

FREE TRAINING

Suicide Prevention Training

**By: Mary Jo Pine RN, Suicide Prevention Coordinator at the St
Cloud Veteran's Administration Health Care System.
NBCC Provider #5889**

Date: Monday, September 26, 2016 **Time:** 9:00am – 10:30am

Location: Stearns County Service Center
3301 County Road 138, Waite Park
Rooms 121 C/D/E

Please join us for this training! Intended for those living with mental health issues, providers, family members, and community members.

Participants Will Learn:

- Question Persuade Refer (QRP) Gatekeeper Training
- Enhance awareness about suicide through public education
- Learn warning signs of suicidal thinking and behavior
- Learn three basic intervention skills that can help avert suicide
- Increase understanding importance of Mean Restriction
- Increase awareness of the “Five Signs” of an emotionally hurting person

RSVP to CAMHI@co.benton.mn.us is appreciated as seating is limited.

A Certificate of Attendance will be provided for CEUs

Training is presented by:



Adult Mental Health Initiative
Benton, Sherburne, Stearns, Wright Counties

Please visit us at www.mnmentalhealth.org to sign up for future trainings and announcements.