess, Stephanie	X	

Call to order:

Kathryn Fluey, called the meeting to order at 1:03 p.m. The mission statement was read and introductions were made.

Current Agenda:

Motion made by Sandi Shoberg to approve the agenda and seconded by Skip Wittrock. Motion carried.

Minutes – April 6, 2017:

Motion made by Polly Brown to approve the minutes and seconded by Krissy Eich. Motion carried.

Financial Report: Peggy

There were recommendations that the flex funds be condensed to one line. This will reflect on the financial report from now on. The other change is instead of having a whole page for the cash balance which hasn't changed much in the last year, it was recommended that we do a line for cash balance and if there is any activity, Peggy will update everyone at the meeting.

They are currently at 34% for the year and have spent out 19% of the crisis grant. This is not unusual for this time of the year. Julie Danda made a motion to accept the financial report and it was seconded by Krissy Eich. Motion carried.

CommUNITY Mental Health Initiative Committee and Grant: Updates

- a. Housing Coordination – Currently the Bridges are at a total of 22 with 1 pending, Bridges LTH total is 8 with 4 pending, the Community Project has a total of 13 with 1 pending, and the waiting list is at 505. People with vouchers is 59, people without is 34. There are 27 housing intakes for April and May.
- b. Vocational Grant – There were not any specific updates.
- c. Anti-Stigma Workgroup – They are planning an expo in July. This expo is being put on with the Hi-C program. They intend on doing the project connect this fall. They have also talked about and received information on doing newspaper ads in the four county area. They are seeking other options for publishing to save funds. The biggest change with the

group is that they are focusing more on the educational portion with mental health to spend other funds on.

- d. Training Workgroup – There is a “Let Go and Get Over It” training on June 19th. This a great training for professionals being able to deal with negative emotions. There is also a Suicide Prevention training and a Cultural Responsiveness that is focused on the East African Culture. They are working on finalizing everything for another training in September at the Service Center. Dr. Lee brought up that he is a part of the ACES Collaborative in Stearns County and he knows that there are some things beginning to expand outside of Stearns County. He said he attended a webinar regarding a curriculum that dealt with different cultures. This webinar was called Live Life to the Full. He thought this may be something that the initiative might be interest in.
- e. Peer Mentoring – For the mentee’s there is a total of 24, peer mentors 16. They have a total of 18 on the mentee’s waiting list and 3 on the mentor’s waiting list. The comments are that they are continuing to see movement between the mentees and mentors.

Community Based Mental Health Services: Updates

- a. IRTS – Northway: As of April they had 5 beds occupied. They have been around 7 or 8 most of May. They have been under construction which has been very disruptive for staff and clients. The construction is almost done now and it is a significant improvement from what it was.
- b. ACT: No specific updates other than on the report from April and March you will see one Anoka and one Ramsey on the list, this is the same person who they were not actively serving. The third ACT team efforts are still under way in Becker. No updates at this time for the Becker location.
- c. Crisis Response Team: For the months of March and April they had 2.7 clients a day. The numbers are not up a lot. The county break down in on the hand out. Please see hand out.
- d. Crisis Bed Program: See handouts.
- e. Inpatient:
 - i. St. Cloud Hospital: They hired their peer specialist and she started in May.
 - ii. Buffalo Hospital: No updates.
 - iii. Monticello Hospital: They have put a pause on their in reach program while they start their psych unit. There will be an open house on June 13th to tour the facility before they start to serve people.
- f. V.A.: They have a new administrator who is very nice and willing to attend a meeting with us if we would like. There was a handout about Zero Suicide. Mary Jo talked about getting the suicide rates in veterans down. She spoke about identifying people with other risk factors and suicide is preventable. Mary Jo believes it all starts with a strong leadership which she said they now have. She would like to move forward with more options to really help the veterans and that we all need to work together to make a difference.
- g. CBHH: They are fully staffed.
- h. V.R.S: There has been a major shift in staffing. There are a lot of folks who are trading positions to be closer to their homes. This is causing training issues. They were awarded a new FTE position and are interviewing for that position. This position is in counseling.
- i. Website: As of today they had 1.5 million. They average around 1,100-1,200 visits per day. There is still a high volume of visits. Bethany encourages people to use the website other than the guides because the website will be the most current and have more providers. She would like everyone to double check their services on the website also to ensure all information is always up to date and accurate.

Open Forum:

Amanda Jaeger spoke about Wellness in the Woods and asked if any of the four counties would be interested in joining the program for \$500.00 a month.

Adjourn

Motion made by Sandi Shoberg to adjourn the meeting, seconded by Skit Wittrock. Meeting adjourned at 1:50 p.m.

Next meeting is August 3, 2017 at 1:00 p.m. at the Sherburne County History Center.