

CommUNITY Adult Mental Health Initiative

Advisory Committee

April 6, 2017

Voting Members Present: 21

Quorum Required: 7

Representative	“X” = Present	Stakeholder	Alternate	“X” = Present
		CSP – Sherburne/Wright		
Kelly, James	X	CBHH	Kragenbring, Mark	
Wilkus, Maureen	X	Sherburne County		
Danda, Julie	X	Vocational Stearns/Benton	Gaedy, Maureen	
Erkens, Diane	X	Wright County	Miller, Michelle	
Fluey, Kathryn	X	Sherburne County Comm. Adv.-V. Chair	Morrison, Brenda	
Grand, Jill	X	VRS – Sherburne/Wright	Krukenberg, Hillary	
Hagfors, Marsha	X	Benton County	Moench, Laurale	
Hanks, Sue	X	CSP – Stearns/Benton	Sheehan, Meg	
Hinz, Tracy	X	MHC – Sherburne/Wright - Chair	(Vacant)	
Johnson, Rick		Benton County Community Advocate		
Knop-LaPlant, Sheila	X	Wright County Community Advocate		
Dr. Richard Lee	X	MHC – Stearns/Benton	LaGow, Catherine	X
Long, Lori	X	Stearns County Community Advocate	Brown, Polly	
Mikes, Emilie		Community Based Services	Ringstad, Ken	
Eich, Krissy	X	Vocational Sherburne/Wright	Smith, Henry	
Pine, Mary Jo	X	VA Medical Center	Hovland, Voni	
Ellis, Julie		Stearns County	Harren, Candace	X
Shoberg, Sandi	X	Benton County	Koscielniak, Peggy	X
Bershok, Joel	X	St. Cloud Hospital	Walker, Chris	
Wittrock, Skip	X	VRS – Stearns/Benton	Othwaite, Jessica	

Ex- officio members		
Bernstein, Faye		DHS
Oberg, Bethany	X	Initiative Coordinator

Other attendees		
Preusser, Samantha		Central MN Sexual Assault Center
Rocheleau Dorholt, Jennifer		CMMHC
Starkka, Kathy		Buffalo Hospital
Tregaskis, William		Buffalo Hospital
Shamp, Melinda		Wellness in the Woods
Jaeger, Amanda	X	Wellness in the Woods

Ruhoff, Nicole		Benton County
Meyer, Angel		Solutions Behavioral Healthcare
Carter, Amy	X	Rise, Inc.
Gribas, Steve		Volunteers of America
Morris-Greiman, Christine	X	Accurate Home Care
Alf, Thomas		New IRT Update
Pellaton, Brandon		Monticello Hospital
Biggins, Holly	X	Peer Support Specialist Training
Wieman, Molly	X	TXT4Life
Keeville, Samantha	X	Solutions Behavioral Healthcare
Rhoads, Chad	X	

Call to order:

Tracy Hinz, called the meeting to order at 1:00 p.m. The mission statement was read and introductions were made.

Current Agenda:

Motion made by Lori Long to approve the agenda and seconded by Diane Erkens. Motion carried.

Minutes – February 2, 2017:

Motion made by Sandi Shoberg to approve the minutes and seconded by Katheryn Fluey. Motion carried.

TXT4Life Speaker: Molly Wiemann

Molly spoke about TXT4Life. Their youngest texter has been 7 years old and their oldest texter was 84 years old. They have expanded TXT4life to help everybody and anybody. They are open 24/7. There is always staff available to service folks. They cannot promote outside of their area because they just would not be able to keep up if they did. The way TXT4Life works is, folks text life to the line for help, and stop to stop services. If TXT4Life feels the individual is in danger, they can call law enforcement. The primary text messages they receive is for mental health, suicide, and relationship issues. An average conversation lasts roughly 31 minutes. There has been a 3% increase in text messages in one year. This is a much utilized service they are seeing. The most commons days are Tuesdays and Thursdays. Canvas Health/TXT4Life is out of Richfield, Minnesota.

Peer Support Specialist Training: Holly Biggins

Holly spoke about Peer Support Training. She was wondering if the training would be beneficial to come back for folks in our area to attend. They would be most interested in doing this if we thought there was a need for this training. They usually have 15-20 people attend the training at a time. They are starting to do more tracking in this area. The process to get this started would be to contact Holly Biggins and she will determine where they can go with the trainings. They could hold the training in any one of our four surrounding counties. Holly would like to encourage the implications of more Peer Specialist Training in our area. Holly Biggins can be reached at 218-820-5327.

Accurate Home Care: Christine Morris-Greiman

Christine spoke about Accurate Home Care. Christine is the clinical supervisor for Accurate Homes Cares Day Treatment in Sartell. Their in home program serves a wide area. They are in Benton, Sherburne, Stearns, and Morrison. They serve a wide variety of areas. All of their in home staff are trained in parent teaming and working on parenting skills with parents. They recognize the family system as their area of intervention. They have day treatment centers in Princeton, Coon Rapids, and Sartell. Christine Morris-Greiman has recently opened a private practice in St. Cloud for adults.

Financial Report: Peggy Koscielniak

Through February 2017, they are at 3% for the year with \$22,750.00 paid out. See handout. Motion was made by Lori Long to approve the financial report as presented and seconded by Diane Erkens. Motion carried.

AMHI Redesign: Sandi Shoberg

Sandi wanted to know what should be added to the initiative statement or taken out. Sandi is open to any ideas or opinions on how things should be worded in the initiate and is willing to change anything. See hand out of AMHI Mission/Vision and Purpose.

CAMHI Priorities: Bethany

Bethany spoke about what the budget workgroup is working on and what we thought were priorities. The budget group is meeting next week and was wanting feedback from the group. Bethany had handouts to have filled out and handed back to her for feedback. This would be for the 2018 budget and going forward.

CommUNITY Mental Health Initiative Committee and Grant updates:

- a. Housing Coordination – Currently the Bridges are at a total of 22 with 1 pending, Bridges LTH total is 8 with 5 pending, the Community Project has a total of 14 with 2 pending, and the waiting list is at 489. See hand out for more specific updates.
- b. Vocational Grant – The majority of their folks rolled over from 2016. There has been one new job placement this quarter. They are very personable with their clients. There is no cut off of 90 days or such, they really want to work with their folks. See handout for more specific updates.
- c. Anti-Stigma Workgroup - Bethany Oberg: They have had multiple events that they have attended in March. They have ideas that they want to do for the month of May for Mental Health Month. They are going to try to work with Marcus Theaters for some advertising again.
- d. Training Workgroup - Bethany Oberg: They have several trainings coming up. There is a Sex Trafficking that will be at the Centra Care Behavioral Health Plaza. The Light to Legacy. This is an advanced health directive training. This is in the Mississippi room at the Library. The Safe Space one is in May. May 24th there is a full day of training that is working with NAMI.
- e. Peer Mentoring – The peer mentee’s numbers are Benton 3, Sherburne 5, Stearns 16, and Wright 1 with a total number of 25. Peer Mentor numbers are Benton 1, Sherburne 3, Stearns 13, Wright 0, with a total number of 17. See the attached reports for more specific statistics.

Community Based Mental Health Services Updates:

- a. IRTS – Northway: As of February they had 7 beds occupied, 5 from Stearns, 2 from Benton, 1 from Wright, 1 from Sherburne, 1 from Isanti, and 1 from Kanabec. There were

- zero clients in the month of December with no insurance. As of March first there were 3 beds available.
- b. ACT: They ended February with 76 clients, 56 from Stearns, 17 from Benton, 2 from Sherburne, and 1 from Anoka. There were 622 total billable contacts for February. For the Monticello ACT team there were 84-86 clients. In February there were, 5 from Stearns, 2 from Benton, 59 Wright, and 18 Sherburne. There were 7 clients that were non MA. There was a total of 705 billable contacts for February. There is an opening on the Monticello ACT team for a vocational specialist. Dr. Lee mentioned that they are looking to open a third ACT team located in the Becker/Big Lake area.
 - c. Crisis Response Team: Mobile Crisis is hiring a Certified Peer Specialist. For the month of March they had 71 children calls, 980 adult calls, 19 kid mobiles, and 39 adult mobiles. For Benton County specifically, they had 4 children mobiles and 7 adult mobiles in March. The bed average is 2.75. They average 3.1. For March mobile wise is 1 child in Sherburne, 5 in Stearns, and 9 in Wright. For Adults 7 in Benton, 4 in Sherburne, 19 in Stearns, and 8 in Wright. Adult Calls, Benton 221, Sherburne 93, Stearns 450, and Wright 162, and outside the catch man area there were 54. For children's calls there were 3 in Benton, 10 in Sherburne, 23 in Stearns, 28 in Wright, and 7 outside the catch man area.
 - d. Crisis Bed Program: See handouts.
 - e. Inpatient:
 - i. St. Cloud Hospital: They are fully operational with their tele site to Paynesville. Their in reach is operational in St. Cloud and they are planning to see their first patient in June. The whole unit will be remodeled. Therefore, they have put their in reach program on pause and plan to launch that in September.
 - ii. Buffalo Hospital: No updates.
 - iii. Monticello Hospital: No updates.
 - f. V.A.: The St. Cloud VA hired a new Medical Center Director. He came from out east. He has been in the VA Medical System for a long time.

Another update shared was that veterans are really liking the yoga program they have. They are doing a veterans golfing program this summer and it seems to be a great program for individuals. They are also doing a Veterans Job Preparation Fair. This is the first time they are doing this program. They will be doing haircuts, mock job interviews, and different things like that.
 - g. CBHH: They are staffing up quicker than most in Brainerd. They are at an average of 11 and their goal for the end of this month is 14. In Annandale there is a provider problem. They have two providers but really need more than that to serve 14 individuals. There are about 5 FTE's that are left vacant right now. Annandale is currently at 11. They have an average stay of 35-45 day range.
 - h. V.R.S: No updates.
 - i. Website: As of noon on 4-4-17, they averaged around 800-900 visits per day. One day there were close to 5,000 visits. There is still a high volume of visits. There are two updates to the webpage to find the most current guide. Bethany encourages people to use the website other than the guides because the website will be the most current and have more providers.

Open Forum:

Sue Hanks spoke about the movie Love and Mercy being presented at Marcus Theaters in May for Mental Health Month. This will be on May 17th at 11:00 o'clock. Sue also wanted to mention about the priorities and how the information is being used and what is the outreach to get feedback beyond

this group. Bethany explained that the budget workgroup and ex-officios will be working towards the answer to this.

Adjourn

Motion made by Lori Long, seconded by Diane Erkens to adjourn the meeting. Meeting adjourned at 2:54 p.m.

Next meeting is June 1, 2017 at 1:00 p.m. at Stearns County - Room 499.