

FREE TRAINING

Thriving with Layered Identity: Mental Health and Suicide in the LGBTQ+* Community

Presentation by: Nate Cannon

Nate holds a BA in Sociology of Law, Criminology and Deviance from the University of Minnesota, a Paralegal certificate, and Master of Fine Arts in Creative Writing from Hamline University. He is an award winning, nationally recognized public speaker, trainer, and author. A fierce advocate for transgender rights, mental health awareness, and neurological health issues, he is 15 years sober and has completed 15 marathons since 2009 despite the onset of acquired dystonia, a painful and challenging neurological disorder. He speaks regularly to educators, law enforcement, health care providers, and the public regarding his experiences being transgender and in recovery, living with both mental illness and a physical disability resulting from a suicide attempt.

Date: Tuesday, May 17, 2022 Time: 9:00-11:00am

Location: Online via Zoom

(Zoom link will be emailed to the email address used to register the day prior to the event. Link will be sent from CAMHI@co.benton.mn.us email address)

Attendees Will:

- Learn about the speaker's experience traversing the intricacies of gender transition.
- Learn about complexities of transition for individuals who live with a mental illness and layered identity.
- Learn about the stigma of mental illness and how disability, race, and gender can interplay.

This training is intended for those living with mental health issues, providers, family members, and community members who work in or are residents of Benton, Sherburne, Stearns, or Wright County.

Registration is required for this training as online capacity is limited. Please use the following link: <https://www.eventbrite.com/e/thriving-w-layered-identity-mental-health-suicide-in-the-lgbtq-community-tickets-314525513277>

***Registration will be open until 5:59am on May 16, 2022.**

A Certificate of Attendance will be provided for CEUs through the MN Board of Social Work to attendees at the end of the training.

Training is presented by:



Adult Mental Health Initiative
Benton, Sherburne, Stearns, Wright Counties

Please visit us at www.mnmentalhealth.org to sign up for future trainings and announcements.

*LGBTQIAAP: Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex, Asexual, Ally, Pansexual