

CommUNITY Adult Mental Health Initiative
Advisory Committee
 April 1, 2021

Voting Members Present: 13
 Quorum Required: 10

Representative	“X” = Present	Stakeholder	Alternate	“X” = Present
Shoberg, Sandi	X	Benton County	Koscielniak, Peggy	X
(Vacant)		Benton County Community Advocate	(Vacant)	
Kelly, James		CBHH	Gribas, Steve	
Krupa, Jaime – Chair	X	CSP – Stearns/Benton	Sheehan, Meg	
(Vacant)		CSP – Sherburne/Wright	(Vacant)	
Hinz, Tracy	X	MHC – Sherburne/Wright	Bills, Alyshia	
Lee, Dr. Richard		MHC – Stearns/Benton	Rocheleau Dorholt, Jennifer	
Johannes, Victoria	X	Sherburne County	(Vacant)	
Aaron, Denice	X	Sherburne County Community	(Vacant)	
Bershok, Joel	X	St. Cloud Hospital	(Vacant)	
Young, Leslie – Vice Chair	X	Stearns County	Salsness-Tvedten, Jennifer	
Long, Lori	X	Stearns County Community Advocate	Brown, Polly	X
Pine, Mary Jo		VA Medical Center	Hovland, Voni	
Eich, Krissy	X	Vocational Sherburne/Wright	Tornell, Jo	
Danda, Julie	X	Vocational Stearns/Benton	Gaed, Maureen	
Thorpe, Lori	X	VRS – Sherburne/Wright	Krukenberg, Hillary	X
Chirhart, Andrea		VRS – Stearns/Benton	Outhwaite, Jessica	X
Erkens, Diane	X	Wright County	Pooler, Jill	
Wurm, Rodney		Wright County Community Advocate	(Vacant)	

Ex- officio members		
Oberg, Bethany		Initiative Coordinator
(Vacant)		DHS

Other attendees		
Byker, Ben	X	Central MN Council on Aging

		Other attendees
Conant, Amy	X	Wellness in the Woods
Freyholtz, Jode	X	Wellness in the Woods
Bruns, Mary Jeanne	X	Wellness in the Woods
Reichard, Rebecca		CMMHC- Elk River
Kinke, Jackie	X	Buffalo Hospital
Jiang, Jennifer	X	BCBS
Eigenheer, Sara	X	Options for Employment LLC
Frye, Angela	X	Refractions IRTS
Magaard, Derek		Sherburne County HH
Flack, Leon	X	UCare
Speakman-Gomez, Sue		HousingLink/Beyond Backgrounds
Giddens, Jennifer		HousingLink/Beyond Backgrounds
Page, Jennifer		Independent Living Services of Central MN
Hawke, Haylee	X	Canvas Health
Johnson, Lance	X	Residential Care
Novak, Jen	X	REM (The Mentor Network)
Keeville, Samantha	X	Solutions

Call to order:

Jaime Krupa called the meeting to order at 1:00 p.m. The mission statement was read and introductions were made.

Current Agenda:

Tracy made a motion to approve the agenda with the addition of Lori speaking during the Open Forum; Lori seconded. All in favor, motion carried.

Minutes – February 2021:

Lori made a motion to approve the meeting minutes from February 2021; Krissy seconded. All in favor, motion carried.

Financial Report: *Peggy*

Peggy summarized the financial report.

Diane made a motion to approve the financial report; Krissy seconded. All in favor, motion carried.

Housing Coordination RFP Reader Group: *Bethany*

Sandi updated that Bethany has received some responses. If anyone else is interested please email Bethany and she will entertain additional readers. The date is April 20 from 11:00 am to 1:00 pm.

Peer Support RFP Update: *Bethany*

The RFP was awarded to Wellness in the Woods.

Highlighting Area Providers/Services: *Haylee Hawke – Regional Coordinator, Canvas Health*

Haylee works for Canvas Health, which is a mental health clinic that works across MN. She presents to students in 7th grade and up and also provides free Question, Persuade, Refer (QPR) training. The QPR training is one hour of training for teachers, nurses, and social workers.

CommUNITY Mental Health Initiative Committee and Grant Updates:

- a. *Housing Coalition*: Jaime gave an update.
- b. *Vocational Grant*: Krissy provided an update of persons served.
- c. *Anti-Stigma Workgroup*: Sandi said the group continues to meet every other month and they are hoping to get out to more events in May for Mental Health Awareness Month
- d. *Training Workgroup*: Continuing to offer trainings via Zoom. The next training is on April 8th, a Half-Day Training with Dr. Farnsworth. Bethany also sent a flyer for the FREE Introduction to Eye Movement Desensitization and Reprocessing (EMDR) Therapy on June 1st.
- e. *Peer Socialization – VPSN –* Amy updated the February number of users, which included 9 unique from the CAMHI region and they attended 38 session. They received some FEMA dollars to help build this program. They are using the money for help with building a data collection program are using a portion to focus on marketing in the CAMHI region. Mary Jeanne is their new Outreach Associate. They had an article posted about them in MINNPOST ([Taking peer support online helped one nonprofit expand its approach to recovery | MinnPost](#)). Today is their one year anniversary!
- f. *Jail Program*: Four counties continue to have a jail program. The numbers have been down due to Covid. Stearns County is getting up and going again, they received a grant for iPads, which will allow for more access to virtual meetings.
- g. *HousingLink/Beyond Backgrounds*: No one in attendance.

Community Based Mental Health Services:

- a. *IRTS*:
 - i. Northway – Tracy updated that they have capacity level of 9. They have several employment openings.
 - ii. Refractions – Angela said they currently have 3 women and 2 man. They have an additional opening for a woman.
 - iii. ResCare – Lance gave updates as to the number of people they have served
- b. *ACT*: No one in attendance.
- c. *Crisis Response Team*: Things are running along as usual. Will be making offer to someone for the Sherburne County co-responder position this week. They are getting back to typical numbers in the crisis program.

Jennifer announced that she accepted the position of Director of Counseling & Psychological Services at SCSU (John Eggers' position). She hopes to continue to be part of the CAMHI meetings representing SCSU.

- d. *Crisis Bed Program*: No one in attendance.
- e. *Inpatient*:
 - i. St. Cloud Hospital: Joel said they continue to remain close to capacity. The AMH unit had opened their visitor policy for 2-3 weeks, however starting Monday it will be closed again due to an increase in Covid cases. The ER has not seen a change in

numbers and continue to have pretty significant rates of people with mental health crises. St. Cloud Hospital is creating and Emergency Psychiatric Assessment, Treatment, and Healing (EmPATH) unit, which is a mental health crisis observation unit where people would ideally stay for 12-24 hours. They are currently working on construction and are hoping to complete it this summer.

- ii. Buffalo Hospital: Jackie said they are also seeing an increase in Covid cases. There has been a dramatic increase in chemical health issues in the ER. Also an increase in children and adolescents needing mental health care.
- iii. Monticello Hospital: No one in attendance.
- f. V.A.: No one in attendance.
- g. CBHH: No one in attendance.
- h. V.R.S.: Currently does not have a waiting list.
- i. Website: Sandi said we're getting a bit more traffic, possibly due to the radio ads. Bethany could use new ideas for the Mental Health/Anti-Stigma ads. If you have any ideas or suggestions, please email them to Bethany.

Highlighting Area Providers/Services: (part 2) *Dr. Lee – Central MN Mental Health Center – Certified Behavioral Health Clinic*

Dr. Lee was not in attendance.

Open Forum:

Lori testified at the Senate and Legislature regarding the reduction in Adult Mental Health spending in the Governor's proposed budget. We are now back to no-reductions but are still hoping for increase the funding. Lori encourages everyone to email their legislatures supporting AMH spending. You can find your representatives here: [LCC-GIS \(leg.mn\)](https://leg.mn.gov)

Next Meeting:

June 3, 2021 from 1:00 to 3:00 via Zoom.

Adjourn

Lori made a motion to adjourn the meeting, Diane seconded. Meeting adjourned at 1:49 p.m.