



**Adult Mental Health Initiative**  
Benton, Sherburne, Stearns, Wright Counties

# **Mental Health Resource Guide**

## **For Adults**

**[www.mnmentalhealth.org](http://www.mnmentalhealth.org)**

**Four County Crisis  
Response Team**  
800-635-8008

**Crisis Text Line**  
Text "MN" to 741741



## Adult Mental Health Initiative

**CommUNITY Adult Mental Health Initiative**  
531 Dewey Street Box 740 Foley, MN 56329

320-968-5277 Fax: 320-968-5330  
camhi@co.benton.mn.us

## Crisis

**Crisis Nursery:** **Benton & Stearns County**  
**Sherburne County**  
**Wright County**

320-654-1090  
800-433-5239, 763-765-4000  
320-406-8606

**Four County Crisis Response Team**

800-635-8008, 320-253-5555

**MN Warm Line** (Peer Support Connection)

844-739-6369 (Call or Text; limited hours)

**National Suicide Hopeline Hotline**

800-SUICIDE (784-2433)

**SAVE Suicide Hotline**

888-511-SAVE (7283)

**988 Suicide & Crisis Lifeline**

988 (Call or Text) Press "1" for Veterans

**Crisis Text Line** (Suicide Prevention Resource)

Text "MN" to 741741

**Veterans Homeless Line**

877-4- AID –VET (877-424-3838)

## County Agencies

### Benton County

[www.co.benton.mn.us](http://www.co.benton.mn.us)

#### Human Services

800-530-6254, 320-968-5087

531 Dewey Street Box 740 Foley, MN 56329

#### Sheriff's Office

320-968-7201

581 Highway 23 Box 159 Foley, MN 56329

### Sherburne County

[www.co.sherburne.mn.us](http://www.co.sherburne.mn.us)

#### Human Services

800-433-5239, 763-765-4000

#### Sheriff's Office

763-765-3500

13880 Business Center Drive NW Suite 100 Elk River, MN 55330

### Stearns County

[www.co.stearns.mn.us](http://www.co.stearns.mn.us)

#### Human Services

800-450-3663, 320-656-6000

#### Sheriff's Office

320-259-3700

705 Courthouse Square St. Cloud, MN 56303

### Wright County

[www.co.wright.mn.us](http://www.co.wright.mn.us)

#### Health and Human Services

800-362-3667, 763-682-7400

3650 Braddock Avenue NE Suite 2100 Buffalo, MN 55313

#### Sheriff's Office

763-682-1162

3800 Braddock Avenue NE Buffalo, MN 55313

More providers in each category can be found at: [www.mnmentalhealth.org](http://www.mnmentalhealth.org)

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## Behavioral Health Hospitals

<b>Abbott Northwestern Hospital</b> 800 E 28 <sup>th</sup> Street Minneapolis, MN 55407 <a href="http://www.abbottnorthwestern.com">www.abbottnorthwestern.com</a>	612-863-4000
<b>Hennepin County Medical Center</b> 701 Park Avenue Minneapolis, MN 55415 <a href="http://www.hcmc.org">www.hcmc.org</a>	612-873-3000
<b>Hutchinson Medical Center</b> 1071 MN-15 (Plaza 15) Hutchinson, MN 55350 <a href="http://www.hutchhealth.com">www.hutchhealth.com</a>	320-484-4610
<b>Mercy Hospital</b> 4050 Coon Rapids Boulevard Coon Rapids, MN 55433 550 Osborne Road Fridley, MN 55432 <a href="http://www.allinamercy.org">www.allinamercy.org</a>	Coon Rapids: 763-236-6000 Fridley- Unity Campus: 763-236-5000
<b>North Memorial Medical Center</b> 3300 Oakdale Avenue N Robbinsdale, MN 55422 <a href="http://www.northmemorial.com">www.northmemorial.com</a>	763-520-5200
<b>St. Cloud Hospital</b> Behavioral Access Nurse 1406 6 <sup>th</sup> Avenue N St. Cloud, MN 56303 <a href="http://www.centracare.com">www.centracare.com</a>	320-251-2700 320-255-5774 Fax: 320-656-7106
<b>United Hospital</b> 333 Smith Avenue N St. Paul, MN 55102 <a href="http://www.alinahealth.org/united-hospital">www.alinahealth.org/united-hospital</a>	651-241-8000
<b>University of Minnesota Medical Center Behavioral Emergency</b> 2312 S 6 <sup>th</sup> Street Minneapolis, MN 55454 <a href="http://www.mhealth.org">www.mhealth.org</a>	612-273-5640

### Community Behavioral Health Hospital

*Accessed through Central Pre-Admissions	866-966-2337 Fax: 763-712-4119
<b>Annandale</b> 400 Annandale Boulevard Annandale, MN 55302	651-259-3850 Fax: 320-274-7019

## Mental Health Treatment

### Assertive Community Treatment (ACT)

**Great River ACT – St. Cloud** 320-253-4120 Fax: 320-253-4179  
411 3<sup>rd</sup> Street N Suite 4 Waite Park, MN 56387  
[www.cmmhc.org](http://www.cmmhc.org)

**Great River ACT – Monticello** 763-271-5340 Fax: 763-271-5350  
407 Washington Street Monticello, MN 55362  
[www.cmmhc.org](http://www.cmmhc.org)

**Great River ACT – Elk River** 763-274-3500 Fax: 763-274-1165  
253 8<sup>th</sup> Street NW Suite B Elk River, MN 55330  
[www.cmmhc.org](http://www.cmmhc.org)

### Counseling & Psychiatric Services

**Bridging Hope Counseling** 763-291-5505 Fax: 763-682-2449  
311 Brighton Avenue S Suite B Buffalo, MN 55313  
[www.bridginghopecounseling.com](http://www.bridginghopecounseling.com)

**Bridging Hope Counseling** 763-291-5505 Fax: 763-657-0819  
21000 Rogers Drive Suite 100 & 200 Rogers, MN 55374  
[www.bridginghopecounseling.com](http://www.bridginghopecounseling.com)

**Catholic Charities Behavioral Health Clinic** 320-650-1660 Fax: 320-650-1672  
(formerly Caritas Mental Health Clinic)  
911 18<sup>th</sup> Street N St. Cloud, MN 56303  
[www.ccstcloud.org](http://www.ccstcloud.org)

**Center for Psychological Services** 320-255-0343 Fax: 320-654-0318  
600 25<sup>th</sup> Avenue S Suite 109 St. Cloud, MN 56301  
[www.scpsychologicalservices.com](http://www.scpsychologicalservices.com)

**Central Minnesota Mental Health Center** 763-682-4400 Fax: 763-682-1353  
308 12<sup>th</sup> Avenue S Buffalo, MN 55313  
[www.cmmhc.org](http://www.cmmhc.org)

**Central Minnesota Mental Health Center** 763-441-3770 Fax: 763-441-9057  
253 8<sup>th</sup> Street NW Suite A Elk River, MN 55330  
[www.cmmhc.org](http://www.cmmhc.org)

**Central Minnesota Mental Health Center** 763-295-4001 Fax: 763-295-5086  
407 Washington Street Monticello, MN 55362  
[www.cmmhc.org](http://www.cmmhc.org)

- Central Minnesota Mental Health Center** 320-252-5010 Fax: 320-252-0908  
 1321 N 13<sup>th</sup> Street St. Cloud, MN 56303  
[www.cmmhc.org](http://www.cmmhc.org)
- Core Professional Services** 320-202-1400 Fax: 320-202-8662  
 110 14<sup>th</sup> Avenue E Sartell, MN 56377  
[www.coreprofessionalservices.com](http://www.coreprofessionalservices.com)
- Dept of Veterans Affairs–St. Cloud Medical Center** 320-252-1670  
 4801 Veterans Drive St. Cloud, MN 56301  
[www.va.gov](http://www.va.gov)
- Effective Living Center, Inc.** 320-259-5381 Fax: 320-259-6171  
 821 W Saint Germain Street St. Cloud, MN 56301  
[www.effectivelivingcenter.com](http://www.effectivelivingcenter.com)
- Fairview Northland Medical Center** 763-389-1313  
 911 Northland Drive Princeton, MN 55371  
[www.fairview.org](http://www.fairview.org)
- Family Counseling Center** 763-682-5420 Fax: 763-682-5803  
 102 Marty Drive Suite 2 Buffalo, MN 55313  
[www.fccmn.com/Contact-Us.html](http://www.fccmn.com/Contact-Us.html)
- Granite City Counseling, LLC** 320-257-1800 Fax: 320-257-1801  
 250 7<sup>th</sup> Avenue N Waite Park, MN 56387  
[www.granitecitycounseling.com](http://www.granitecitycounseling.com)
- Lutheran Social Services** 320-251-7700 Fax: 320-251-8898  
 22 Wilson Avenue NE Suite 110 St. Cloud, MN 56304  
[www.lssmn.org](http://www.lssmn.org)
- Milestone Counseling Inc.** 320-774-1621 Fax: 320-774-1624  
 333 W Division Street Suite 119 St. Cloud, MN 56304  
[www.stcloudcounselors.com](http://www.stcloudcounselors.com)
- Nystrom & Associates, LTD** 763-367-6080 Fax: 763-263-7897  
 207 Jefferson Boulevard Big Lake, MN 55309  
[www.nystromcounseling.com](http://www.nystromcounseling.com)
- Nystrom & Associates, LTD** 763-746-9492 Fax: 763-746-3685  
 9245 Quantrelle Avenue Otsego, MN 55330  
[www.nystromcounseling.com](http://www.nystromcounseling.com)
- Nystrom & Associates, LTD** 320-253-3512 Fax: 320-253-1037  
 101 Dehler Drive Sartell, MN 56377  
[www.nystromcounseling.com](http://www.nystromcounseling.com)

**Pathways Psychological Services, P.A.** 763-525-8590 Fax: 763-525-8592  
19230 Evans Street NW Suite 202A Elk River, MN 55330  
[www.pathwayspsych.com](http://www.pathwayspsych.com)

**Processus Counseling and Consulting Services** 320-252-2976 Fax: 320-656-1570  
110 2<sup>nd</sup> Street S Suite 301 Waite Park, MN 56387  
[www.processus-counseling.com](http://www.processus-counseling.com)

**Psychotherapeutic Resources** 320-253-3715 Fax: 320-252-2567  
1411 W Saint Germaine St Suite 105 St. Cloud, MN 56303  
[www.yourcaringresource.com](http://www.yourcaringresource.com)

**St. Cloud Hospital – Behavioral Health Clinic** 320-229-4977 Fax: 320-229-5179  
1900 CentraCare Circle Suite 2475 St. Cloud, MN 56303  
[www.centracare.com](http://www.centracare.com)

**Solutions Behavioral Healthcare Professionals** 320-351-4871 Fax: 320-351-4871  
508 Main Street S Sauk Centre, MN 56378  
[www.solutionsinpractice.org](http://www.solutionsinpractice.org)

**Solutions Behavioral Healthcare Professionals** 320-281-5305 Fax: 320-281-5306  
423 Great Oak Drive Suite 408D Waite Park, MN 56387  
[www.solutionsinpractice.org](http://www.solutionsinpractice.org)

**Solutions Counseling** 763-515-4563 Fax: 763-497-0552  
703 Theilan Drive SE St. Michael, MN 55376  
[www.helpwithsolutions.com](http://www.helpwithsolutions.com)

**The Center for Family Counseling** 320-253-3540 Fax: 651-383-4931  
2025 Stearns Way Suite 111 St. Cloud, MN 56303  
[www.thecenterforfamilycounseling.com](http://www.thecenterforfamilycounseling.com)

**The Center for Hope & Healing** 763-633-5111 Fax: 763-633-5112  
11070 183<sup>rd</sup> Circle Suite C Elk River, MN 55330  
[www.thecenter4hopeandhealing.com](http://www.thecenter4hopeandhealing.com)

**Village Family Service Center** 320-253-5930, 800-627-8220  
110 6<sup>th</sup> Avenue S Suite 100 St. Cloud Fax: 320-925-0057  
[www.thevillagefamily.org](http://www.thevillagefamily.org)

### Day Treatment

**Central Minnesota Mental Health Center** 763-682-4400 Fax: 763-682-1353  
308 12<sup>th</sup> Avenue S Buffalo, MN 55313  
[www.cmmhc.org](http://www.cmmhc.org)

**Central Minnesota Mental Health Center**  
1321 N 13<sup>th</sup> Street St. Cloud, MN 56303  
[www.cmmhc.org](http://www.cmmhc.org)

320-252-5010 Fax: 320-252-0908

### Intensive Residential Treatment (IRT)

**Fresh Start** (Female only, specializes in DBT)  
1610 E First Street Duluth, MN 55812

218-724-2945 Fax: 218-724-0699

**Northway**  
1509 24<sup>th</sup> Avenue N St. Cloud, MN 56303  
[www.cmmhc.org](http://www.cmmhc.org)

320-252-8648 Fax: 320-529-4909

**Refractions**  
22575 43<sup>rd</sup> Avenue St. Augusta, MN 56301

320-252-6017 Fax: 320-252-6278

**SpringPath Recovery & Crisis Residence** (formerly ResCare)  
633 Upland Avenue NW Elk River, MN 55330  
<https://springpathmentalhealth.com/>

763-241-2142  
Fax: 763-441-4771

## **Chemical Dependency/Addiction**

**Al-Anon**

888-425-2666  
[www.al-anon.org](http://www.al-anon.org)

**Alano Club**

[www.onlinealano.org](http://www.onlinealano.org)  
[www.alanoclubs.org](http://www.alanoclubs.org)

**Alcoholics Anonymous (AA)**

952-922-0880  
[www.aaminneapolis.org](http://www.aaminneapolis.org)

**Behavioral Health Fund** (for public health insurance/PMAP you can call the provider of your choice)  
For questions regarding eligibility or to apply for funds contact your local county

Benton  
Sherburne  
Stearns  
Wright

320-968-5087 Fax: 320-968-5330  
763-765-4000 Fax: 763-765-4096  
320-656-6000 Fax: 320-656-6447  
763-684-2343 Fax: 763-682-7701

**Detoxification**  
1350 14<sup>th</sup> Street St. Cloud, MN 56303

320-252-6654 Fax: 320-529-1975

**Gamblers Anonymous**

855-2CALLGA (855-222-5542)  
[www.gamblersanonymous.org](http://www.gamblersanonymous.org)



**Narcotics Anonymous (NA)**

877-767-7676

[www.naminnesota.org](http://www.naminnesota.org)

## Treatment Centers

**Anchor Recovery**

763-250-7357 Fax: 855-221-4223

71<sup>st</sup> ST NE Unit 6 Buffalo, MN 55313

13750 Crosstown Drive Northwest Suite 10 Andover, MN 55304

<https://anchormn.com/>

**CentraCare- St. Cloud Hospital Addiction Services** 800-742-4357, 320-229-3760

3701 12<sup>th</sup> Street N St. Cloud, MN 56303

Fax 320-229-3763

<https://www.centracare.com/locations/centracare-st-cloud-hospital-addiction-services/>

**Central Minnesota Mental Health Center**

763-682-4400 Fax: 763-682-1353

308 12<sup>th</sup> Avenue S Buffalo, MN 55313

[www.cmmhc.org](http://www.cmmhc.org)

**Central Minnesota Mental Health Center**

763-295-4001 Fax: 763-295-5086

407 Washington Street Monticello, MN 55362

[www.cmmhc.org](http://www.cmmhc.org)

**Central Minnesota Mental Health Center**

320-252-5010 Fax: 320-252-0908

1321 N 13<sup>th</sup> Street St. Cloud, MN 56303

[www.cmmhc.org](http://www.cmmhc.org)

**Effective Living Center, Inc.**

320-259-5381 Fax: 320-259-6171

821 W Saint Germain Street St. Cloud, MN 56301

[www.effectivelivingcenter.com](http://www.effectivelivingcenter.com)

**New Beginnings Minnesota**

763-658-5800, 800-487-8758

109 Northshore Drive Waverly, MN 55390

[www.nbminnesota.com](http://www.nbminnesota.com)

**Nystrom & Associates, LTD**

320-253-3512 Fax: 320-253-1037

101 Dehler Drive Sartell, MN 56377

[www.nystromcounseling.com](http://www.nystromcounseling.com)

**Professional Counseling Center**

Fax: 763-972-3965

7 Highway 55 Buffalo, MN 55313

763-682-2829

1262 Crossings Drive Delano, MN 55328

763-972-6527

[www.professionalcounselingcenters.com](http://www.professionalcounselingcenters.com)

**Sobriety First**

313 W Broadway Monticello, MN 55362  
 266 33<sup>rd</sup> Avenue S St. Cloud, MN 56301  
 520 4<sup>th</sup> Street S Sauk Centre, MN 56378  
<http://sobrietyfirstllc.com/>

320-251-0035 Fax: 320-251-0209

**St. Cloud Metro Treatment Center (Methadone)**

524 25th Avenue N St. Cloud, MN 56303  
[www.methadonetreatment.com](http://www.methadonetreatment.com)

320-202-1909 Fax: 320-202-1910

<b>Community Services &amp; Supports</b>
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\*\*\*Contact your local counseling agency or your case manager for support groups in your area\*\*\*

**Adult Mental Health Case Management**

**Benton County** [www.co.benton.mn.us](http://www.co.benton.mn.us) 800-530-6254, 320-968-5087  
**Sherburne County** [www.co.sherburne.mn.us](http://www.co.sherburne.mn.us) 800-433-5239, 763-765-4000  
**Stearns County** [www.co.stearns.mn.us](http://www.co.stearns.mn.us) 800-450-3663, 320-656-6000  
**Wright County** [www.co.wright.mn.us](http://www.co.wright.mn.us) 800-362-3667, 763-335-0276

\*If enrolled in a Minnesota Health Plan, you may be referred to another provider\*

**Catholic Charities Hope CSP**

157 Roosevelt Road Suite 300 St. Cloud, MN 56301  
[www.ccstcloud.org](http://www.ccstcloud.org)

320-240-3324 Fax: 320-240-3339

**Central MN Re-Entry Project (Ex-offenders)**

1121 Lincoln Ave Sauk Rapids, MN 56379  
 PO Box 2391 St. Cloud, MN 56302  
[www.cmnrp.org](http://www.cmnrp.org)

320-656-9004

**Disability HUB MN**

[www.disabilityhub.mn.org](http://www.disabilityhub.mn.org)

866-333-2466

**Independent Lifestyles – Peer Mentoring Program**

215 N Benton Drive Sauk Rapids, MN 56379  
[www.independentlifestyles.org](http://www.independentlifestyles.org)

320-529-9000, 888-529-0743

Fax: 320-529-0747

**Love INC – Big Woods** (Annandale, Buffalo, Maple Lake, Hanover)

1111 N Hwy 25 Box 368 Buffalo, MN 55313  
[www.loveincbigwoods.org](http://www.loveincbigwoods.org)

763-682-2550

**Love INC – Heartland** (Cokato, Delano, Howard Lake, Montrose, Rockford, and Waverly)

318 Railroad Avenue Box 143 Delano, MN 55328  
[www.loveincheartland.org](http://www.loveincheartland.org)

763-972-6547 Fax: 763-972-6548

**Mental Health Minnesota** 800-862-1799, 651-493-6634  
2233 University Ave. W., Ste 200 St. Paul, MN 55114  
[www.mentalhealthmn.org](http://www.mentalhealthmn.org)

**National Alliance on Mental Illness – St. Cloud** 888-NAMI-Helps, 320-654-1259  
Box 771 St. Cloud, MN 56302  
[www.namihelps.org](http://www.namihelps.org)

**Senior Linkage Line** 800-333-2433

**United Way First Call for Help** 211, 800-543-7709  
[www.211unitedway.org](http://www.211unitedway.org)

**Wright County Community Action, Inc.** 320-963-6500 Fax: 320-963-5745  
130 W Division Street Maple Lake, MN 55358  
[www.wccaweb.com](http://www.wccaweb.com)

### Community Support Program (CSP)

**Benton & Stearns County**  
**Catholic Charities – Hope CSP** 800-831-8254, Ext 3324 320-240-3324  
157 Roosevelt Road Suite 300 St. Cloud, MN 56301 Fax: 320-240-3339  
[www.ccstcloud.org](http://www.ccstcloud.org)

**Wright County CSP** 763-682-7242

**Sherburne County CSP** 763-441-3770

### Personal Care Attendant (PCA)

\*\*\*Contact your insurance or county Public Health Department to access services\*\*\*  
\*\*Contact Disability HUB MN for list of PCA agencies\*\*

**Disability HUB MN** 866-333-2466  
[www.disabilityhub.mn.org](http://www.disabilityhub.mn.org)

**Accurate Home Care** 763-633-3800  
**Arise Home Health Care** 320-230-6348  
**Barnabas Home Care** 800-434-7225  
**Country Manor** 320-253-3343  
**DMT Homehealth Services** 763-856-3051  
**Mains'I** 763-494-4553  
**Meridian Services/Orion** 320-255-5151  
**North Country Home Care** 763-856-9955  
**Prairie River Home Care** 320-255-1882  
**Recover Health** 320-774-0777

## Veteran's Services

### **Eagles Healing Nest**

320-351-6200

310 US-71 N Unit 881 Sauk Centre, MN 56378

[www.eagleshealingnest.org](http://www.eagleshealingnest.org)

### **Minnesota Department of Veterans Affairs**

<https://mn.gov/mdva>

### **St. Cloud VA Health Care System**

320-252-1670

4801 Veterans Drive St. Cloud, MN 56303

### **Veterans Linkage Line**

888-LINKVET (546-5838)

### **Veteran Resource & Enrichment Center (VREC)**

320-204-5660

501 17<sup>th</sup> Avenue N St. Cloud, MN 56303

<https://www.vrecmn.com/>

### **Veterans Services**

Benton County

320-968-5044 Fax: 320-968-5239

531 Dewey St Foley, MN 56329

Sherburne County

763-765-3100 Fax: 763-765-3124

13880 Business Center Drive NW Elk River, MN 55330

Stearns County

320-656-6176 Fax: 320-656-6257

3301 County Road 138 Waite Park, MN 56387

Wright County

763-682-7325 Fax: 763-682-4554

3650 Braddock Ave NW Suite 1900 Buffalo, MN 55313

## Adult Rehabilitative Mental Health Services (ARMHS)

The following table is based on the list of ARMHS Certified Providers published by the Minnesota Department of Human Services (DHS) on their website. The table below is not a full list of all providers approved for ARMHS services, the full list of providers can be found on the DHS website (<https://mn.gov/dhs/>) and searching “ARMHS Providers”. Information is as of July 18, 2022.

	Benton	Sherburne	Stearns	Wright
<b>Catholic Charities</b>				
320-240-3324				
Fax: 320-240-3339				
157 Roosevelt Road Suite 300 St. Cloud, MN 56301	X	X	X	
<a href="http://www.ccstcloud.org">www.ccstcloud.org</a>				
<b>Central MN Mental Health Center</b>				
763-682-4400				
Fax: 763-682-1353				
1321 13 <sup>th</sup> Street N, St. Cloud, MN, 56303	X	X	X	X
308 12 <sup>th</sup> Avenue S Buffalo, MN 55313				
<a href="http://www.cmmhc.org">www.cmmhc.org</a>				
<b>Family Support Services, Inc.</b>				
(A division of Nystrom & Associates, LTD.)				
St. Cloud: 320-253-3512				
Fax: 320-253-1037				
Otsego: 763-746-9492				
Fax: 763-746-3685	X	X	X	X
101 Dehler Drive Sartell, MN 56377				
9245 Quantrelle Avenue Otsego, MN 55330				
<a href="http://www.nystromcounseling.com">www.nystromcounseling.com</a>				
<b>Recover Health Resources, LLC</b>				
(Specializes in East African and				
Refugee populations)			X	
320-259-1369				
Fax: 320-259-1938				
2719 W Division Street Suite #5 Saint Cloud, MN 56301				
<a href="http://www.recoverhealthresources.com">http://www.recoverhealthresources.com</a>				
<b>Rise</b>				
320-656-5608				
Fax: 320-656-5617				
3400 First Street N Suite 105 St. Cloud, MN 56303	X	X	X	X
<a href="http://www.rise.org">www.rise.org</a>				
<b>Solutions Behavioral Healthcare Professionals</b>				
320-281-5305				
Fax: 320-281-5306	X	X	X	
423 Great Oak Drive Waite Park, MN 56387				
<a href="http://www.solutionsinpractice.org">www.solutionsinpractice.org</a>				

## Financial

### Energy Assistance

**Salvation Army (Wright)** 763-682-2205  
2051 50<sup>th</sup> Street NE, Door #2 Buffalo, MN 55376  
<http://salvationarmynorth.org>

**Salvation Army (Social Services Office- Sherburne County)**  
115-A Henry Road Big Lake, MN 55309 612-223-6911  
<http://salvationarmynorth.org>

**Salvation Army (Benton & Stearns)** 320-252-4552 Fax: 320-252-1424  
400 Highway 10 S St. Cloud, MN 56304  
<http://salvationarmynorth.org>

**Tri-CAP, Inc. (Benton, Sherburne & Stearns)** 888-765-5597, 320-251-1612  
1210 23<sup>rd</sup> Avenue S Box 683 Waite Park, MN 56387 Fax: 320-255-9518  
[www.tricap.org](http://www.tricap.org)

### Medication & Prescriptions

**Partnership for Prescription Assistance** 888-477-2669  
[www.pparx.org](http://www.pparx.org)

**Rx Assist Patient Assistance Program Center**  
[www.rxassist.org](http://www.rxassist.org)

**Rx Outreach** 800-769-3880 Fax: 800-875-6591  
[www.rxoutreach.org](http://www.rxoutreach.org)

**Rx Hope**  
[www.rxhope.com](http://www.rxhope.com)

**Together Rx Access** 800-444-4106  
[www.togetherrxaccess.com](http://www.togetherrxaccess.com)

### Other Information & Financial Resources

**Bridge to Benefits**  
[www.bridgetobenefits.org](http://www.bridgetobenefits.org)

**Children's Defense Fund Minnesota** 651-227-6121 Fax: 651-227-2553  
555 Park Street Suite 410 St. Paul, MN 55103  
[www.cdf-mn.org](http://www.cdf-mn.org)

**Catholic Charities Emergency Services** (Benton, Sherburne, Stearns)  
157 Roosevelt Road Suite 100 St. Cloud, MN 56301 800-830-8254 (toll free)  
[www.ccstcloud.org](http://www.ccstcloud.org) 320-229-4560 Fax: 320-229-4562

**Catholic Charities of St. Paul and Minneapolis** (Wright) 651-291-0211  
1200 2<sup>nd</sup> Avenue S Minneapolis, MN 55403  
[www.cctwincities.org](http://www.cctwincities.org)

**Crisis Housing Assistance Program** 952-915-3698  
<https://arcmnnesota.org/ways-we-can-help/housing-access-services/crisis-housing-assistance-program/>

**Lutheran Social Service of Minnesota** 320-251-7700 Fax: 320-251-8898  
22 Wilson Avenue NE Suite 110 St. Cloud, MN 56304  
[www.lssmn.org](http://www.lssmn.org)

**Minnesota Work Incentive Connection** 800-976-6728, 651-632-5113

**MnSure** 855-3-MNSURE (855-366-7873)  
[www.mnsure.org](http://www.mnsure.org)

**Public Utilities Commission** (phone lines) 800-657-3782  
[www.mn.gov/puc/consumers](http://www.mn.gov/puc/consumers)

**Salvation Army** (heat & housing assistance)  
<http://salvationarmynorth.org/programs-that-help/basic-needs/>

**Salvation Army** (Sherburne) 612-223-6911  
115-A Henry Road Big Lake, MN 55309

**Salvation Army** (Benton & Stearns) 320-252-4552 Fax: 320-252-1424  
400 Highway 10 S St. Cloud, MN 56304  
<https://centralusa.salvationarmy.org/northern/StCloud/>

**Salvation Army** (Wright) 763-497-3867, Fax 763-497-3865  
3989 Maciver Avenue NE St. Michael, MN 55376  
<http://salvationarmynorth.org>

**The 30-Days Foundation** 952-334-9996 (Text or Email only)  
[The30DaysFoundation@live.com](mailto:The30DaysFoundation@live.com)  
8014 Olson Memorial Hwy #195 Golden Valley, MN 55427  
<https://www.the30-daysfoundation.org/>

**The Village Family Service Center** 320-253-5930, 800-627-8220  
110 6<sup>th</sup> Avenue S, Suite 100 St. Cloud Fax: 651-925-0057  
[www.thevillagefamily.org](http://www.thevillagefamily.org)

**United Way** 2-1-1  
[www.unitedwayhelps.org/](http://www.unitedwayhelps.org/)

**Wright County Community Action, Inc.** 320-963-6500 Fax: 320-963-5745  
130 W Division Street Maple Lake, MN 55358  
[www.wccaweb.com](http://www.wccaweb.com)

### Social Security

**Disability Specialists** 800-642-6393 Fax: 218-666-3136  
[www.disabilityspecialists.net](http://www.disabilityspecialists.net)

**Social Security Administration** 877-405-1446 Fax: 833-902-2696  
3800 Veterans Drive Suite 100 St. Cloud, MN 56303  
[www.ssa.gov](http://www.ssa.gov)

**SSI/SSDI Outreach, Access and Recovery (SOAR)** [www.prainc.com/SOAR](http://www.prainc.com/SOAR)

## Housing

**Adult Foster care** (contact your county social service agency)

**Catholic Charities – Hope CSP** 800-830-8254 ext. 3324, 320-240-3324  
157 Roosevelt Road Suite 300 St. Cloud, MN 56301 Fax: 320-240-3339  
[www.ccstcloud.org](http://www.ccstcloud.org)

**Catholic Charities – Housing Services** 800-830-8254, 320-229-4576  
157 Roosevelt Road Suite 200 St. Cloud, MN 56301 Fax: 320-253-7464  
[www.ccstcloud.org](http://www.ccstcloud.org)

**Central Minnesota Habitat for Humanity** 320-656-8890 Fax: 320-656-8841  
3335 W. St. Germain St, Suite 108 St. Cloud, MN 56301  
[www.cmhfh.org](http://www.cmhfh.org)

**Central Minnesota Housing Partnership, Inc.** 320-259-0393, 888-203-9301  
37 28<sup>th</sup> Avenue N Suite 102 St. Cloud, MN 56303 Fax: 320-259-9590  
[www.cmhp.net](http://www.cmhp.net)

**Crisis Housing Assistance Program** 952-915-3698  
<https://arcminnesota.org/ways-we-can-help/housing-access-services/crisis-housing-assistance-program/>



**HOME Line** (Tenant advocacy organization) 866-866-3546, 612-728-5767  
8011 34<sup>th</sup> Avenue S Suite 126 Bloomington, MN 55425  
<https://homelinemn.org/>

**Housing Link** (Affordable housing search resource) 612-522-2500  
[www.housinglink.org](http://www.housinglink.org)

**Housing & Redevelopment Authority (HRA)** 320-252-0880 Fax: 320-252-0889  
1225 W St. Germain Street St. Cloud, MN 56301  
(Serves Benton, Sherburne, Wright & St. Cloud city limits)  
[www.stcloudhra.com](http://www.stcloudhra.com)

**Housing & Redevelopment Authority (HRA)** 320-685-7771 Fax: 320-685-7580  
401 West Wind Court Cold Spring, MN 56320  
(Serves rural Stearns County)  
[www.stearnscountymn.gov/432/Housing-Redevelopment-Authority](http://www.stearnscountymn.gov/432/Housing-Redevelopment-Authority)

**MafoMN** (Housing and service listings for people with disabilities)  
[www.mafomn.com/](http://www.mafomn.com/)

**Minnesota Homeownership Center**  
[www.hocmn.org](http://www.hocmn.org)

**Rise** 320-656-5608 Fax: 320-656-5617  
3400 First Street N Suite 105 St. Cloud, MN 56303  
[www.rise.org](http://www.rise.org)

**Tri-CAP, Inc.** (Benton, Sherburne & Stearns) 888-765-5597, 320-251-1612  
1210 23<sup>rd</sup> Avenue S Box 683 Waite Park, MN 56387 Fax: 320-255-9518  
[www.tricap.org](http://www.tricap.org)

**US Department of Housing and Urban Development** (Low-rent apartment search)  
[www.hud.gov/apps/section8/index.cfm](http://www.hud.gov/apps/section8/index.cfm)

**Wright County Community Action, Inc.** 320-963-6500 Fax: 320-963-5745  
130 W Division Street Maple Lake, MN 55358  
[www.wccaweb.com](http://www.wccaweb.com)

### Board and Lodge

**Catalina Care**  
305 2<sup>nd</sup> Avenue S Sauk Rapids, MN 56379 320-654-8452  
129 Wilson Avenue SE St. Cloud, MN 56304 320-252-8726  
920 3<sup>rd</sup> Street N Waite Park, MN 56387 320-259-0586

- Cumming's Care Center** 320-251-3447  
216 3<sup>rd</sup> Avenue S Box 7 Sauk Rapids, MN 56379  
<http://cummingcarecenter.com/>
- Dream Center of St. Cloud** (single men) 320-656-1550 Fax: 320-774-1264  
529 16<sup>th</sup> Avenue N St. Cloud, MN 56303  
[www.dreamcenterstcloud.org](http://www.dreamcenterstcloud.org)
- Homestyle Living** 320-654-0650 Fax: 320-253-1671  
1312 First Street N St. Cloud, MN 56303
- Lange's** 763-662-2836 Fax: 763-402-7581  
13892 37<sup>th</sup> Street Clear Lake, MN 55319  
<http://www.langeboardandroom.com>
- Murphy's Boarding Home** 320-251-6567  
1101 3<sup>rd</sup> Street N St. Cloud, MN 56303
- Place of Hope Ministries** 320-203-7881 Fax: 320-203-7882  
511 N 9<sup>th</sup> Avenue St. Cloud, MN 56303  
[www.placeofhopeministries.com](http://www.placeofhopeministries.com)
- Rivercrest – Chronic Inebriate Housing** 320-217-7970 Fax: 320-217-7971  
1315 Lincoln Avenue SE St. Cloud, MN 56304  
[www.centercityhousing.org](http://www.centercityhousing.org)
- St. Elizabeth's** 320-252-8350 Fax: 320-251-3198  
306 15<sup>th</sup> Avenue N St. Cloud, MN 56303  
<http://ccstcloud.org>
- Washington Place LLC** 320-203-1707  
820 8<sup>th</sup> Avenue S St. Cloud, MN 56301

### Emergency Shelters

- Anna Marie's Alliance** (for women and children) 800-950-2203, 320-253-6900  
Box 367 St. Cloud, MN 56302 Fax: 320-253-5563  
[www.annamaries.org](http://www.annamaries.org)
- Place of Hope Ministries** 320-203-7881 Fax: 320-203-7882  
511 9<sup>th</sup> Avenue N St. Cloud, MN 56303  
[www.placeofhopeministries.org](http://www.placeofhopeministries.org)
- Salvation Army** 320-252-4552 Fax: 320-252-1424  
400 Highway 10 S St. Cloud, MN 56304  
<https://centralusa.salvationarmy.org/northern/StCloud/>

**Terebinth Refuge** (for sexually exploited and trafficked women)

110 2<sup>nd</sup> Street S Suite 231 Waite Park, MN 56387

<https://www.terebinthrefuge.org/>

Office:320-828-7721

Crisis line, call or text: 320-428-4707

Transitional Housing

**Catholic Charities – DOMUS Transitional Housing** 320-259-9270 Fax: 320-259-4967

Box 1416 St. Cloud, MN 56302

[www.ccstcloud.org](http://www.ccstcloud.org)

**Salvation Army – Central Minnesota Program**

320-252-4552

400 Highway 10 S St. Cloud, MN 56304

<http://salvationarmynorth.org>

	Emergency Housing	Applications for Permanent Housing	Free Meals	Food Shelf	Free Clothing and Personal Items	Support Services
Salvation Army 320-252-4552	X	X	X	X	X	X
Place of Hope 320-203-7881	X	X	X	X	X	X
Catholic Charities 320-650-1550		X		X	X	X
Tri-Cap 320-251-1612		X				X
Housing and Redevelopment Association (HRA) 320-252-0880		X				

\*Adapted from the St. Cloud Coalition on Homeless

**Vocational/Employment**

**CareerForce Center** (formerly WorkForce Center)

406 E 7<sup>th</sup> Street Box 720 Monticello, MN 55362

[www.mn.gov/deed/Monticello](http://www.mn.gov/deed/Monticello)

763-271-3700, 888-438-5627

Fax: 763-271-3701

**CareerForce Center** (formerly WorkForce Center)

1542 Northway Drive Door 2 Box 67 St. Cloud, MN 56303

[www.mn.gov/deed/stcloud](http://www.mn.gov/deed/stcloud)

320-308-5320 Fax: 320-308-5173

**Central Minnesota Jobs & Training Services** 800-284-7425, 763-271-3700  
406 E 7<sup>th</sup> Street Box 720 Monticello, MN 55362  
[www.cmjts.org](http://www.cmjts.org)

**Functional Industries** 763-682-4336 Fax: 763-682-9692  
1801 Highway 25 N Box 336 Buffalo, MN 55313  
[www.functionalindustries.org](http://www.functionalindustries.org)

**Goodwill – Easter Seals Minnesota** 320-654-9527 Fax: 320-654-9542  
50 S 2<sup>nd</sup> Avenue Waite Park, MN 56387  
[www.goodwilleasterseals.org](http://www.goodwilleasterseals.org)

**Goodwill – Easter Seals Minnesota** 763-274-1823 Fax: 763-274-1825  
19624 Holt Street NW Elk River, MN 55330  
[www.goodwilleasterseals.org](http://www.goodwilleasterseals.org)

**Opportunity Services** 320-203-7750 Fax: 320-203-7751  
1717 W Saint Germain Street St. Cloud, MN 56303  
[www.oppserv.org](http://www.oppserv.org)

**Rise** 320-656-5608 Fax: 320-656-5617  
3400 1<sup>st</sup> Street N Suite 105 St. Cloud, MN 56303  
[www.rise.org](http://www.rise.org)

**Vocational Rehabilitation Services** 763-271-3700, 888-438-5627  
406 E 7<sup>th</sup> Street Box 720 Monticello, MN 55362 Fax: 763-295-6096  
<http://mn.gov/deed/vrs>

**Vocational Rehabilitation Services** 320-308-5320 Fax: 320-308-5335  
1542 Northway Drive Door 2 St. Cloud, MN 56303  
<http://mn.gov/deed/vrs>

**Wacosa** 320-251-0087 Fax: 320-259-4679  
320 Sundial Drive Box 757 Waite Park, MN 56387  
[www.wacosa.org](http://www.wacosa.org)

## Transportation

**Blue Button Transportation LLC** 320-266-7418  
15861 101<sup>st</sup> Street SE Becker, MN 55308

**Blue Plus Transportation Services** 866-340-8648

<b>Faith in Action</b>	<a href="http://www.grfia.org">www.grfia.org</a>
Benton	320-258-8673
Sherburne	763-263-4277
Stearns	320-258-8673
Rural Stearns (Cold Spring area)	320-685-3693
<b>Foley Area C.A.R.E.</b> (Benton County)	320-968-7848 Fax: 320-968-7702
251 4 <sup>th</sup> Avenue N Box 205 Foley, MN 56329	
<a href="http://www.foleyareacare.org">www.foleyareacare.org</a>	
<b>Health Partners Transportation Services</b>	888-288-1439
<b>Medica Provide a Ride</b>	800-601-1805
<b>Medical Assistance Member Help Desk</b>	800- 657-3739
<b>Medical Assistance Provider Call Center</b>	800- 366-5411
<b>Minnesota Care Member Help Desk</b>	800- 657-3672
<b>MTM</b> (non-emergency medical transportation)	866-467-1724
<b>Trailblazer Transit</b> (Wright County)	888-743-3828 Fax: 320-864-1910
207 West 11 <sup>th</sup> Street Glencoe, MN 55336	
115 Commerce Circle Buffalo, MN 55313	
<b>U-Care Health Ride</b>	800-864-2157

## Additional Resources

### Abuse/Assault

<b>Anna Marie's Alliance</b> (Domestic Violence)	800-950-2203, 320-253-6900
Box 367 St. Cloud, MN 56302	Fax: 320-253-5563
<a href="http://www.annamaries.org">www.annamaries.org</a>	
<b>Central MN Sexual Assault Center</b>	800-237-5090, 320-251-4357
15 Riverside Drive NE St. Cloud, MN 56304	Fax: 320-251-4670
<a href="https://cmsac.org">https://cmsac.org</a>	
<b>Rivers of Hope</b> (Domestic Violence)	763-295-3433 Fax: 763-295-6091
Box 511 Monticello, MN 55362	
<a href="http://www.riversofhope.org">www.riversofhope.org</a>	

**Terebinth Refuge** (for sexually exploited and trafficked women)  
110 2<sup>nd</sup> Street S Suite 231 Waite Park, MN 56387 Office:320-828-7721  
<https://www.terebinthrefuge.org/> Crisis line, call or text: 320-428-4707

### Advocacy & Legal Aid

**Central Minnesota Legal Services** 800-622-7773, 320-253-0138  
110 6<sup>th</sup> Avenue S Suite 205 St. Cloud, MN 56301 Fax: 320-253-5794  
[www.centralmnlegal.org](http://www.centralmnlegal.org)

<b>Disability Advocates:</b>	<b>Outreach Services</b>	612-332-6773
	<b>St. Cloud Housing Coalition</b>	320-229-7684
	<b>Roseville Salvation Army</b>	651-746-3400

**HOME Line** (Free legal help for renters) 612-728-5767 (Metro)  
866-866-3546 (Greater MN)  
8011 34<sup>th</sup> Ave S Suite 126 Bloomington, MN 55425  
<https://homelinemn.org/>

**Human Rights Office** 320-650-3133  
400 2<sup>nd</sup> Street S St. Cloud, MN 56301  
[www.ci.stcloud.mn.us](http://www.ci.stcloud.mn.us)

**Legal Services** 800-360-2889, 320-253-0121  
830 W St. Germain Street Suite 300 St. Cloud, MN 56301 Fax: 320-253-5794

**Mid-Minnesota Legal Assistance** 800-292-4150 Fax: 612-334-5755  
430 1<sup>st</sup> Avenue N Suite 300 Minneapolis, MN 55401  
[www.mndlc.org](http://www.mndlc.org)

**Neighborhood Justice Center** 651-222-4703  
500 Laurel Avenue St. Paul, MN 55102  
[www.njcinc.org](http://www.njcinc.org)

**State Ombudsman**  
Mental Health & Developmental Disability 651-757-1800  
[www.mn.gov/omhdd/](http://www.mn.gov/omhdd/)

## Dental

\*Contact Your Insurance To Locate A Provider In Your Network\*

### **BlueCross BlueShield Mobile Dental Unit**

<https://www.bluecrossmn.com/shop-plans/minnesota-health-care-programs/mobile-dental-unit>

### **Community Dental Care** (opening fall 2022)

3650 Braddock Avenue NE Buffalo, MN 55313

<https://www.cdentc.org/buffalo>

Email: [infobu@cdentc.org](mailto:infobu@cdentc.org)

### **Dental Associates of St. Paul**

1790 7<sup>th</sup> Street E St. Paul, MN 55119

[www.dentalassociatesmn.com](http://www.dentalassociatesmn.com)

651-735-0595

### **K.O.A.L.A. Dental Care**

20 1<sup>st</sup> Avenue S Buffalo, MN 55313

[www.themolardoctors.com](http://www.themolardoctors.com)

763-682-6441

### **K.O.A.L.A. Dental Care**

1521 Northway Drive St. Cloud, MN 56303

[www.themolardoctors.com](http://www.themolardoctors.com)

866-337-4897, 320-253-8380

### **Park Dental Elk River**

18230 Zane Avenue NW Elk River, MN 55330

[www.parkdental.com](http://www.parkdental.com)

763-201-1313

### **St. Cloud Technical College Dental Clinic**

1540 Northway Drive St. Cloud, MN 56303

<http://www.sctcc.edu/dental-clinic>

320-308-5919 Fax: 320-308-5055

### **Today's Dental St. Cloud**

4128 2<sup>nd</sup> Street S St. Cloud, MN 56301

[www.todaysdentalminnesota.com](http://www.todaysdentalminnesota.com)

320-774-2556

### **University of Minnesota School of Dentistry**

Moos Tower 515 Delaware Street SE Minneapolis, MN 55455

[www.dentistry.umn.edu](http://www.dentistry.umn.edu)

612-625-2495

## Interpreters/Cultural Competence

### **Language Line**

800-367-9559

### **Minnesota Relay**

7-1-1

(Telecommunications Relay Services (TRS) for deaf, deafblind, hard of hearing or speech disabled individuals)

## Nutrition

### **Supplemental Nutrition Assistance Program (SNAP)**

Contact your county if you need help applying or if you have problems with your benefits

<b>Benton County Human Services</b>	800-530-6254, 320-968-5087
<b>Sherburne County Human Services</b>	800-433-5239, 763-765-4000
<b>Stearns County Human Services</b>	800-450-3663, 320-656-6000
<b>Wright County Human Services</b>	800-362-3667 ext. 7400, 763-682-7400

<b>SNAP Hotlines</b>	Twin Cities Metro Area: 651-431-4050
	Outside Metro Area: 800-657-3698

**Annandale Food Shelf** 320- 274-FOOD (3663)

**Becker Food Shelf** 763-261-4612

**Big Lake Community Food Shelf** 763-263-2432

**Buffalo Food Shelf** 763-684-1699

**CAER Food Shelf (Elk River)** 763-441-1020

### **Catholic Charities Emergency Services Food Shelf**

St. Cloud, Sauk Rapids, Sartell, St. Augusta & Waite Park communities: 320-229-4560

**Clearwater -Clear Lake Emergency Food shelf** 320-558-2954

**C.R.O.S.S. Center (Serves Benton County; located in Foley):** 320-968-7012

**Fare For All** Find local site here: <https://fareforall.org/find-a-site/>

**Monticello Food Shelf** 763-295-4031

**Salvation Army (St. Cloud)** 320-252-4552

**Wright County Community Action Agency (Waverly)** 320-963-6500 OR 763-658-4414

**Find Your Local Food Bank at:** <http://www.feedingamerica.org/>



## Websites

<b>ADHD Resources &amp; Info</b>	<a href="https://www.aacap.org/">https://www.aacap.org/</a>
<b>The Arc</b> (Intellectual and developmental disabilities advocacy)	<a href="https://arcminnesota.org/">https://arcminnesota.org/</a>
<b>Bipolar Disorder Information</b>	<a href="http://www.healthline.com/health/bipolar-disorder">www.healthline.com/health/bipolar-disorder</a>
<b>Brain Injury Alliance</b>	<a href="http://www.braininjurymn.org">www.braininjurymn.org</a>
<b>Department of Human Services</b>	<a href="http://www.mn.gov/dhs">www.mn.gov/dhs</a>
<b>Disability Resources</b>	<a href="http://www.disability.gov">www.disability.gov</a>
<b>Disability Benefits 101</b>	<a href="http://www.db101.org">www.db101.org</a>
<b>Doctor on Demand</b>	<a href="http://www.doctorondemand.com">www.doctorondemand.com</a>
<b>Eyes On The Horizon Consulting</b> (mental health services for farmers and their families)	<a href="https://www.eyesonthehorizon.org/">https://www.eyesonthehorizon.org/</a>
<b>Fast-Tracker – Your link to MN Resources</b>	<a href="http://www.fast-trackermn.org">www.fast-trackermn.org</a>
<b>Findhelp.org</b>	<a href="https://www.findhelp.org/">https://www.findhelp.org/</a>
<b>Help for Depression</b>	<a href="http://www.helpfordepression.com">www.helpfordepression.com</a>
<b>Housing Link</b>	<a href="http://www.housinglink.org">www.housinglink.org</a>
<b>Legal Services – Online</b>	<a href="http://www.mnlegalservices.org">www.mnlegalservices.org</a>
<b>Mental Health America</b>	<a href="http://www.mentalhealthamerica.net">www.mentalhealthamerica.net</a>
<b>Mental Health Association of Minnesota</b>	<a href="http://www.mentalhealthmn.org">www.mentalhealthmn.org</a>
<b>Mental Health Consumer/Survivor Network</b>	<a href="http://www.mhcsn.org">www.mhcsn.org</a>
<b>Minnesota Help.info</b>	<a href="http://www.minnesotahelp.info">www.minnesotahelp.info</a>
<b>Minnesota Military Family Foundation</b>	<a href="http://www.minnesotamilitaryfamilyfoundation.org">www.minnesotamilitaryfamilyfoundation.org</a>
<b>Minn. State Advisory Council on Mental Health</b>	<a href="http://www.mentalhealthcouncilsmn.com">www.mentalhealthcouncilsmn.com</a>
<b>National Alliance on Mental Illness</b>	<a href="http://www.namihelps.org">www.namihelps.org</a>
<b>National Coalition for Mental Health Recovery</b>	<a href="http://www.ncmhr.org">www.ncmhr.org</a>
<b>National Council</b>	<a href="http://www.thenationalcouncil.org">www.thenationalcouncil.org</a>
<b>National Mental Health Information Center</b>	<a href="http://www.mentalhealth.samhsa.gov">www.mentalhealth.samhsa.gov</a>
<b>Office of the Ombudsman for Mental Health and Developmental Disabilities</b>	<a href="http://www.ombudmddd.state.mn.us">www.ombudmddd.state.mn.us</a>
<b>Resource Center to Promote Acceptance, Dignity and Social Inclusion</b>	<a href="http://www.stopstigma.samhsa.gov">www.stopstigma.samhsa.gov</a>
<b>Ruby’s Pantry</b> (Rural Foodbank, see website for locations)	<a href="http://www.rubyspantry.org">www.rubyspantry.org</a>
<b>Social Security Online</b>	<a href="http://www.ssa.gov">www.ssa.gov</a>
<b>Substance Abuse and Mental Health Services Administration</b>	<a href="http://www.samhsa.gov">www.samhsa.gov</a>
<b>Suicide Awareness Voices of Education</b>	<a href="http://www.save.org">www.save.org</a>
<b>Ticket to Work</b>	<a href="http://www.yourtickettowork.com">www.yourtickettowork.com</a>
<b>Work Incentives Connection</b>	<a href="http://www.mnworkincentives.com">www.mnworkincentives.com</a>
<b>WRAP and Recovery Books</b>	<a href="http://www.mentalhealthrecovery.com">www.mentalhealthrecovery.com</a>

## Glossary

**Advanced Psychiatric Directive:** A written tool used to make mental health care decisions when an individual is unable to do so because of incapacity.

**Adult Foster Care:** Licensed, sheltered living arrangement for up to four functionally impaired adults in a family - like environment. Adult foster care is available to persons age 18 years or older. Adult foster homes provide food, lodging, protection, supervision and household services. They may also provide living skills assistance or training, medication assistance and assistance safeguarding cash resources.

**Adult Rehabilitative Mental Health Services (ARMHS):** also known as the “MA Rehab Option” and Adult Mental Health Crisis Response Services are Medical Assistance (MA) State Plan Mental Health Services.

**Assertive Community Treatment (ACT):** An intensive, non-residential rehabilitative mental health service that is an identified evidence-based practice. ACT services are provided by multidisciplinary staff using a team approach, and directed to adults with a serious mental illness who require intensive services.

**Assessment:** Process of identifying: a) a person's strengths, preferences, functional skills and need for support and services; b) the extent to which natural supports are able to meet the person's need for support and services; and c) the extent to which human services agencies and providers are able to provide or develop needed support or services.

**Brain Injury (BI) Waiver:** Home and community - based services necessary as an alternative to institutionalization that promote the optimal health, independence, safety and integration of an eligible person **and** who would otherwise require the level of care provided in a specialized nursing facility or neurobehavioral hospital.

**Case Manager:** An individual who organizes and coordinates services and supports for adults with mental health concerns.

**Case Management Services:** Includes a functional assessment, individual community support plan, referral and assistance in getting needed mental health and other services, coordination of services and monitoring of the delivery of services.

**Certified Community Behavioral Health Clinic (CCBHC):** is an integrated clinic and service delivery model that uses a cost-based reimbursement structure. Originally a federal demonstration project from 2017-2019, this new service delivery model aims to integrate mental health and substance use disorder service provision, coordinate care across settings and providers to ensure seamless transitions for individuals across the full spectrum of health and social services, increase consistent use of evidence-based practices, and increase access to high-quality care.

**Community Access for Disability Inclusion (CADI) Waiver:** Home and community based services necessary as an alternative to institutionalization that promote the optimal health, independence, safety and integration of a person who would otherwise require the level of care provided in a nursing facility.

**Community Support Plan:** Person-centered plan that reflects a person's needs and preferences.

**Community Support Program (CSP):** Services designed to help adults with serious and persistent mental illness to function and remain in the community. These services may include; medication monitoring, assistance in independent living skills, crisis, psychological rehabilitation, and help in applying for government benefits.

**Counselor/Therapist:** A professional who helps with personal, social, or psychological problems.

**Crisis Services:** Provides specific short-term care and intervention strategies to a person due to the need for relief and support. This includes addressing both medical and behavioral needs.

**Day Treatment:** A short-term structured program consisting of group psychotherapy and other intensive therapeutic services provided by a multidisciplinary team. Day treatment services are provided to stabilize a recipient's mental health status while developing and improving his/her independent living and socialization skills. The goal of day treatment is to reduce or relieve the effects of mental illness and provide training to enable the recipient to live in the community.

**Diagnosis (Dx):** The identification of a disease or problem from signs and symptoms.

**Disability:** Inability to engage in substantial gainful activity by reason of any medically determined physical or mental impairment that can be expected to last for a continuous period of not less than 12 months.

**Evidence-Based Practices:** Interventions which have consistent scientific evidence showing that they improve client outcomes.

**Federal Poverty Guidelines (FPG):** Index of poverty in the United States that is updated annually; the measure forms the basis of eligibility for a number of programs.

**Fee-For-Service (FFS):** Payment to a provider for the provision of services on a service-by-service basis.

**General Assistance Medical Care (GAMC)**

A state-funded program that covers low income individuals who qualify for MA but are not categorically eligible for MA benefits (that is, they are not elderly, not disabled, not parents of minor children, not under age 21).

**Health Maintenance Organization (HMO):** Organization that provides an agreed-upon set of basic and supplemental health maintenance and treatment services to an enrolled group of persons in a particular geographic area.

**Housing Supports (formerly Group Residential Housing (GRH):** A state-funded income supplement program that pays for room-and-board costs for low-income adults who have been placed in a licensed or registered setting with which a county human service agency has negotiated a monthly rate.

**Independent Living Skills (ILS):** Services that develop and maintain the community living skills and community integration of a person. ILS is provided in the home of a person or in the community.

**Intensive Residential Treatment Services (IRTS):** A short-term (90 day max), service provided in a 24 hour, 7 day a week residential setting to individuals who are in need of a more restrictive setting and are at risk of significant functional deterioration. Services are designed to develop and enhance psychiatric stability, personal and emotional adjustment, self-sufficiency, and skills to live in a more independent setting.

**Jarvis:** Law concerning non-compliant use of psychotropic medications.

**Local Advisory Council (LAC) on Mental Health:** The Mental Health Act of 1987 and the Children's Mental Health Act of 1989 require counties to establish local mental health advisory councils. The Act gives LAC's a broad role in the review, evaluation and planning of local mental health systems and reporting to the county board. Minnesota Statute 245.466.

**Medical Assistance (MA):** Minnesota's basic Medicaid program.

**Mental Health:** Refers to how a person thinks feels and acts when faced with life's situations. It is how people look at themselves, their lives and the other people in their lives; evaluate the challenges and the problems; and explore choices. This includes handling stress, relating to other people and making decisions. Mental health is impacted by genetics, brain chemistry, trauma and environment.

**Mental Health Practitioner:** Person who provides services in the treatment of mental illness, under the supervision of a mental health professional.

**Mental Health Professional:** Licensed Psychologist, Licensed Psychological Practitioner, Licensed Independent Clinical Social Worker, Clinical Nurse Specialist Mental Health, Licensed Marriage and Family Therapist or Psychiatrist providing clinical services in the treatment of mental illness. These licensed professionals are able to complete diagnostic assessments to determine appropriate diagnoses and treatment plans.

**Mental Illness:** Organic disorder of the brain or a clinically significant disorder of thought, mood, perception, orientation, memory or behavior.

**Mentally Ill and Chemically Dependent (MI/CD):** A "dual diagnosis" of at least one form of mental illness and at least one substance use disorder.

**MinnesotaCare:** A program that provides access to health coverage for lower income persons. MinnesotaCare, which charges enrollment premiums based on household income, is operationally distinct from Minnesota's Medicaid program.

**Ombudsman:** Independent governmental official who receives complaints against government (and government-regulated) agencies and/or its officials from aggrieved persons, who investigates, and who if the complaints are justified, makes recommendations to remedy the complaints.

**Personal Care Assistant (PCA):** Assistance and support to eligible persons with disabilities and special health care needs, who live independently in the community. Services are provided by a qualified PCA and may be provided in the person's own home or in the community.

**Prepaid Medical Assistance Program (PMAP):** A program in which the state contracts with health plans to cover and manage health care services for Medical Assistance enrollees.

**Protection and Advocacy (P & A):** Federally funded organizations located in every state that protect the rights of persons with developmental disabilities. In Minnesota, the Disability Law Center is the designated Protection and Advocacy agency.

**Psychiatrist:** A Physician who specializes in psychiatry and is certified in treating mental disorders.

**Psychologist:** A Mental Health professional with special training to listen to people with problems and help them to resolve their problems.

**Self-Determination:** Person, or his or her authorized representative, makes his/her own decisions, plans his/her own future, determines how money is spent for his/her supports and takes responsibility for the decision he/she makes.

**Serious and Persistent Mental Illness (SPMI):** Person age 18 years or older who has a mental illness diagnosis and meets one of the following conditions:

- has undergone two or more episodes of inpatient care for mental illness within the preceding 24 months;
- has experienced a continuous psychiatric hospitalization or residential treatment exceeding six months duration within the preceding 12 months;
- has been treated by a crisis team two or more times within the preceding 24 months;
- has a diagnosis of schizophrenia, bipolar disorder, major depression or borderline personality disorder, evidences a significant impairment in functioning, and has a written opinion from a mental health professional stating he/she is likely to have future episodes requiring inpatient or residential treatment, unless community support program services are provided;
- has, in the last three years, been committed by a court as a mentally ill person under Minnesota statutes, or the adult's commitment as a mentally ill person has stayed or continued;
- was eligible under one of the above criteria but the specified time period has expired or the person was eligible as a child with severe emotional disturbance and the person has a written opinion from a mental health professional, in the last three years, stating that he/she is reasonably likely to have future episodes.

**Sliding Fee Scale:** Payment to a provider based on a percentage of income.

**Special Needs BasicCare (SNBC):** is a voluntary managed care program for people with disabilities ages 18 through 64 who have Medical Assistance. Enrollees may have a care coordinator or navigator to help them get health care and support services. SNBC health plans

coordinate with other payers including Medicare Parts A, B and D coverage for enrollees who have that coverage.

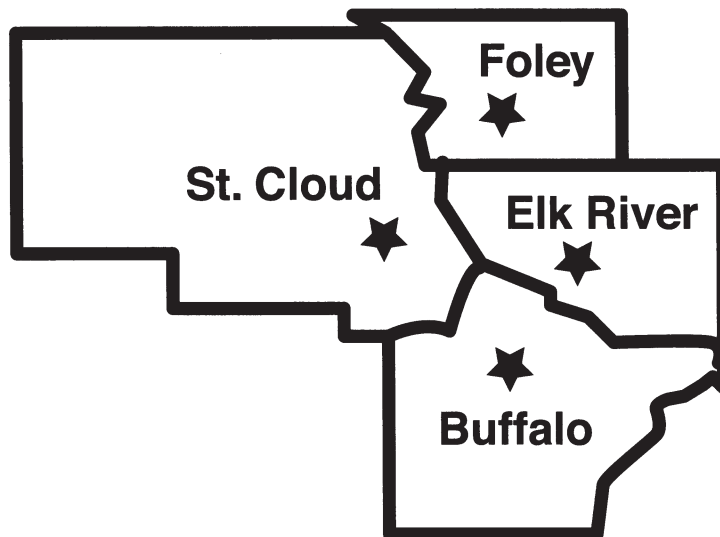
**Spenddown:** Amount of money that a person enrolled in a Minnesota Health Care Program (MHCP) is responsible to pay before they are eligible for Medical Assistance (MA).

**State Medical Review Team (SMRT):** Division of the Department of Human Services who makes blind and disability determinations using criteria from the Social Security Administration. SMRT determines disability status for: individuals whose application for SSI or RSDI is pending and individuals who are disabled but are not eligible for SSI or RSDI.

**Subsidy:** A pre-determined amount of funding given to a private company to decrease expenses



# CommUNITY



\*Contact the CommUNITY Adult Mental Health Initiative  
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