

# SHERBURNE COUNTY ADULT MENTAL HEALTH LOCAL ADVISORY COUNCIL (LAC)

First time attendees are warmly welcomed!



## THE PURPOSE OF AN LAC:

- ♦ BRING COMMUNITY MEMBERS AND MENTAL HEALTH PROVIDERS TOGETHER
- ♦ DISCUSS MENTAL HEALTH NEEDS IN OUR COMMUNITY
- ♦ DISCUSS WHAT'S WORKING AND WHAT ISN'T IN OUR MENTAL HEALTH SYSTEMS
- ♦ GIVE THOSE WITH LIVED EXPERIENCE A VOICE IN THE MENTAL HEALTH COMMUNITY
- ♦ LEARN ABOUT LOCAL MENTAL HEALTH EVENTS AND RESOURCES

**When:** 2nd Thursday of odd numbered months  
(Jan 9, Mar 13, May 8, July 10, Sept 11, Nov 13 in 2025)

**Where:** Sherburne County Government Center, Oak room and virtual option!  
Time: 10AM-11:30AM

## CONTACT FOR MORE INFORMATION:

ABBY 763.350.5257/Abby.Storms@co.sherburne.mn.us

OR

SAMANTHA 763.257.6524/Samantha.Relander@co.sherburne.mn.us

**\*NON-PROVIDERS MAY RECEIVE A STIPEND FOR ATTENDING**