



Life is stressful right now, but you don't have to navigate it alone.

It doesn't matter where you live in Minnesota, Nexus-FACTS mental health services are available to you via Telehealth therapy services.

Telehealth appointments are held by video or phone, every day of the week.

WE ARE HERE FOR YOU.

Call **651-379-9800** to schedule.
nexusfamilyhealing.org

