# CommUNITY Adult Mental Health Initiative

# Advisory Committee June 6, 2019

Voting Members Present: 12 Quorum Required: 10

Representative	"X" = Present	Stakeholder	Alternate	"X" = Present
Shoberg, Sandi	X	Benton County	Koscielniak, Peggy	
Hagfors, Marsha		Benton County Community Advocate	(Vacant)	
Kelly, James – <b>Chair</b>	X	СВНН	Gribas, Steve	
Krupa, Jamie		CSP – Stearns/Benton	Sheehan, Meg	X
(Vacant)		CSP – Sherburne/Wright	(Vacant)	
Hinz, Tracy	X	MHC – Sherburne/Wright	Bills, Alyshia	X
Lee, Dr. Richard		MHC – Stearns/Benton	Rocheleau Dorholt, Jennifer	
Wilkus, Maureen	X	Sherburne County	(Vacant)	
Aaron, Denice		Sherburne County Community	(Vacant)	
Bershok, Joel		St. Cloud Hospital	Blonigen-Heinen, Patty	
Ellis, Julie	X	Stearns County	Bosl, Chad	X
Long, Lori	X	Stearns County Community Advocate	Brown, Polly	
Pine, Mary Jo – <b>Vice Chair</b>	X	VA Medical Center	Hovland, Voni	
Eich, Krissy	X	Vocational Sherburne/Wright	Jo Tornell	X
Danda, Julie	X	Vocational Stearns/Benton	Gaedy, Maureen	
Grand, Jill	X	VRS – Sherburne/Wright	Krukenberg, Hillary	
Wittrock, Skip	X	VRS – Stearns/Benton	Othwaite, Jessica	
Erkens, Diane	X	Wright County	Pooler, Jill	
Knop-LaPlant, Sheila		Wright County Community Advocate	(Vacant)	

		Ex- officio members
Oberg, Bethany	X	Initiative Coordinator
Smith, Gloria	X	DHS

		Other attendees
DeMarais-Finke, Jackie		Buffalo Hospital
Dawson, Christine	X	CentraCare Monticello

		Other attendees
Bauer, Mary		Central MN Council on Aging
Byker, Ben	X	Central MN Council on Aging
O'Connor, Kristi		Imagine Network
Keeville, Samantha		Solutions Behavioral Healthcare
Simoneau, Leah	X	Solutions Behavioral Healthcare
Flack, Leon	X	UCare
Kenning, Kim		VOA
Bershok, Lisa	X	CentraCare

#### Call to order:

James Kelly called the meeting to order at 1:00 p.m. The mission statement was read and introductions were made.

## **Current Agenda**:

Mary Jo requested to present first and Bethany requested to table item #4 Financial Report. Motion made by Skip to approve the agenda and seconded by Tracy. The amended agenda was approved.

#### **Minutes – April 4, 2019**:

Bethany requested to have the minutes amended to reflect Lori Long was in attendance at the April 4<sup>th</sup> meeting. Motion made by Skip to approve the amended meeting minutes from the April 4<sup>th</sup> meeting and seconded by Tracy. Amended minutes were approved.

#### **Financial Report:** Peggy

No report.

#### **DHS/Legislative Updates:** Gloria

No report.

#### **CAMHI 2018 Mini Grants Updates:**

- a. Great River Faith in Action Darin Bohlken
   Grant funds helped to repair the family-furniture delivery truck (breaks and tires). Current data was shared. GRFIA works with local churches as much as possible for volunteers 110 regular volunteers plus over 200 seasonal volunteers. <a href="www.GRFIA.org">www.GRFIA.org</a>
- b. Sherburne County Sheriff's Department Brian Frank No on present to report

#### CentraCare Suicide Prevention Program: Lisa Bershok

CentraCare is piloting the Columbia-Suicide Severity Rating Scale in the ER with plans to implement to the rest of the patients during intake. The Columbia rating scale has about six questions with a cascading triage regarding intensity of thoughts in the past 0-90 days. Responses are collected in a database. Lisa shared handouts with Minnesota suicide deaths by county of residence comparison 2016-2018. She will look for data on persons who received medical attention for "unsuccessful" attempts. Additional information regarding the Columbia Lighthouse Project is available at www.cssrs.columbia.edu

#### Tri-Cap's Rebuilding Lives Program: Galuak Jiech

This is a new program at Tri-Cap for homemakers needing to return to employment due to lose of supporting income. The program serves eight counties with 94 people currently participating. Each person enrolled has a counselor assigned. <a href="www.tricap.org">www.tricap.org</a>

#### **CommUNITY Mental Health Initiative Committee and Grant Updates:**

a. Housing Coordination

Working on clearing the waiting list; 18 housing intakes April/May.

b. Vocational Grant

No report.

c. Vocational Peer Specialist

No report.

d. Anti-Stigma Workgroup

Many events in rural areas such as 5K's; will also have a table at Lake George events.

e. Training Workgroup

Email Beth with ideas. CAMHI website calendar has events listed. Mary Jo suggested a presentation by Lisa Bershok regarding suicide data.

f. Peer Socialization – Imagine Network

No updated information. Positive reviews from pass events.

## **Community Based Mental Health Services:**

a VA

Their numbers were shared. As previously mentioned, they will be closing after-hours triage in June. Effective July 15th, the St. Cloud VA will be smoke-free. June 6th is the anniversary of the Mission Act. Mary Jo had three handouts on accessing health care through the VA: "Accessing & Managing Care at the St. Cloud VA HCS", "Mental Health Recovery is Possible", and "Health Care Options through VA".

b. IRTS: Northway

Data was shared. They are moving to a smoke-free facility except for residents. Recently, they have been having issues with PMAPs not extending the 90-days in program with a 30 day extension.

c. ACT

The numbers for were shared. Their doctor is going on a ten-month sabbatical. The team participated in strategic planning meetings with DHS.

d. Crisis Response Team

90% full – data was shared. Meeting with local county sheriff departments regarding crisis services. Sauk Rapids Elementary Schools are piloting the SAIL program.

e. Crisis Bed Program

Report above.

- f. Inpatient
  - i. St. Cloud Hospital

No one present to report.

ii. Buffalo Hospital.

No one present to report

iii. Monticello Hospital.

Reviewed data.

#### g. CBHH

Across the state, all facilities are at capacity. Staff safety is being focused on locally as well as at the State which is doing a survey on safety. We are seeing an uptick in extremely violent clients. Breaking ground on 16 bed juvenile facility. Lack of available beds is huge problem.

h. V.R.S.

Finished school year – number of students served has increased. Hiring rehab person. Increasing services to high school age. Struggling to meet needs of walk-in customers. Outreach event at St. Cloud Tech on June 11, 9:00-noon.

i. Website

Check out the new stories, events on the calendar page, and uploaded flyers. Site stats were reviewed.

#### **Open Forum:**

Ben Byker, Central MN Council on Aging: grants are available (due 7/30) to assist agencies with inhome long-term care services. <a href="www.cmcoa.org">www.cmcoa.org</a>

#### **Adjourn**

Meeting adjourned at 2:45 p.m.

Next meeting is August 1, 2019 from 1:00 to 3:00 p.m. Stearns County Boardroom.