



May is Mental Health Month. Come learn about the diverse services that Central MN Mental Health Center has to offer, meet our providers, enjoy snacks, games, prizes, mindfulness activities, and ask questions you may have been afraid to ask before. Help us reduce the stigma of mental health and open doors in our community for all who need a place to heal!



Wednesday, May 17th, 2 -4 p.m.

**Central MN Mental Health Center
308 12th Avenue South, Buffalo**

Providers, clients, and community members are all welcome and encouraged to join us!



Central MN Mental Health Center
A time to heal, a place to start.

