



MN Warm Line
Peer Support Connection
Call or Text: 844-739-6369

Wellness in the Woods

5pm – 9am

Wellness in the Woods

www.mnwitw.org

WHAT IS A WARMLINE?

The Peer Support Connection Warmline of Minnesota is staffed by mental health consumers who provide support to peers by telephone. All phone calls received are kept confidential and callers remain anonymous. Our Warmline Support Specialists are trained to actively listen to their peers, empathize with their concerns and empower individuals to choose their path to wellness and recovery. If you would like to talk to someone who truly understands your struggle and has “been there before” please contact us by calling toll-free: 1-844-739-6369

Funded by the Minnesota Department of Human Services