

FREE TRAINING

Means Restriction: Suicide Prevention & Education

Presented By: Kay King

Kay King is Older Adults Program Coordinator and Community Educator at NAMI Minnesota (the National Alliance on Mental Illness of Minnesota). Kay is a family educator who teaches NAMI's Family-to-Family 12-week education course and she is a Mental Health First Aid instructor.

Date: Tuesday, January 24, 2017 **Time:** 2:00pm – 3:30pm

Location: Wright County Law Enforcement Center- Community Room
3800 Braddock Ave. NE, Buffalo, MN
(Room is to the right of the staircase on the second floor)

Participants Will:

Learn how to talk to families about the importance of restricting access to lethal means for suicide when their loved one is experiencing a mental health crisis, has been diagnosed with a mental illness, or has been assessed as a suicide risk.

This one hour evidence-based practice is designed for medical professionals, mental health providers, crisis teams, school counselors, and social workers in how to educate families on the importance of restricting access to lethal means when a family member is at risk of suicide. Training includes how to develop safe options for securing firearms, medications and other lethal means.

RSVP to CAMHI@co.benton.mn.us is appreciated as seating is limited.

A Certificate of Attendance will be provided for CEUs

Training is brought to you by:



Adult Mental Health Initiative
Benton, Sherburne, Stearns, Wright Counties

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