



YOU ARE ALL INVITED!!
**MENTAL WELLNESS &
ADDICTION:
BEYOND THE STIGMA**
WEDNESDAY, OCT 2, 2019

Keynote speaker: Dick Beardsley

Never Give Up Hope! Whether Dick is talking about his world class running career or series of numerous accidents, where he started at the very bottom of the running world to becoming a world class athlete or he's talking about the beginnings of his horrific addiction to narcotic pain medicines, you will leave the event a changed person. Come be encouraged and inspired to face your own demons with courage and to continue getting up no matter how many times life may knock you down.



FREE admission

FREE community
dinner

Resource Fair

Panel discussion
featuring
community leaders

For more information
contact
Brenda Christensen,
Buffalo Hospital at
763-684-7025

BUFFALO HIGH SCHOOL
PERFORMING ARTS CTR
877 BISON BLVD
BUFFALO, MN

5:30 pm
Dinner/Resource Fair

6:30 pm Program